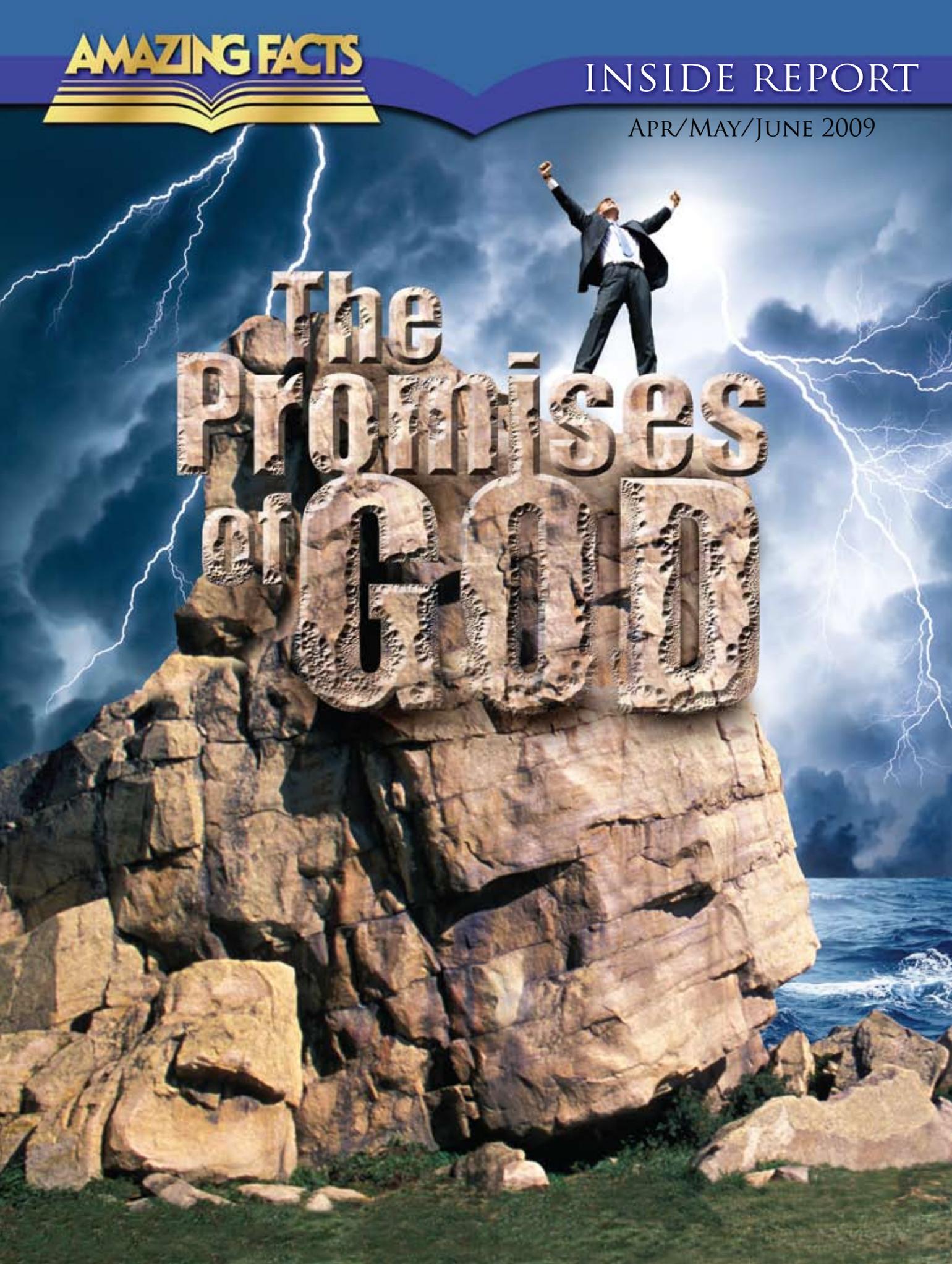


AMAZING FACTS

INSIDE REPORT

APR/MAY/JUNE 2009

A man in a dark suit and light blue shirt stands triumphantly on top of large, weathered stone letters that spell out "The Promises of God". The letters are set against a backdrop of a dramatic, stormy sky with dark clouds and bright lightning bolts. The scene is set on a rocky cliff overlooking a blue ocean with white-capped waves. The overall mood is one of achievement and faith.

# The Promises of God



# KEEP YOUR PROMISES

BY PASTOR DOUG BATCHELOR

THE PASTOR'S PERSPECTIVE THE PASTOR'S PERSPECTIVE THE PASTOR'S PERSPECTIVE

**Y**ou've probably seen the advertisements everywhere: "Free credit report."

Not long ago, I thought my credit was picture perfect. After all, a week doesn't go by when I don't get half-a-dozen applications in the mail for yet more credit cards. But I became curious when I saw one of those free credit report ads on the internet. (By the way, the law says you should have access to a free report every year.) I guess I couldn't resist snooping on myself.

Well, I came to find out that I indeed had pretty good credit — but not perfect. And it really bothered me. I thought, "What in the world happened?" It turns out that we were hit by a doctor sending an invoice to a wrong address. I guess the people living at that address didn't want to pay our bill, as before long that bill was turned over to a collection agency.

We eventually cleared up the problem, but in that short period, my credit was blemished. Evidently, the powers-that-be have an elaborate system where everything you buy, borrow, and pay are documented better than the life of Elvis Presley. (Someone is keeping close tabs on your finances, which is a little unnerving in these last days.)

This experience reminded me that, really, only God has perfect credit. We can count on Him to keep every promise He makes, as long as we do our part when it matters. In fact, that's the theme of this issue of the *Inside Report*.

But before we jump into knowing and claiming God's promises, it might be helpful to discuss a little about keeping our own promises. God always keeps His promises, so as a people of God we should always keep ours. After all, as a church, we are His representatives here on earth.

We often make promises in haste, and when we are reluctant to keep them, we try to excuse it away by saying, "I was in a tough spot. I didn't really mean that promise." But the Bible specifically condemns this behavior: "Better is it that thou shouldest not vow, than that thou shouldest vow and not pay" (Ecclesiastes 5:5). If you know you can't keep a promise, the Lord implores you not to make it.

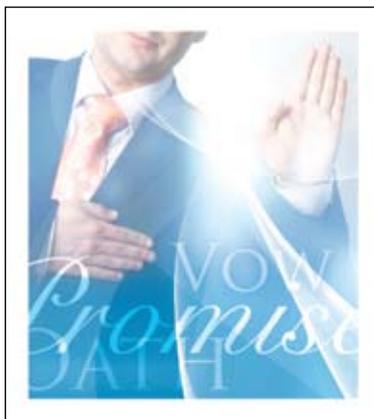
Why? Because heaven is reserved for those who not only believe in the promises of God, but who also keep their promises. Yes, that includes your marriage vows and baptismal vows! That means when you make a promise

to pay for something and it becomes difficult, you shouldn't just throw your hands in the air and give up. "LORD, who shall abide in thy tabernacle? ... In whose eyes a vile person is contemned; but he honoureth them that fear the LORD. He that sweareth to his own hurt, and changeth not" (Psalm 15:1, 4).

We need to be careful about what we promise and to take care of what we promise. Someone once said, "He who is slow in making a promise is

more likely to be faithful in the performance of it." Don't make promises quickly. Take them seriously.

Of course, this advice can't be any more crucial than when it is applied to your relationship with God. In Deuteronomy 23:21, Moses writes, "When thou shalt vow a vow unto the LORD thy God, thou shalt not slack to pay it: for the LORD thy God will surely require it of thee; and it would be sin in thee." Be assured that God will forgive our broken promises when we repent, but when we receive that new heart, we should strive to always keep our word.



THE PASTOR'S PERSPECTIVE THE PASTOR'S PERSPECTIVE THE PASTOR'S PERSPECTIVE

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VOL. 27, NO. 1

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*Inside Report* is a quarterly publication of Amazing Facts, Inc. Contributors to the ministry will continue to receive *Inside Report* for six months from the date of their most recent gift.

Amazing Facts is a nonprofit Christian ministry sharing the saving truths of Jesus Christ around the world through literature, radio, television, the internet, and public evangelism. For operation, we depend on the gifts and prayers of caring Christians who believe in our mission.

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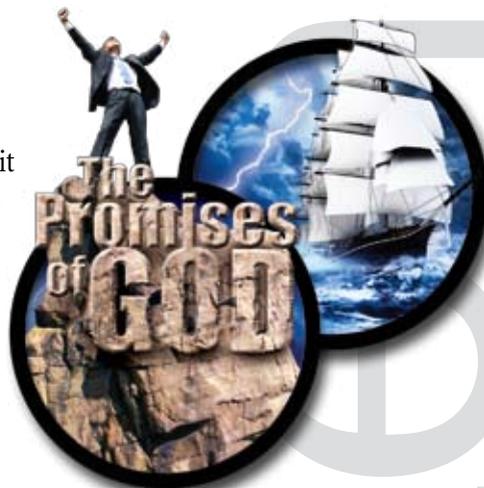
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# Mail Bag



testimonies@amazingfacts.org

## Without Fear

"I came to AFCOE because I wanted to learn how to study the Bible and defend



my faith. I had no intention of being involved with evangelism. ... I was terrified of knocking on doors. Through the course of the program, I completely lost

my fear of going door to door. I felt that I was on a mission to find that one soul who was ready to be saved. I also gained a passion for evangelism as I learned its relevance and realized that even I can make a difference. Now I love to knock on doors, and whatever I do with life, I want evangelism to play a central role." AFCOE Graduate

"AFCOE has blessed me. I was able to learn about how I can share the gospel, especially through Bible studies. ... When I went to Honduras, I was able to use the skills that I learned from AFCOE. At the end of the mission trip, I had 17 baptisms in my church. God prepared me for the future work that I am about to do for Him." AFCOE Graduate

*Editor's Note: Now at the beautiful Weimar campus, AFCOE is better than ever. See our ad on page 21 and prayerfully consider if God would have you come train for the last-day work!*

## From Across the Pond

"Hello! I just want to say thank you for all your hard work. I'm 15 and a Sabbath-keeping Christian. Life at home is hard, as no one is a Christian. In fact, they're the opposite. As I've watched your revival series, I know God has been changing my heart and my ways. And God has been using me in my school to witness. Even though there has been a lot of controversy, God is still opening doors for me!" *Jessica, U.K.*



"Hello, Pastor Doug! God bless you and your ministry, for you are doing the Lord's work so wonderfully. Please keep on praying, and I will try my very best to support your ministry financially. I pray that God blesses you and gives you strength to continue proclaiming the truth in this generation." *Sicelo, Swaziland*

"We are so blessed with all the materials you make available for us here on the internet. I enjoy listening to *Central Study Hour* because it helps us with our lesson studies here. We are visiting America and want to join you live in your worship at Sacramento!" *Ann, Philippines*



## Growing Bible Awareness

"Thank you, Pastor Doug and all his amazing support staff, for bringing Amazing Facts into my home. Over the past few months, my awareness of biblical truths has grown enormously. And my new awareness of what the Bible really teaches has made a dramatic change in my spiritual life. While there is still so much more to learn, I am convinced that keeping all of God's commandments is so important. I also appreciate your Storacle lessons because you have a gift in explaining what God expects from us. May God continue to bless you and your wonderful staff, bringing us teachings through radio, television, and my favorite, your website!" *Nathan, email*



The *Inside Report* welcomes all correspondence regarding Amazing Facts. Letters and other materials may be used—in whole or in part and edited for content and clarity—in future ministry publications. **If Amazing Facts has helped change your life for Christ, please write us at [testimonies@amazingfacts.org](mailto:testimonies@amazingfacts.org)!**

# WHAT'S IN YOUR *Soil?*

The Bible reveals that in the last days, people will intentionally put aside biblical truth in favor of smooth-sounding error.

“The time will come when they will not endure sound doctrine; but after their own lusts shall they heap to themselves teachers, having itching ears; And they shall turn away their ears from the truth, and shall be turned unto fables” (2 Timothy 4:3, 4).

Amazing Facts has made it our mission to keep the full and everlasting gospel clear and distinct from the popular but misleading gospels of today's false religions. And while the devil spends much energy and money to spread his teachings of unrighteousness around the world, we can know that this work is a good and rewarding work: sharing truth with the world and cleansing poisoned hearts and minds.

Perhaps you will consider joining with Amazing Facts in this mission to spread the message of truth — with a gift of real estate or a gift annuity with rates (see below) much better than a CD. If you believe God is calling you to be an important part of this work, call 800-436-2695, ext. 8, today to discuss your estate planning needs.

#### Single Life Rate of Return

AGE	RATE
55	4.8%
60	5.0%
65	5.3%
70	5.7%
75	6.3%
80	7.1%
85	8.1%
90+	9.5%

#### Minimum Gift Amounts:

Single-Life: \$5,000

Two-Life: \$10,000

# The Promises of God

by Pastor Doug Batchelor



## An Amazing Fact

William Penn, the founder of the Commonwealth of Pennsylvania, was well-liked by the Indians. They once told him he could have as much of their land as he could encompass on foot in a single day. Early the next morning, he started out and walked until late that night. When he finally went to claim his land, the Indians were greatly surprised, for they really didn't expect he would take their word seriously. But they kept their promise and gave him the large tract that today is part of the city of Philadelphia. William Penn simply believed what they had said. Should we do less with God?



You have heard the expression, "God said it. I believe it. That settles it."

In the Bible, we're told over and over again that God's promises never fail.

That's in stark contrast to the situation in which the United States currently finds itself: We've got an epidemic of bankrupt business and credit crises because of a failed financial industry that was built on the gelatinous foundation of men's promises.

In the resulting monetary morass, people have lost their jobs and businesses. Ironically, they also signed contracts to make payments that they can no longer make. Cars are being repossessed. And in the wake of immense financial strain and blame, couples are rescinding their promises of "through good times and bad" and are seeking divorce.

It's enough to make everyone wonder if we can trust anybody's word these days. Does a promise still mean anything?

### A Perfect Credit Record

A number of companies today evaluate our credit scores to determine our dependability in keeping covenants. I have some very good news: God has a perfect credit score. Even in this world of broken contracts and violated vows, you can still completely trust God's promises. When God says something,

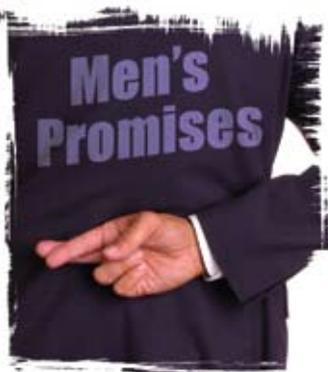
it never fails. That's why my goal is to encourage you to read your Bible more and help you believe in and take advantage of the wonderful array of promises found throughout His Word.

Numbers 23:19 says, "God is not a man, that he should lie; . . . hath he said, and shall he not do it? or hath he spoken, and shall he not make it good?" We humans are pretty weak-willed. Sometimes out of fear we'll make an impulsive promise, even though we know we can't keep it.

But God doesn't need to do that. For one, He never feels threatened or pressured. But most important, the Bible says He simply cannot lie (Titus 1:2; Hebrews 6:18). In Matthew 24:35, Jesus explains, "Heaven and earth shall pass away, but my words shall not pass away."

In fact, God goes out of His way to guarantee Himself for all eternity: "My covenant will I not break, nor alter the thing that is gone out of my lips" (Psalm 89:34). Then He backs it up by doing what He says.

You might be thinking, "Lord, you said you're coming back; where are you?" Has His promise failed? Not at all. He promised to come the first time, and He did. It's now about 2,000 years after that, and I think He is just about to come again. We might forget what He promises because we're so impatient. But God is very patient. He doesn't measure



time the way we do. “The grass withers, the flower fades, But the word of our God stands forever” (Isaiah 40:8 NKJV).

You can trust the promises found in the Word of God — they are a solid, immense, immovable rock that we can stand on forever (Luke 6:47, 48).

My question is: Why do so few of us do so?

## *Unbelief in God's Promises*

Failure to believe God's promises insults Him, His Word, and His character.

For example, after all the Lord did to bring the Jews out of Egypt, they wouldn't believe He could take them all the way to the Promised Land. “In this thing ye did not believe the LORD your God, Who went in the way before you, to search you out a place to pitch your tents in, in fire by night, to shew you by what way ye should go, and in a cloud by day” (Deuteronomy 1:32, 33). These fortunate souls had seen the Red Sea part, a fiery pillar lead them through the wilderness, and bread rain from heaven, but they still lacked faith.

When God brought them to the borders of the Promised Land, they sent in scouts to get a feel for the condition of the land. Ten of them came back to express overwhelming doubt about what God could do. But the Promised Land was called the Promised Land for a reason!

Their faithlessness ended up costing them dearly: “The LORD heard the voice of your words, and was wroth ... saying, Surely there shall not one of these men of this evil generation see that good land, which I swear to give unto your fathers” (vs. 34, 35). They were not permitted to enter “heaven on earth” for their unbelief.

In the same way, if you want to get into the heavenly Canaan, you must believe in God's promises. Without faith it is impossible to please Him (Hebrews 11:6). The ironic thing is that if I were to ask a group of Christians whether they think Jesus was preparing a room for them in heaven, most would say yes. But if I were to ask how many believed they could have victory over sin, they would express doubt, even

though God specifically promises it to them. (More on this promise later!)

I'm worried that many who have experienced the truth of God will get to the border of the Promised Land only to lose faith in the Lord. We're often good at believing that God can do anything around us, but not in us. But if God can rain down brimstone and part seas, He can keep His promise of giving you a new heart. Hebrews 4:1 warns: “Let us therefore fear, lest, a promise being left us of entering into his rest, any of you should seem to come short of it.” We need to fear falling into an attitude of unbelief. We need to be “fully persuaded that, what he had promised, he was able also to perform” in our hearts and minds (Romans 4:21).

## *Cashing in on His Promises*

One of the most successful gimmicks of retailers is selling gift cards. They make a lot of money off people who fail to use the cards or lose them before they use all the funds on them. Retailers can make a 50 percent

profit from them and, worse, sometimes they go out of business rendering the purchased gift cards useless!

By God's grace, His promises have no expiration date. So how do we cash in?

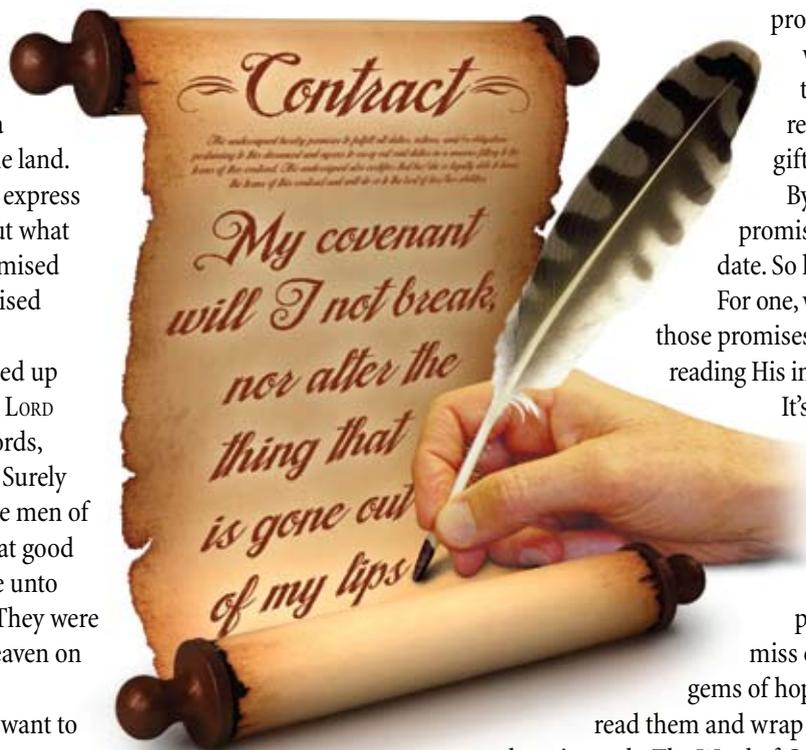
For one, we have to know what those promises are. That means reading His inspired Word regularly.

It's thrilling to track the Lord through biblical history by His promises; His actions are always following His

promises. So often we miss out on these stirring gems of hope because we don't

read them and wrap ourselves around them in study. The Word of God is everything; it must come alive in our minds and hearts. It must be seen and heard before it can be believed.

When Shadrach, Meshach, and Abednego were threatened with incineration by Nebuchadnezzar, I believe they remembered and claimed a Scripture found in Isaiah 43: “When you walk through the fire, you shall not be burned,





Nor shall the flame scorch you” (v. 2 NKJV). I imagine these faithful servants learned of this promise at their mothers’ knee, and when Nebuchadnezzar said, “I’m going to throw you into the fiery furnace,” the Holy Spirit reminded them of it.

Are you going to redeem His promises, or are you going to let His “gift card” disappear somewhere in your pile of papers?

### *Ask for and Believe in His Promises*

Have you ever heard the ABCs of prayer — ask, believe, and claim? That’s a pretty good nugget of advice in experiencing God’s promises in your life. And there are literally thousands of promises in the Bible. I would have loved to include a list for you here, but there simply isn’t enough room. God’s promises are an inexhaustible mine filled with wealth. (I will list a few promises for you later, but you really need to search His Word to learn as many as you can. You have all the reason in the world to read your Bible.)

Next, you need to ask. Shadrach, Meshach, and Abednego claimed God’s promise when they said, “Our God whom we serve is able to deliver us from your hand, O King.” Did God honor His word? I can see it now — as they were being tied up by soldiers, the three men were probably muttering the promise to each other: “Remember the promise in Isaiah. When we go through the fire, it will not burn us. Lord, you hear that? You said it.” They presented it to the Lord, and the whole world would have had to pass away before God failed in that promise. God miraculously protected them.

To receive a promise, we also need to pray in Jesus’ name. “All the promises of God in [Jesus] are yea, and in him” (2 Corinthians 1:20). Then you need to believe that God will come through for you. Of course, we don’t deserve a promise based on what we have done, but we can have it on the good name of His Son. How wonderful is the righteousness of Jesus Christ!

Your prayer can be as simple as, “Lord, I believe in your promise. I am asking you, in the name of Christ, to fulfill it. Thank you.” When you approach the Father like this, believing in the integrity of His Word, you honor Him, His promise, and His Son. What do you think your chances are of God honoring your faith? I think they are pretty good. Hebrews 11:33 proclaims that His people “through faith subdued kingdoms, wrought righteousness, obtained promises.”

Now, while I have a little room left, let me share some of God’s most powerful promises. The more you read your Bible, the more you will see that the promises of God are like stars. The darker the night, the brighter they will shine for you.

### *The Promise of His Spirit*

It’s our most important need as Christians: God’s Spirit dwelling within us. In Acts 2:38, 39, Peter says, “Repent, and



let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit. For the promise is to you and to your children, and to all who are afar off, as many as the Lord our God will call” (NKJV). God has promised us His Holy Spirit.

When anyone sincerely calls upon the name of the Lord in baptism, God offers the Holy Spirit in the same way it was given to Jesus when He was baptized. Indeed, part of the

reason the Spirit came down was to empower Jesus for a life of holiness and ministry. God will also do that for you.

I wonder how many people have been baptized but have never received the Holy Spirit because they went through a baptism but neglected to claim His Spirit. Have you prayed and asked for His Spirit? Jesus said, "If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask Him!" (Luke 11:13 NKJV). If you don't think you have received the Spirit, it's not too late. God can provide it even before baptism, as He did with Cornelius, or after baptism, as He did with the Apostles. If you're still waiting for the Holy Spirit to come, maybe God has been waiting for you to ask.

### *The Promise of Everlasting Life*

An elderly Christian was in much distress as he lay dying. "Oh, Pastor," he said, "For years I have relied upon the promises of God, but now in the hour of death I can't remember a single one to comfort me." Knowing that Satan was behind this poor man's doubt, the preacher said, "My brother, do you think that God will forget any of His promises?" A peaceful smile came over the face of the dying believer as he exclaimed joyfully, "No. No! He won't!"

Of course, one of the best promises we can claim is the gift of eternal life. "This is the promise that He has promised us — eternal life" (1 John 2:25 NKJV). Just in case one witness is not enough for you, here is a second: "For this reason He is the Mediator of the new covenant . . . that those who are called may receive the promise of the eternal inheritance" (Hebrews 9:15 NKJV).

"Oh," you might think, "I'm not good enough!" If that's your fear, stop trembling. God promises to fix that too. He knows you're not good enough, but He promises to change your heart and prepare you for eternity. And if you lack the faith — well, He promises to give you faith.

### *The Promise for Holy Living*

While you are believing in the promise of eternal life, believe this: "According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue" (2 Peter 1:3). This is a powerful promise — He has given power in *all things* that pertain to life, practical living, faith, and godliness.

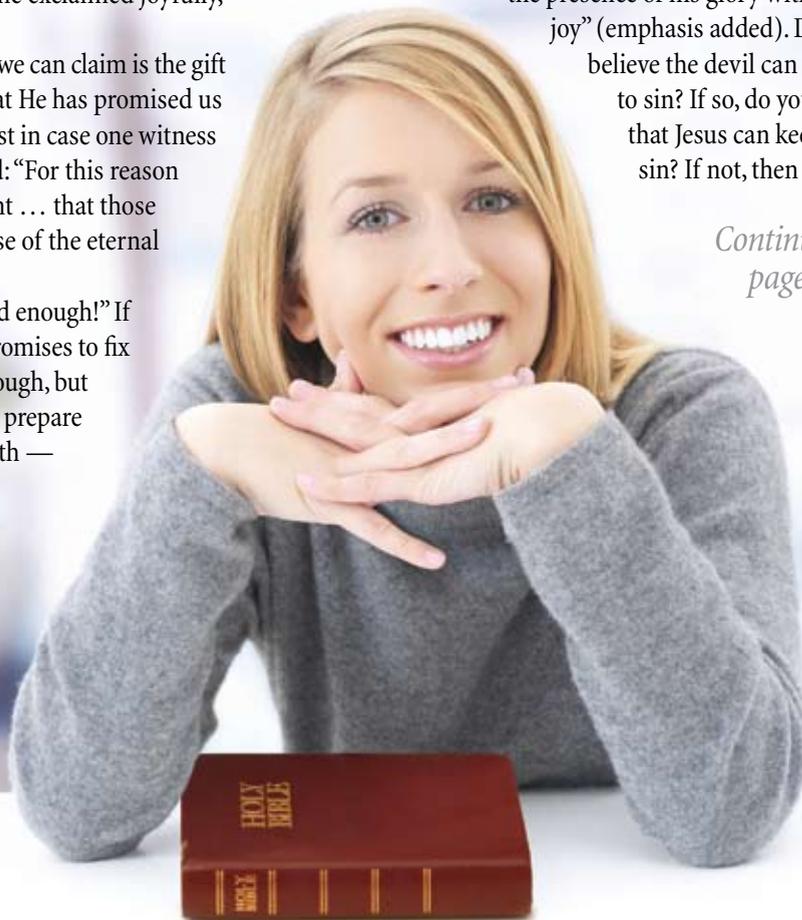
These aren't your run-of-the-mill promises; these aren't even just great promises. They are "exceeding great and precious promises." Through them, we can be "partakers of the divine nature." Whose nature is that? The nature of Christ Himself. Imagine that!

Sadly, many want to brush this aside and suggest it means that God merely looks upon you as if you had the nature of Christ. But that's not what it says. "By these ye might be partakers of the divine nature, *having escaped the corruption that is in the world through lust*" (2 Peter 1:4, emphasis added). Is that clear enough? Maybe it hasn't happened because you don't believe it, but the promise is right there. You can live a holy life.

Just to belabor the point, Jude 1:24 says, "Unto him that is able to *keep you from falling*, and to present you faultless before the presence of his glory with exceeding joy" (emphasis added). Do you

believe the devil can tempt you to sin? If so, do you believe that Jesus can keep you from sin? If not, then you actually

*Continued on  
page 22.*



# AFCOE TO GO

## Sets Records Amid Money Crisis

By Tyler Long, AFCOE Instructor

Since our last AFCOE to Go session, congress passed the largest stimulus spending package in history. Meanwhile, the housing market downturn continued to set records as thousands of families filed for foreclosure. And the Dow Jones has been more like a roller coaster than a gentle giant of growth that it is supposed to be.

However, in light of this current financial calamity, I am reminded of the words of our Savior: “Lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through and steal” (Matthew 6:20).

Others have heard that call too! Despite our nation’s financial chaos, the AFCOE to Go program saw record attendance for our January session, with a total of 65 students from all walks of life. Men and women are seeing that the true stimulus package is made through an investment in God’s kingdom.

Especially interesting to note: Our short-term AFCOE class attracted many professionals, including physicians, physical therapists, dentists, nurses, and teachers. In addition, many students came all the way from England, Canada, South America, and even Africa!

### Raising Up an Army

Like Belshazzar, Amazing Facts has seen the writing on the wall: Too many church members have grown complacent! This is one of the most important reasons why AFCOE to Go was created — to remind, recharge, and reignite God’s people to finish the Lord’s work.

It has also become increasingly evident that God is raising up an army of laity in these final days. We are fortunate and blessed and humbled that AFCOE to Go is one of His instruments!

And as you read this, you might be sensing that God is calling you to service, to do more than just occupy a pew on

Sabbath morning. Perhaps you need to recharge your spiritual batteries. We would like to invite you to “lay up treasure in heaven” by attending an upcoming AFCOE to Go session. Find out more by visiting us online at [www.AFCOE.org](http://www.AFCOE.org) or see our ad on page 21.

### AFCOE to Go on the Road!

It sounds too good to be true, but it is true! If you are unable to travel to the Weimar campus to attend classes, AFCOE to Go will come to your church. Every January and July, AFCOE to Go will be heading to churches around the nation to provide the best evangelism training available! How will booking AFCOE to Go benefit your church, community, and you?

- Save on the cost of airline tickets and lodging
- Save missed time from work — classes run Thursday thru Sunday
- Equip your church with 40+ years of evangelism experience, plus hundreds of dollars worth of resources
- Help create a tailored evangelistic program for your church
- Get the laity enthusiastic and involved in outreach to the community!

How do you get AFCOE to Go to arrive at your church? First, find 50 participants committed and willing to do the four-day training. (The more you find, the less cost per individual!) Second, contact AFCOE to lock in your training dates! Yes, it really is that easy.

Please hurry, however, because our schedule fills up fast! Call 916-209-7249 today or visit [www.AFCOE.org](http://www.AFCOE.org).



# NEWS NOTES

## Bible School Celebrates Continuing Success

The Amazing Facts Bible School ministry continues to be a powerhouse soul-winner for God's kingdom. By the end of the first quarter of 2009, more than 14,500 new students enrolled in our mail-based course. Across all our mail-based and internet schools, nearly 64,000 are enrolled. And by God's grace, 2,104 souls graduated!

Of course, this all comes with a lot of hard work of our volunteers and staff, who graded an amazing 41,590 lessons and mailed nearly

80,550 studies to truth-seekers! Many of our graduates, and even non-graduates, have requested additional contact with local churches, and several have been baptized as a direct result of our Bible school! In addition, our correspondence team answered thousands of letters, ranging from questions on doctrine to simple spiritual encouragement.

Amazing Facts also has many to thank for the Bible School's success.

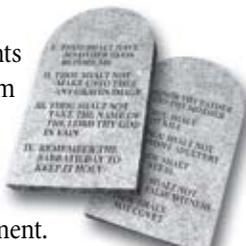
Our volunteers have contributed hundreds of hours of sacrificial service, and we also extend a very warm "thank you" to all our friends who give to the ministry for this effort. Because of our work together, and God's Holy Spirit, we'll see many more of His children in heaven through our Bible school outreach!



## Ten Commandments Weekend

As part of their annual Ten Commandments Weekend, 3ABN will have a children's program for the first time. As the host of *Amazing Adventure*, Amazing Facts' evangelistic program designed for kids, Doug Batchelor is uniquely suited to host this important segment.

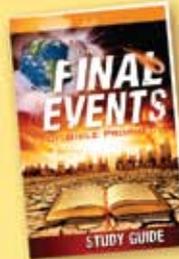
You can catch this program on Sabbath, May 30, 2009, at 12:00 PM Central. The format will be easy for your kids to follow along, with interactive questions and answers and visuals. Don't miss this special opportunity with Pastor Doug to share God's Word with your precious children!



**Want more ministry news?**  
Get it at [www.AmazingFacts.org](http://www.AmazingFacts.org).



## Project: Final Events Lessons



We have redesigned an eye-catching new cover for the *Final Events* DVD and are creating a set of seven powerful matching lessons to share with this popular resource. This will help those watching *Final Events* better connect with the Word of God and make a commitment to Jesus. Then, for the

first time, we will broadcast the entire *Final Events* presentation on national television and offer the study guides. These new lessons will help reach — and save — thousands!

## Project: Internet Outreach

Every month, approximately 150,000 people visit our websites. We have recently noticed a significant spike in traffic at our prophecy-related sites, including [ProphecyCode.com](http://ProphecyCode.com), [FinalEvents.com](http://FinalEvents.com), [MostAmazingProphecies.com](http://MostAmazingProphecies.com), [AmericaInProphecy.com](http://AmericaInProphecy.com), [BibleProphecyTruth.com](http://BibleProphecyTruth.com), and others. We now believe it is important to focus and consolidate all this incredible information into one powerful Bible prophecy website.



This new web epicenter will touch on all the prophetic "trigger" words like Armageddon, 666, mark of the beast, secret rapture, and Antichrist, attracting millions of people who are searching the internet for these captivating subjects. Then we will lead them through our online Bible studies to the truth — and help them find trust in Christ!

## More Ways to Support God's End-Time Work



- You can now further the gospel through even more giving options! Do you have a non-cash gift you would like to donate to help reach souls lost in darkness?



- Amazing Facts gladly accepts vehicles, stocks, mutual fund shares, and real estate that we can convert into soul-winning resources.



- Call us at 1-800-436-2695, ext. 8, and we'll assist you with the paperwork and how you can benefit with the best possible tax deduction.



# Into the Highways & Hedges

by Joe Garza

*“A lie can travel halfway around the world while the truth is still putting on its shoes.” —Mark Twain*

**T**his year during the Super Bowl, a national restaurant chain with 1,500 locations aired an ad offering a free breakfast the following morning. The response was remarkable: With more than 40 million people trying to find the nearest location, the company’s website crashed!

It is clear that advertising has the power to prompt action and change perceptions, attitudes, and habits. As we know, our perceptions, attitudes, and habits shape our character.

On that note, we shouldn’t forget that probation closes for thousands every day. According to the *CIA World Fact Book*, as of 2008, the world’s population was approximately 6.7 billion, and it increases with 15,665 newborns every single hour!

Yet God’s last-day people can be numbered in the low millions! It’s evident that we are ever falling further behind in reaching people with the three angels’ messages.

## We Must Proclaim

Jesus’ command is clear: “Go into all the world and preach [proclaim] the gospel to every person” (Mark 16:15). The word “proclaim” is part of who the remnant church is, yet are you familiar with its synonyms? Advertise, announce, blast, broadcast, circulate, disseminate, expound, herald, make known, publish . . .

A wise man once said, “The person who saves money by not advertising is like the man who stops the clock to save time.”

In today’s fast-paced, high-tech world, marketers use some form of advertising to make potential customers aware of their products and services. Should we do any less for the gospel?

In 2006, the world’s largest soft drink company spent \$2.5 billion to keep their name in the forefront of the public eye. The question isn’t whether



[www.BibleUniverse.com](http://www.BibleUniverse.com)

or not a business can afford to advertise; rather, it is a fact that one must advertise if a business is to succeed.

As Christians, we are in the business of communicating God's salvation to the world. We must succeed. By God's command, Amazing Facts uses television, radio, the internet, and publishing to proclaim God's message. They even use cross-promotion: The ministry advertises its websites on its TV broadcasts! This translates to more people having access to God's truths in a way that appeals to them most.

## We Can Help Advertise

Let's consider one kind of advertising that we can do to help Amazing Facts get truth into the hands of more people — outdoor advertising, also known as “out-of-home” advertising.

Outdoor advertising is very effective. Here are some of its advantages:

- It can be targeted to a specific audience
- It's hard to ignore . . . and it can't be zapped away like changing a TV channel
- It reaches drivers, passengers, and pedestrians
- It can be up to 98 percent less expensive than TV, 80 percent less expensive than newspapers, and 75 percent less expensive than radio
- It has a compounding effect, accessing people in an exponential manner!

From an evangelistic perspective, out-of-home advertising produces a ripple effect in public places, which can ultimately help hasten the coming of the Lord (2 Peter 3:12).

When we think of outdoor advertising, the first thing that usually comes to mind is billboards. But there are many other kinds of out-of-home advertising. Some are more expensive than others, but as I was looking for ways to reach more people for Jesus, the Lord impressed me to prepare vinyl window decals like the ones pictured here.

## Cars and Gospel Advertising

Think about this: Marketing studies reveal that a vehicle that spends eight hours on the road in a city with a population of 100,000 people will be seen by approximately 5,000 people in one day! Just think of what the numbers would be for a week, a month, or a year!

So what if, instead of using only one vehicle with a decal, we used hundreds and even thousands of them? The evangelistic impact would be incredible! We are talking big numbers!

Of course, the idea is not to replace other evangelistic advertising, but, by the grace of God, to optimize results.

Outdoor advertising can point to radio, TV, or the internet — or any other source of gospel proclamation.

Not only do cars, trucks, vans, and SUVs become an instrument for God to reach new souls, these decals can be a conversation starter and a reminder for those who once shared our hope. Each vehicle can offer countless opportunities for the Holy Spirit to touch hearts.

At this moment, we have more than 800 vehicles bearing the [www.BibleUniverse.com](http://www.BibleUniverse.com) window decal in selected cities. Other Amazing Facts websites can also be promoted, giving thousands the opportunity to learn about God's salvation. We can all be blessed as the Lord works through us for the salvation of others. Together, we can effect a paradigm shift in evangelism at this crucial time in history.

We know that this world is not going to get any better; we want to go home. We often say that we are waiting for the Lord, and that's correct. But the Bible also teaches that He is being very patient with us (2 Peter 3:9) so that we can fulfill His commission. We must not forget that the proclamation of the gospel is a prerequisite for our Savior's return (Matthew 24:14).

With an annual worldwide death rate of about 8.23 deaths per 1,000 people, we know more than 55 million die every year — that's 153,000 a day, 6,375 per hour, and nearly 2 every second. Those numbers are mind boggling. We need to reach as many as we can before probation closes in their lives.

The word “advertise,” comes from the French word *advertir*, which means “to turn the attention, to notify, to warn.” We have to turn our attention to the Word of God, and help others do the same as a warning to all people. Let the Word of God reach the multitudes, let it illuminate the whole world, and let us finish the work! 

*Editor's Note: If you feel God calling you to be part of this exciting out-of-home evangelistic proclamation on the highways, parkways, or even driveways, contact Joe Garza at [jgar@moralcompass.net](mailto:jgar@moralcompass.net).*





# BIBLE Answers



with Pastor Doug Batchelor

# Q A

## Is the current financial crisis a sign of the end times?

I think it is safe to say that the economic landscape in America and around the world has been permanently altered. With new financial regulations already established, we can expect the federal government to be more involved in the banking industry and in our own lives. Personal freedom has already been eroded over the years, and now increased international monetary management is likely to enhance the government's power to control buying and selling. (See Revelation 13:17.)

The devastation has been unimaginable. In less than five months, between the deflated housing markets, the sinking stock market, and the banking meltdown, the United States lost more than \$15 trillion of wealth. Moreover, Stephen Schwarzman, CEO of Blackstone Group, says that up to 45 percent of the world's wealth has been destroyed in less than a year by the global credit implosion. There is no question that this economic disaster is historic in scope.

Yet can we say with any certainty that James 5:1-4 has been fulfilled? I believe we can, at least partially:

“Come now, you rich, weep and howl for your miseries that are coming upon you! Your riches are corrupted, and your garments are moth-eaten. Your gold and silver are corroded, and their corrosion will be a witness against you and will eat your flesh like fire. You have heaped up treasure in the last days. Indeed the wages of the laborers who mowed your fields, which you kept back by fraud, cry out; and the cries of the reapers have reached the ears of the Lord” (NKJV).

Tune in to *Bible Answers Live*, Amazing Facts' live, nationwide call-in radio program, and listen to Pastor Doug give biblical, straightforward answers to difficult Bible questions. To get times and stations in your area, or to listen to answers online, visit [www.AmazingFacts.org](http://www.AmazingFacts.org). You can also request a free program guide by phone or mail.

Much of this financial disaster was brought about through greed in high places and the exploitation of the poor, who were tempted with cheap loans for homes and cars well beyond their means.

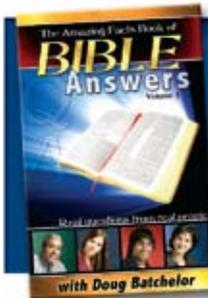
However, I do not believe this is the very end. When God removed Job's blessing and protection, all of his wealth was wiped out in one day. Today, I believe the angels are still holding back the full fury of the final winds of strife!

So although this present financial crisis is a sign of the end times, it is not the final condition that directly precedes the close of probation. Indeed, Jesus seems to warn us that just before the end, the world will experience an apparent economic boom. “Likewise as it was also in the days of Lot: They ate, they drank, they bought, they sold, they planted, they built; but on the day that Lot went out of Sodom it rained fire and brimstone from heaven and destroyed them all” (Luke 17:28, 29 NKJV).

The Scriptures also warn that just before the end, world leaders will be assuring people of peace. “When they say, ‘Peace and safety!’ then sudden destruction comes upon them, as labor pains upon a pregnant woman. And they shall not escape” (1 Thessalonians 5:3 NKJV).

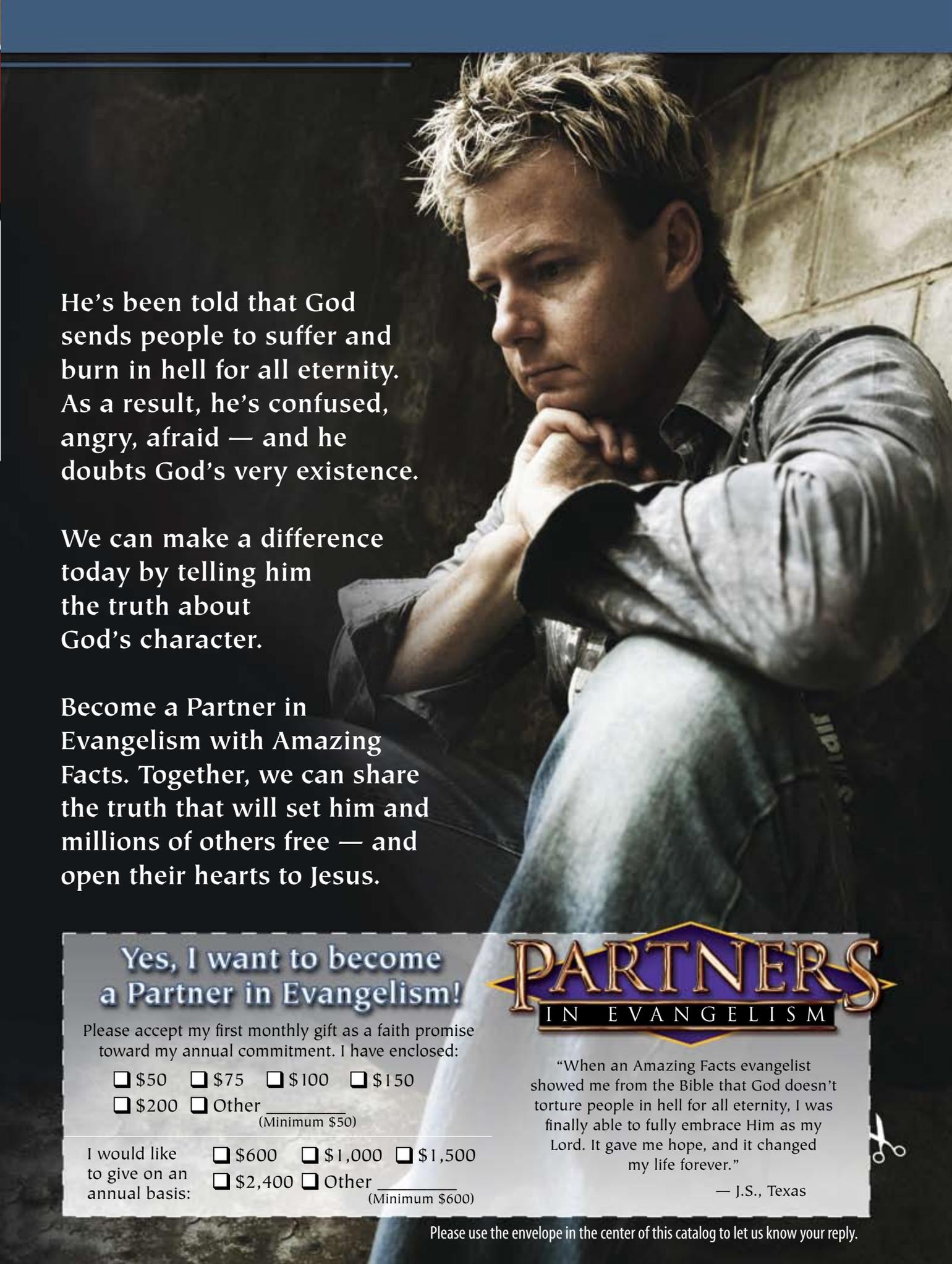
As the eye of this financial hurricane passes, I believe we might see a temporary recovery ... if we see one at all. On the other hand, while this economic whirlwind has enabled governments to gain more control over our lives, the ultimate financial crash will come after the plagues begin to fall.

But just the same, even now, we can hear the echoes of Revelation 18: “The merchants of these things, who became rich by her, will stand at a distance for fear of her torment, weeping and wailing, and saying, ‘Alas, alas, that great city that was clothed in fine linen, purple, and scarlet, and adorned with gold and precious stones and pearls!’ For in one hour such great riches came to nothing” (vs. 15-17 NKJV).



**Book of Bible Answers, Vol. 1**  
Get Pastor Doug's candid, biblical answers to difficult Bible questions, straight from his popular *Bible Answers Live* radio program. It's one of our most requested books of all time — find out why today!  
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See ordering info on page 19.



He's been told that God sends people to suffer and burn in hell for all eternity. As a result, he's confused, angry, afraid — and he doubts God's very existence.

We can make a difference today by telling him the truth about God's character.

Become a Partner in Evangelism with Amazing Facts. Together, we can share the truth that will set him and millions of others free — and open their hearts to Jesus.

## Yes, I want to become a Partner in Evangelism!

Please accept my first monthly gift as a faith promise toward my annual commitment. I have enclosed:

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 \$200    Other \_\_\_\_\_  
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I would like to give on an annual basis:    \$600    \$1,000    \$1,500  
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“When an Amazing Facts evangelist showed me from the Bible that God doesn't torture people in hell for all eternity, I was finally able to fully embrace Him as my Lord. It gave me hope, and it changed my life forever.”

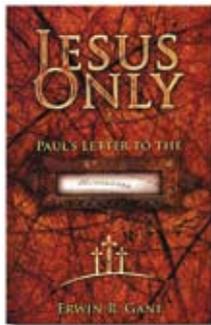
— J.S., Texas

Please use the envelope in the center of this catalog to let us know your reply.

# CHRISTIAN RESOURCES

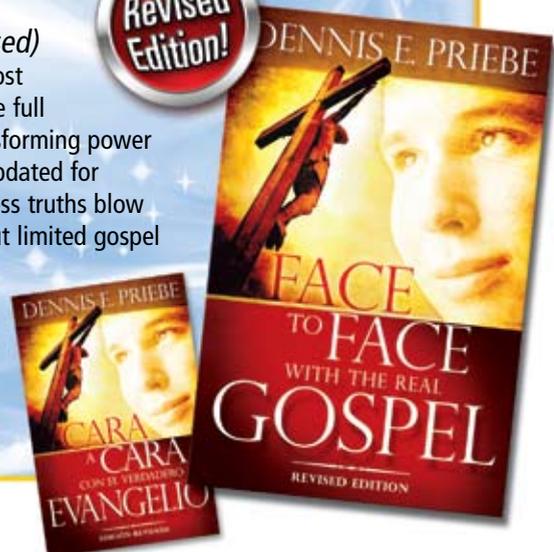
## Jesus Only: Paul's Letter to the Romans

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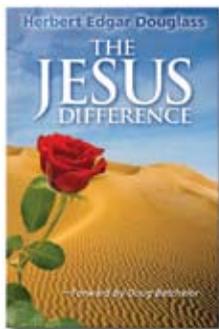
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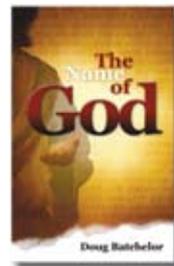
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## The Name of God

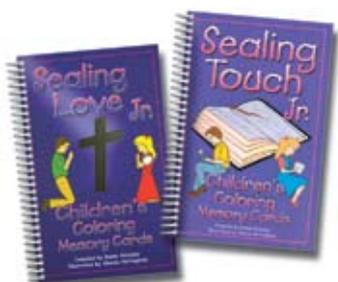
*Doug Batchelor.* The subject of God's name remains one of the most confusing and heated issues in the faith. Pastor Doug carefully sorts out all these controversies, bringing a fresh, biblical perspective that will help you understand the deeper importance of God's name and why Christians should always treat it with deep reverence.  
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## Sealing Bible Memorization Cards

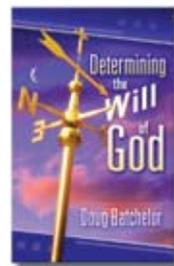
*Donna Nicholas.* These effective and uplifting Bible memorization sets will make it easy to recall precious Bible verses on many Bible topics, such as faith, love, Bible promises, and more. A great gift that your whole family can enjoy together!

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## Determining the Will of God

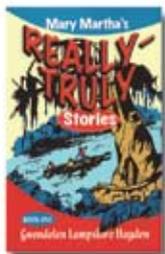
*Doug Batchelor.* Are you struggling to make the right decision in your life? Are you afraid of where God might lead you — out of your comfort zone and into a strange land? Pastor Doug offers time-tested, biblically based principles that will help you find the safest, happiest place you can be today: in the middle of God's will.  
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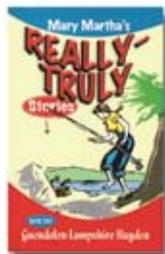
# CHRISTIAN RESOURCES

## Really Truly Stories

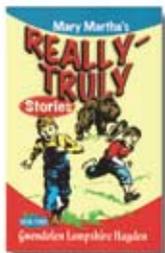
These exciting, well-told tales about children will fascinate both young and old through the practical lessons they teach. The virtues of trust, obedience, unselfishness, and more are powerfully reflected in every story!



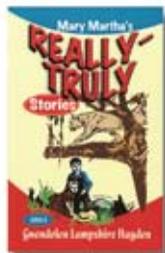
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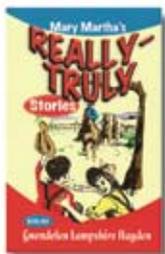
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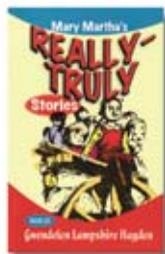
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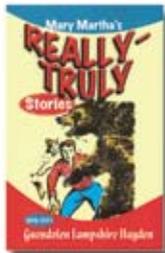
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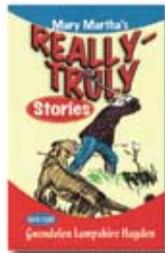
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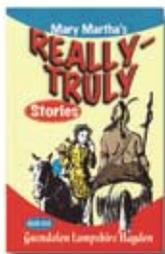
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Book 7—BK-RTS07



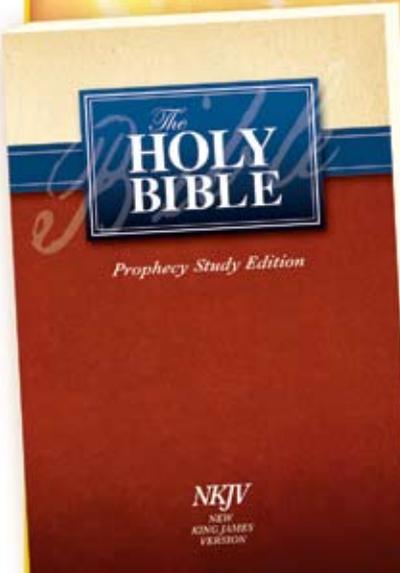
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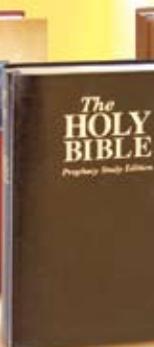


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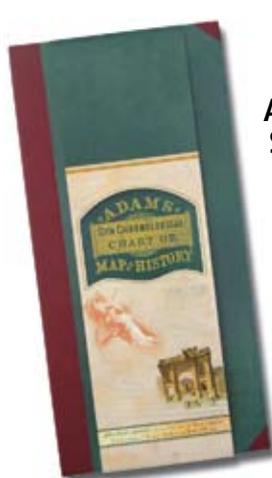
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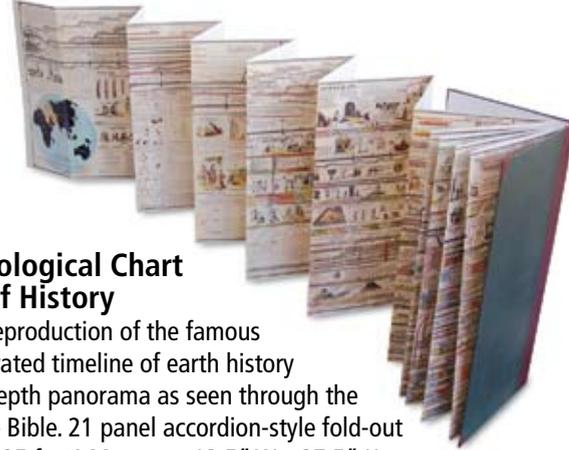
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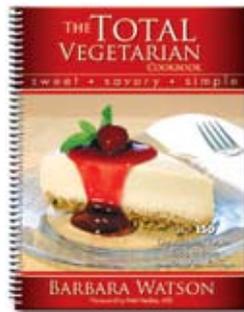


# CHRISTIAN RESOURCES

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Barbara Watson



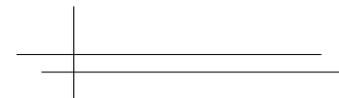
## Tree of Life Literature Rack & Materials

One book, even with the simplest of messages, can change the course of a life. And now Amazing Facts' Tree of Life will help your church or office advertise and share biblical truth easily and effectively! This beautiful, eye-catching, wall-mountable display holds hundreds of sharing books and DVDs. The 31.5" W X 47.5" H X 2.5" D display has 16 holders for pocket books, 4 for sharing books, and 2 for DVDs. It also comes with enough Amazing Facts sharing literature to fill it twice over! (Go online for a complete list of materials.)

**MS-TOLS ... \$490.00**

Floor stand attachment sold separately.

**MS-TOLST ... \$30.00**



## Tree of Life Mini Literature Rack & Materials

Amazing Facts' Tree of Life Mini is the perfect substitute for the full-sized Tree of Life when you have less room to work with. The 15.5" W X 47" H X 2" D display has nine holders for booklets, two for sharing books or DVDs, and one for a magazine. It also comes with more than \$250 worth of literature, saving you \$130! (Go online for a complete list of materials.)

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Literature Rack Only

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# CHRISTIAN RESOURCES

## Amazing Adventure Bible Guides

Designed for kids ages 8 to 12, our colorful, fun, and thoroughly educational Bible guides will help give your kids the biblical foundation they need to stand for the Lord. Each guide includes tons of Bible verses, exciting learning activities, fun facts, and much more! Set of 10 lessons.

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Pastor Doug Batchelor takes you step by step through seven end-time "events" in this gripping documentary on the last days. Eye-catching special effects and shocking Bible truths, including signs of the end, Christ's return, the millennium, and more. Also includes an encyclopedia with hundreds of pages of Bible information, pop-ups, animations, audio answers, and much more!

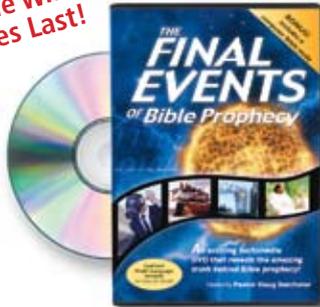
**DV-FE ... ~~\$7.49~~ \$5.00**

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Use code DV-FEB

10 +	<del>\$6.99</del> ea.	\$4.50 ea.
25 +	<del>\$6.49</del> ea.	\$4.00 ea.
50 +	<del>\$5.49</del> ea.	\$3.50 ea.
100 +	<del>\$4.49</del> ea.	\$3.00 ea.
500 +	<del>\$3.49</del> ea.	\$2.50 ea.
1000 +	<del>\$2.49</del> ea.	\$2.00 ea.
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**Available While Supplies Last!**



## The Final Events of Bible Prophecy Sharing Edition

Perfect for sharing, this thin-sleeved DVD can be mailed right in its packaging! Mail them yourself or contact us for mass mailing to a designated ZIP code! (Available only in bulk.)



### Sharing Edition (Thin Sleeve)

DV-FEBC

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25 +	\$3.49 ea.
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100 +	\$1.99 ea.
500 +	<del>\$1.59</del> ea. <b>\$1.50 ea.</b>
1000 +	<del>\$1.39</del> ea. <b>\$1.30 ea.</b>
5000 +	<del>\$1.06</del> ea. <b>\$1.00 ea.</b>
10,000 +	<del>\$0.99</del> ea. <b>\$0.95 ea.</b>

**Available While Supplies Last!**

## Amazing Adventure DVD

Pastor Doug Batchelor leads your kids (ages 8 to 12) on a powerful, soul-winning Bible study experience just for them. This 10-part series is filled with amazing facts, incredible Bible stories, exciting spiritual discoveries, and heart-warming music — all designed to help your kids stand with Christ for eternity! Includes one set of Amazing Adventure Bible Guides.

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Get the practical tools you need to prepare your child for an eternity with Jesus in this eye-opening Christian parenting seminar! You'll learn to help young hearts

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# THE AMAZING FACTS Evangelism TEAM



Contact us at 916-434-3880  
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**June 11 – 13**  
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**August 21**  
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**September 19**  
Men of Faith Men's Retreat  
Great Lakes Academy  
Cedar Lake, Michigan

## Emanuel Baek

**July 17 – August 22**  
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## **September 4 – October 10**

Pierre, South Dakota  
Call 605-224-7153  
for details.

## Darrin Bartell

**July 24 – August 22**  
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Call 870-828-0022  
for details.

**September 4 – October 3**  
Warrensburg Community Center  
445 East Gay Street  
Warrensburg, Missouri

## Eric Flickinger

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## **September 11 – October 17**

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## Lowell Hargreaves

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Ukraine

**September 11 – October 17**  
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## Chuck Holtry

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Meadow Vista, California

**July 17 – August 15**  
Washington, Georgia  
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**August 27 – September 26**  
Millennium Middle School  
61526 W. 9 Mile Road  
South Lyon, Michigan

## Jason Morgan

**June 19 – July 18**  
Yankton, South Dakota  
Call 605-369-5406  
for details.

**August 14 – September 12**  
Ellicott City, Maryland  
Call 410-465-6864  
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**September 18 – October 17**  
Battle Creek, Michigan  
Call 269-660-8874  
for details.

## Jason Sliger

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Pulaski, Tennessee  
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**September 4 – October 10**  
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Call 816-728-7130 for details.

## Dave Steward

**August 28 – September 26**  
Magalia, California  
Call 530-873-0687 for details.

## Dennis Priebe *Revivalist*

**June 5, 6:** Benton Church, TN  
**June 12, 13:** Martinsville Church, VA  
**June 19, 20:** Ruckersville-Amicus Church, VA  
**June 26, 27:** Front Royal Church, VA  
**July 4:** Evansville-Westside Church, IN  
**July 10, 11:** Seymour Church, IN  
**July 18:** Le Center Church, MN  
**July 23 – 25:** Northeast Washington Camp meeting, WA  
**August 1:** Inchelium Mission Church, WA  
**August 7, 8:** Portland Romanian Church, OR  
**August 14, 15:** Bend Church, OR  
**August 21, 22:** Hayfork Church, CA  
**August 29:** Portola Church, CA

You are invited to meet the members of our dynamic evangelism team at our many seminars and revivals throughout the year — and please invite a friend!  
Go to [www.AmazingFacts.org](http://www.AmazingFacts.org) to get exact times and locations!



Doug Batchelor



Emanuel Baek



Darrin Bartell



Eric Flickinger



Lowell Hargreaves



Chuck Holtry



Jason Morgan



Dennis Priebe



Jason Sliger



Dave Steward



Symbols with a black circle are detailed above. Symbols without it will be detailed in upcoming magazines as the dates draw closer. Check our website for more information, as not all locations are marked.

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- Many awesome, practical resources for witnessing

*Continued from page 9.*

believe that the devil is more powerful than God! Yet if you believe, all things are possible — even sinless living. Of course, you're not trusting in your own word or abilities or promises. You're trusting in God's promises and depending on Him to see you through all things.

### *Total Trust*

When the Apostle Paul was on his way to Rome, a horrible storm overtook his boat. Everyone on board thought they were going to die ... except Paul. For 14 days, the crew had been lost at sea, and now it looked like the ship was going down. They even threw tackling overboard in an attempt to save themselves. Yet here was Paul, totally unfazed.

They wondered, "Why are you so calm?" Paul answered, "God said I have to talk to Caesar, and I haven't talked to him yet — so I know I'm living through this storm." God made a promise, and Paul was totally fearless. Instead of trembling in fear, he prayed for everyone else on the boat, and God heard his prayer and saved them. Not one perished because of the intercession and total faith on the part of Paul. You might have been jaded from promises from family members, friends, or even politicians. We sometimes break our covenants with one another, but God does not.

### *He's in the Next Room*

Robert Murray McCheyne once wrote, "If I could hear Christ praying for me in the next room, I would not fear a million enemies." How true is that? If you could know, right now, that Jesus is in the next room praying for you, would you be afraid of anything?

Yet McCheyne concluded his statement this way: "Yet distance makes no difference. He is praying for me." Christ lives to make intercession for you. Just because He's a little farther away and you can't see or hear Him, He is praying for you to trust in and to receive God's promises.

There is an old rabbinical legend that when Joseph was prime minister to Pharaoh during the Egyptian famine, he emptied the chaff of his granaries into the Nile River. It floated far away on the moving currents. When the people on the shoreline saw it pass by, they were filled with comfort. It was only chaff, but it meant that there was plenty of corn somewhere. They only needed to trace it to its source. God has promises of plenty for you, but you must track them.



I hope you will bank everything you have on that truth and begin to read your Bible to locate God's promises. You need to read them — underline them — and start asking, and believing, and claiming them in your life. No matter what your challenges are, you'll experience a complete transformation and even total victory. Do you have a problem with your character, a problem with your child, a problem at work? God can take care of those. Don't underestimate the power or range in the arsenal of His promises.

Finally, they say that in the contracts of men, "The big print gives, and the small print taketh away." So what is the fine print of God's promises? "All things are possible for those who believe!" If you're not in the Promised Land, it's because you didn't believe that He could take you there. Unlike the disbelieving spies, Joshua and Caleb did believe. They said, "Let us go up at once and take possession, for we are well able to overcome it" (Numbers 13:30 NKJV). And God rewarded them the same way He wants to reward you. —

# TV AND RADIO BROADCAST SCHEDULE

Spiritually uplifting messages are available every day on Amazing Facts radio, television, and internet!

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A weekly 30-minute program with Pastor Doug that explores the Bible in-depth, offering practical guidance and information into Christian living, prophecy, and more!

JUNE 7

#### THE BRIDE OF ANTI-CHRIST

Discover the counterfeit bride of last-day prophecy in this riveting presentation filled with biblical imagery and symbols and the keys to understand them.

JUNE 14, 21

#### BOWING TO BABYLON, PT. 1 & 2

Explore the Bible kingdoms of the past that have established their own systems of worship in defiance of the Creator and how this will soon be repeated in these last-days.

JUNE 28

#### ELIJAH'S RETURN

Baptism plays a pivotal role in the Christian experience. Understand its deeper meaning as seen in the life of Elijah and Christ's teachings.

JULY 7

#### DIVIDED OR UNITED

In the last days, people all around the world will be led away from the true faith. Learn to stand your ground on Bible truth despite calls for compromise.

JULY 12, 19

#### BROKEN CHAINS, PT. 1 & 2

Ever wondered what salvation really can do for you? Get a Bible-based perspective and experience an empowered life of faith and victory!

JULY 26

#### A DOUBLE PORTION

God wants to send you His Holy Spirit, enabling you to overcome obstacles in your life and be an ambassador for heaven. Learn how to ask for and receive this special blessing.

AUGUST 2, 9

#### FINAL EVENTS, PT. 1 & 2

The popular documentary comes to television! Be sure to point your friends, families, and coworkers to this special two-part broadcast of *The Final Events of Bible Prophecy!*

AUGUST 16

#### DEFEATING DEMONS AND DEVILS

They are powerful and capable of destroying your life completely, but you are not completely powerless against them. Discover what it takes to overcome evil and besetting sin in your life!

## RADIO

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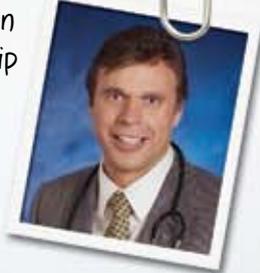
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# Weimar News

## A Message from Neil Nedley, M.D.



I'm encouraged as I reflect on how God has led the partnership between Amazing Facts and Weimar Center of Health & Education. I see His affirmation in the financial support of caring friends and the many projects advancing for both ministries. Indeed, we've made tremendous progress over the past year. I am convinced more than ever that Weimar, in partnership with Amazing Facts, has been entrusted with the health and education message that must be proclaimed at this time in earth's history.

Multitudes search for solutions to their health challenges; the Creator provides the answers. An "army of youth, rightly trained," whether through our academy, college, or AFCOE, has never been more needed to impart God's provision for physical and spiritual health. God has positioned Weimar and Amazing Facts to provide the training they need. He has truly made preparation "for such a time as this." The Lord is coming!

## Education Summit Energizes Weimar Center

In the spring, the leadership of Weimar and Amazing Facts came together for another insightful education summit led by Dr. Neil Nedley, president of Weimar.

Along with staff from Weimar Academy, College, AFCOE, and the NEWSTART program, leaders in Christian education from across the nation also joined in the effort to develop the guiding principles of Weimar school's operations and determine the courses to be offered this fall. The emphasis of this important gathering was to prayerfully create a school model that biblically applies all of God's wisdom from His Word.



## The Great Purpose of Weimar Education

The summit opened with a moving devotional, led by Don Mackintosh, director of AFCOE, about the school of the prophets as recorded in Scripture. Then two important questions, posed by Dr. Randall Siebold, the new vice president of education, were presented to the panel: Why should Weimar College and Academy exist? What will be their unique contribution within Christian education?

The answers to these fundamental questions emerged as the more than 20 participants carefully considered Weimar's current model and positioning — and Dr. Nedley's vision for its future. For the panel, it's clear that Weimar exists because world chaos speaks clearly of the urgent need for gospel-medical missionaries. Weimar's unique contribution will be a restored model of

education that raises up Christian ambassadors who, through its partnership with Amazing Facts, can lead people everywhere to be part of the remnant church.

Dr. Nedley then shared his vision of what Weimar will look like in five years, but he first reminded participants, "We are to live as if the Lord would come today, but to plan as though His coming could be delayed." Nedley also underlined the need to not only train evangelistically oriented pastors, but that our physicians, nurses, and other health professionals should be trained as soul winners too.

Dr. Nedley's vision for the future of education and medical mission work was gripping, urgent, and thrilling. And his plans for the expansion of NEWSTART and the development of a lifestyle-based cancer treatment center will bring even more people from around the world to Weimar, opening doors and offering eternal hope to otherwise suffering souls.

Ultimately, unmovable faith, determined effort, careful planning, and God's blessings will be the bedrock for making this all a reality — and the staff of Weimar's schools are deeply committed to it.





# Special Recognition

## In Loving Memory

**Thomas Abston** from Dorothy Park  
**Alice Achbough** from Dr. and Mrs. Edward Elmendorf  
**Bertha Acolt** from Charlene Rogers  
**Marcel Albury** from Michael Albury  
**S.L. "Buck" Alvarez** from Jane Alvarez, his wife; from Howard and Jane Gold  
**Elaine Anderson** from Lyle and Brent Anderson  
**Kisaiah Anderson** from Maude Ramoutar  
**Joy Andreason** from Yvonne Andreason  
**Florette Andrews** from Vernon Andrews, her husband  
**Melvina Andrews** from Dorsey and Jeanne Furr  
**Tifa Apulu** from Nathan and Kathy Brigger  
**Alice Arellana** from a friend  
**Mervilyn Armbruster** from Cecyl Rentfro; from John and Perle Westerberg

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**Edward Babcock** from Doris Bevins  
**Elias Baccheciamp** from Lorraine Baccheciamp, his wife  
**Sam Bacchiocchi** from Wanda Hockbein  
**Violet Bahl** from Joe and Shirley Fields  
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**Walter Barker** from Karen Johnson, his niece  
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**Kent Barnes III** from Cynthia Barnes  
**Greg Barry** from Carol Barry, his wife; from Hildore Repine; from Donald Strong  
**Tandy and Ethel Bartley** from Peggy Ousley, their daughter  
**Bob Batch** from Trudy Brown  
**Micah Batchelor** from Doug and Karen Batchelor; from Donald Park  
**Clifford and Ruth Bauman** from Sandra Chinn  
**Martha Becker** from Virginia and Andy Roberts  
**John Becknell** from Lucille Bush; from Teresa Lynd  
**Peggy Bee** from Jim and Judy Culpepper  
**Lydia Beierbach** from Hans and Dawna Sawatzky  
**Doris Belin** from Warren and Phyllis Wright  
**Manuk Benzatyan** from Kent and Dee Dickinson  
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**Stu Berkeley** from Glenn and Roberta Smith  
**Willem and Lucy Beyen** from Nancy Burkett

**John Bidwell** from Ruth Sackett, his daughter  
**Reinhold Bietz** from Kent and Dee Dickinson  
**Shirley Bilbro** from John Bilbro, her husband  
**Etta Blacker** from Kent and Dee Dickinson  
**Paul and Hilda Blanke** from Ardatha Pederson, their daughter  
**Joe and Bobbie Blassingame** from Connie Lowry  
**Patricia Bontrager** from Cecyl and Marilyn Rentfro  
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**Agnes Breitigam** from Loyd and Bette Felter  
**Lewie Bridges** from Brian Bridges and Cathy Patch  
**Harold and Hazel Bradbury** from Lucille Hutchins  
**Carl and Anna Brockmann** from Ethel Simeone, their daughter  
**Harold Brockmann** from David and Ethel Meyer  
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**Lorena Brown** from Harriet Bos  
**Milford Brown** from Millie Brown, his wife  
**Pauline Brown** from George and Marie Dortch  
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**Hank and Alice Brummett** from Howard and Jane Gold  
**Betty Buckley** from Lucille Bush  
**Dr. Wesley Buller** from Dora Buller  
**Eileen Bumgarner** from Sandy Wilkinson, her niece  
**Shannon Burton** from Emmanuel and Cathy Pavlik, her parents; from Spurgeon and Donniss Lail, her grandparents  
**Bruce Bush** from Lucille Bush, his wife  
**Virginia Butler** from Christopher Blood  
**William Butler** from Kent and Dee Dickinson  
**Glen Byers** from Bonnie Byers, his wife  
**Wayne Byers** from Bonnie Byers, his aunt  
**David Byrd** from Enid Henderson, his aunt

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**Leola Calloway** from Earnestine Mercier  
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**Bill Campbell** from Jim and Judy Culpepper

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**Pastor Bob Clemons** from Tuesday Morning Praise and Prayer Fellowship  
**Nancy Clott** from Sadie Dart  
**Ralph Combes** from Vivian Combes, his wife; from Tina Ingalsbe and Tania McLaughlin, his granddaughters  
**Carmelo Coniglio** from Diana Coniglio; from Eliana Sirocchi  
**Everett Coolidge** from Jim and Judy Culpepper  
**Irvine and Ellen Corbett** from Roger and Anne Clawson  
**Terri Cossin** from Hazel Freeman, his mother  
**Denzal Couch** from Barbara Couch  
**Seth Cox** from Herb and Debbie Cox, his parents; from Kathy Hayes  
**Betty Rees Coy** from Jack Coy, her husband  
**Maurice Crandall** from Betty Crandall, his wife  
**Joe Crews** from Lu Ann Crews, his wife; from Joyce Blake; from Shelly Lowe; from Donald Park; from Catherine Ritchie; from Bud and Janice Robins  
**Ronnie Crews** from Lu Ann Crews, his mother  
**Tom Curtis** from the Livingston family

**Lynda Dalrymple** from Herb and LaVonne Will  
**Hazel Damazo** from Pastor Joe Damazo, her husband  
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**Edith Durham** from Anita Lowe, her daughter; from Shelly Lowe, her granddaughter  
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**Gus English** from Claudie English  
**Pedro Alberto Espitia** from Johanna Espitia  
**Lyle Euler** from Mary Lou Crutcher, his niece  
**Denver Facemire** from Dorma Facemire, his wife  
**Betty Feigner** from Joan Love  
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**Ronda Ferguson** from Jean Stivers  
**William Fisher** from Dorothy Fisher, his wife  
**William Fitch** from Lyle and Jan Chamberlain

*Amazing Facts recognizes contributions made as a tribute to the deceased or as an honorarium celebrating significant milestones in the lives of loved ones. Please type or print legibly to ensure correct spelling; we are unable to verify confusing spellings due to volume.*

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**Jason and Ellen Foutch** from Steven Turner  
**Jewel Foutch** from Gayle Tyroff, her daughter  
**Ruth Foutch** from Frank and Gayle Tyroff  
**Franklin and Florence Fowler** from Elmer and Violet Jones; from Dr. William and Ruth Wittenborn  
**Lynn Fox** from Drusilla Fox, his wife  
**Angela Francisco** from Marta Francisco  
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**Steven Wesley Freeman** from Dorothy Freeman, his mother; from Robert Browne  
**James Frey** from Todd Phillips  
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**Ben Johnson** from Steven and Donna Dickie  
**Clayton Johnson** from Jerry Johnson, his son  
**David and Myrtle Johnson** from Paul Johnson  
**Ed and Pearl Johnson** from Bud and Janice Robbins  
**Dr. Samuel Johnson** from Judith Johnson  
**Vera Johnson** from Jerry Johnson, her grandson  
**Brian Jones** from Darren and Rachele Randall  
**Terry Jones** from Carol Schaefer  
**Thelma Jones** from Bill and Donna Keehnell  
**Kenneth Jose** from Grace Jose; from Donna McDonald; from Mercer Straw  
**Larry Juhl** from Jerry and Karen Johnson  
**Stacey Juliano** from Charles and Joanne Bird, her parents; from Debbie Cox; from Kathy Hayes; from Jeffery and Darla Payne  
**Donna Just** from Catherine Ritchie

**Wally Kaufman** from Beulah Keeler; from Gary and Kathy Osborne  
**Maxine Keiman** from Lucille Hutchins, her sister  
**Evon Kelstrom** from Jerry and Karen Johnson  
**David Keltner** from Carole Thomas  
**Milton Kesler** from Mrs. Yvonne Kesler, his wife  
**Carl Kimbrough** from Mark and Kim Swett  
**Phyllis Kinder** from Bruce and Adele Wickwire Sr.  
**Albert Wayne Kittrell** from Pat Kittrell-Mckee  
**J.W. Knight Jr.** from Gwendolyn Knight  
**Clarence Kohler** from Kent and Dee Dickinson  
**Ardyce Koobs** from Kent and Dee Dickinson  
**Merlin Kretchmar** from Andrija Manestar  
**Flora Krick** from Ellen Hardt  
**Pappy and Mom Kuntz** from Sandy Wilkinson, their granddaughter  
**Cloyd and Beulah Kuster** from Roger and Jean Ott  
**Ray Lacey** from Gloria Lacey  
**David Ladd** from Margrace Ladd, his wife  
**Pam Ladzinski** from Doug and June Ackerman  
**Timothy and Peggy Lail** from Spurgeon and Donnis Lail  
**Paul Leon Lamkin** from Paul Lamkin



**LuWana Lang** from Jerry Johnson, her nephew  
**Pastor Woody Larson** from Ray and Tammie Beierle; from Joye Manasco; from Gordon and Jessie Pendergrass; from Wanda Davis  
**Chris and Anna Lastine** from Rozella Reule  
**Everett and Pauline Lastine** from Rozella Reule, her parents  
**Lyle Lastine** from Rozella Reule, his niece  
**Joyce Lattin** from John and Patricia Ruffing  
**Norbert Lawrence** from Rozella Reule, her cousin  
**Carol Lee** from Karol Krause, sister  
**Thomas Lee, Jr.** from Randall Lee  
**Glen Lemon** from Warren and Phyllis Wright  
**Herbert and Adell Lewis** from David and Pamela Doll  
**Ron Lindsey** from Kent and Dee Dickinson  
**Theda Linn** from Steve and Mary Lou Pride  
**James Livingston** from the Livingston family  
**Norman Livingston** from the Livingston family  
**Evelyn Lockwood** from Carol Swart, her daughter  
**Lionel and Melinda Loessberg** from Allene Carpenter, their daughter  
**Alan Dean Long** from Pauline Long, his mother  
**J. Murray Long** from Pauline Long, his wife  
**Flora Lowe** from Stanley Ward

**William Lowe** from Anita Lowe, his wife; from Shelly Lowe, his daughter; from Lu Ann Crews  
**John Lungu** from Helen Lungu, his wife  
**Cassano Luque** from Donald Lee  
**Homer Lynd** from Teresa Lynd, his wife  
**Jack Lynn** from Vonsella and Floyd Scott

**Leonard MacEachern** from Rhiney MacEachern  
**Barbara Mack** from Michele Bonnett  
**Efrem Mahilum** from Liza Leyh  
**Vernadell Mann** from Marilyn Gildersleeve  
**Annie Lee Owsley Marley** from Ozark Church  
**Robert Marsala** from ShariLyn Ide  
**Bill and Odessa Martin** from Sy and Donalee Fasnacht  
**Jessica Martin** from Beth Montgomery  
**Olive Martin** from Lucille Bush  
**William May** from Kent and Dee Dickinson; from Shelly Lowe  
**Darlene May** from Kent and Dee Dickinson  
**Kenneth Mayes** from Barbara Mayes, his wife  
**Marion Mayfield** from Vivienne Rich  
**Joseph Bertram McBroom** from his children and grandchildren

**Thelma Irene McBroom** from her children and grandchildren  
**Sylvester McClure** from Michael McClure  
**Joshua McCuistion** from Alice Fredrick  
**April Ann McCuistion** from Alice Fredrick  
**Rubel Dandelion McDonald-Newland** from Elaine McDonald-Hunt  
**James McFarland** from Edith McFarland; from Howard and Dolores Bixler; from Grace Jose; from Donna McDonald; from Mercer Straw  
**Viola McGee** from Brenda McCart  
**Elinor McGlauffin** from Frank and Ruth Waxter  
**Amanda McJean** from Betty Jacoby  
**Wif McMullen** from Albert McMullen  
**Chastity McNeil** from Otis McNeil  
**Roger McNeily** from Priscilla McNeily, his sister  
**Charlie Meade** from Wanda Davis  
**Mr. and Mrs. A.D. Meekins** from Corine Dawson  
**Irene Mehling** from her family; from Ruth Campbell  
**June Mehling** from Donna Ehrlich, her daughter  
**Isaac and Alice Meier** from Yvonne and Everett Dickerson  
**Charles Merickel** from Kent and Dee Dickinson  
**Frank Merryman** from Virginia Merryman, his wife  
**Jacob and Alvena Meyer** from Frank and Ruth Waxter  
**Paul and Merle Meyer** from Frank and Ruth Waxter  
**Hazel Meyers** from David Christensen  
**Nell Miles** from Bill and Donna Keehnell  
**Samuel Hames Miles** from Mary Frances Flynn, his mother

**Florence Miller** from David Miller, her husband  
**Jo Ann Miller** from David Miller, her father  
**Tom Miller** from Kent and Doris Dickinson  
**David Milsten** from Lois Lucas, his mother  
**Janet Lois Minniear** from Bill, her husband  
**Monte Mitzelfelt** from Richard, his father  
**Margaret Moberg** from Trudy Brown  
**Dr. Clyde Morris** from Marylene Morris, his wife  
**Carl Moore** from Mable Moore, his wife  
**George Mudgett** from Patricia Mudgett  
**Bill Murphy** from Beulah Keeler, his sister  
**Tommy Murray** from Faye Priehs

**Guy Nelson** from Kent and Dee Dickinson  
**Roland Neufelt** from Donna McDonald  
**Garrett Nicola** from Bruce Nicola, Jr.  
**Lloyd Nolin** from Howard and Dolores Bixler  
**Riley Norby** from Bill and Mable Sires,  
 his great-grandparents  
**Roberta Nosworthy** from Betty Jacoby  
**Irlene Nutting** from Donna McDonald

**Albert and Helen Obland** from Ethlyn Obland  
**Gayla Edwards Okeke** from Ngozi Okeke  
**Emerald and Marian Okley** from Warren  
 and Phyllis Wright  
**Bill Oliphant** from Jean Oliphant, his wife  
**Robert and Geraldine Olmstead** from Tom Kuhn,  
 from Bob and Susie Olmstead; from Mark and  
 Kim Swett  
**Edgar Ortner** from Kent and Dee Dickinson  
**Evelyn Osborn** from Kent and Dee Dickinson  
**Auntie Otabea** from Kofi Antwi-Sefa  
**Dr. Larry Owens** from Bill and Donna Keehnel

**Rose Duncan Paddock** from Ruth Gruber  
**Jennie Palinka** from Ed and Sylvia Gabrys  
**Robert Palmer** from Dorothy, his wife  
**Dorothy Park** from the Abstons; from the Riedels;  
 from Elvis Sullivan  
**Sophie Pashniak** from Ed and Sylvia Gabrys  
**Robert Patchin** from Doris Patchin, his wife  
**Dr. Jere Patzer** from William and Shirley Stephenson  
**Marcus Payne** from Kent and Doris Dickinson  
**Dr. Ken Peasley** from James and Carole Thomas  
**Bruce Pence** from Warren and Phyllis Wright  
**Evelyn Pender** from Bud and Janice Robbins  
**Julia Mea Pender** from Bud and Janice Robbins  
**William Perry** from Kevin Perry  
**Grace Pervis** from Lola Genton  
**Justina Peshka** from David Peshka  
**Carlyle Petit** from Bette Marcussen  
**Martin and Ruth Pettey** from Jeanette Pettey  
**Mary Pflug** from Watson Chin; from Marianne  
 Medina; from Donald and Marjorie Stowe  
**Isaac and Annie Pierce** from Frank and Gayle  
 Tyroff, their granddaughter  
**Virginia Pierce** from Frank and Gayle Tyroff  
**Shirley Pinterich** from Glenn Pinterich  
**Chris Pizarro** from Charles Pizarro  
**Mae Plunkett** from Michael McDaniel  
**Oliver Pogue** from Barbara Pogue  
**Ruby Pollard** from Jim and Kathy Pollard  
**Chalmers Poole** from Alice Poole, his wife  
**Merlin Poole** from Alice Poole, his mother

**Robert Poore** from Sarah Poore  
**Ellsworth Porter** from his daughter  
**Velma Porter** from Keri and Scott Nelson  
**Mary Ann Powell** from Charmain Powell  
**Dorothy Abston Price-Park** from Dorothy Park  
**Bob Proctor** from Daryl Proctor  
**Edna Proctor** from Velma Reed  
**Ted and Greg Pyke** from Collegedale Church

**Max Qualley** from Barbara Qualley, his wife  
**Quentin Qualley** from Barbara Qualley  
**Amy Quevedo** from Armando Quevedo

**Duane Reed** from Cathy Haworth  
**Ligia Montiel Reed** from Ivan Reed  
**Max Reed** from Candace Soule  
**Catherine Reese** from Mr. and Mrs. Donald Hunt



**Joan Reese** from Vivienne Rich  
**Donald Reiber** from Joan Reiber, his wife  
**Penny Joy Reinhardt** from Frank and Ruth Waxter  
**Norm Renner** from Dale Harris  
**Earl and Grace Reuss** from Barbara Qualley,  
 their daughter  
**Cornelio Reyes** from Eileen Regoso  
**Mirian Ribeiro** from Cristiane DeOliveira  
**Leon Rich** from Vivienne Rich, his wife  
**Mr. and Mrs. Riedesel** from Jeff and Nancy  
 Riedesel  
**Don Riffel** from David and Pamela Doll  
**Samuel and Nora Riffel** from David and  
 Pamela Doll  
**Dr. Bob Ringa** from Ezekiel and Edith Allen  
**Max Ritchie** from Catherine Ritchie, his wife;  
 from Lu Ann Crews

**Junior and Annie Robbins** from Bud and  
 Janice Robbins  
**Harvey Roberts** from Donald and Marjorie Stowe  
**Betty Robertson** from Lucille Bush  
**Dorothy Robinson** from Mrs. Curtis Gillespie;  
 from Jimmy and Charlene Rogers  
**Artie Robinson-Derting** from Catherine Ritchie,  
 her daughter  
**Teresa Robinson** from Susan Robinson  
**Richard and Ann Ropka** from Michele Bissell  
**Naomi Rousseau** from Howard and Jane Gold  
**Patsy Ruddle** from Pastor Francis Ruddle  
**Bertle Ruppert** from Harold Ruppert, her son  
**Harry and Irma Rushold** from Marlin and  
 Udene Allen, their children  
**Lois Rusgrove** from Richard Rusgrove,  
 her husband

**Harold Schneider** from Elsie Schneider, his wife  
**Freda Scott** from Des Scott  
**Koni Scott** from Floyd and Vonsella Scott, her parents  
**Dorothea Seanson** from Arlene McCart  
**Byron Seely** from Al and Pat Marion  
**Nadine Seltzer** from Tanya Enriquez  
**Floyd Shaffer** from Donna Shaffer, his wife  
**June Shaffer** from Iris Donaldson  
**Mildred O. Shaffer** from Donna Shaffer;  
 from Eleanor Burns  
**James Shaver** from Howard and Dolores Bixler  
**Nep Shavoley** from Ed and Sylvia Gabrys  
**Jack and Grace Sherman** from Mr. and Mrs.  
 Jack Sherman  
**Vesper and Ruth Sias** from Mary Lou Pride,  
 their daughter; from Forrest Pride  
**Gerald Silvestri** from Pastor John and Anita  
 Silvestri, his parents  
**Rocco Simeone** from Ethel Simeone, his wife  
**Ann Simpkins** from Gayle Tyroff, her sister  
**Edie Sines** from Jennie, her friend  
**Caitlen Sires** from Bill and Mable Sires,  
 her grandparents  
**Robert Sires** from Bill and Mable Sires, his parents  
**Ed Skelton** from Sandy Wilkinson, his daughter  
**Chauncey Smith** from Kent and Dee Dickinson  
**Ivy Smith** from Agatha Janzen  
**Lila Mae Smith** from Glenn and Roberta Smith  
**Mindy Smith** from Arnold and Janet Wilson  
**Oscar Smith** from John and Cheryl Dow  
**Pastor Alexander Snyman** from Priscilla McNeily  
**Robert Souza** from Lisa Souza  
**Anne Spradlin** from Judith Johnson  
**Darlene Stapel** from L. Grimm; from Everett and  
 Beverly Hyman; from Arlo and Peggy Miller and  
 family; from Ruth Lang; from Ronald Nolte;  
 from Della Reiser; from Frances Sanders;  
 from Robert and Leland Smith; from Mr. and Mrs.  
 Everett Tessmer

**Wesley Steele** from Mrs. Yvonne Kesler, his sister  
**Olga Sterne** from Danice Pennicooke  
**Leon Stickney** from Kent and Dee Dickinson  
**Mr. and Mrs. Edward Stivers** from Mr. and Mrs.  
 Doug Stivers  
**Bobbie Stone** from David and Pamela Doll  
**Randy Strahle** from Janet Huyck  
**John Jack Stratton** from Donna Stratton, his wife  
**Nora Strawn** from Lu Ann Crews  
**Leonard Sundermeyer** from Nina Sundermeyer  
**Alice Swain** from Dr. and Mrs. Lewis Sommerville Sr.  
**Thelma Swarts** from Bonnie Lorenz  
**Carl Swenson Jr.** from Carl G. and Katherine Swenson  
**Nellie Swenson** from Carl and Katherine Swenson  
**Bill Sykes** from Trudi Sykes, his wife

**Allen Tattrie** from Jennie Tattrie,  
 his grandmother  
**Duane Tattrie** from Jennie Tattrie, his mother  
**George Tattrie** from Allene Tattrie, his wife  
**Roy Tattrie** from Jennie Tattrie, his wife  
**Edna Taylor** from Nancy Taylor, her daughter  
**Emily Taylor** from Carolyn Woods  
**Gerald Temple** from Eldon and Evelyn Allram  
 Dorothy Thomas from Grace Jose; from Mercer Straw  
**Louis and Alice Thomas** from Lu Ann Crews

**Bryan Thompson** from Shirley Kennedy, his grandmother; from Susan Thompson  
**Ruth Threadgill** from Terry Bantz  
**Edna Burtha Timms** from Karol Krause, her daughter  
**Martha Lynn Todd** from Debbie Todd  
**Arlee Torkelsen** from Kent and Dee Dickinson  
**H.R. Trout** from Marylene Morris  
**Herman Trout** from Kent and Dee Dickinson  
**Edna Tucker** from Leila Busch  
**J.L. Tucks** from Paulina Phillips  
**Edgar and Essie Tunison** from Lu Ann Crews, their daughter  
**Charles and Pearl Turner** from Steven Turner  
**Julia Tyree** from Kristina Tyree  
**Jewels and Ruth Tyroff** from Gayle Tyroff

**Dominga Valdez** from Miguel Valdez  
**Harold Van Tine** from Kevin Van Tine  
**Gale Vaughan** from Paul Jones  
**Helen Veach** from Jeanne Hart, her daughter  
**Fran Venable** from William Ambron  
**Eddie Venn** from Ardatha Pederson, his mother  
**Dagmy Vetne** from David and Audrey Wrate

**Bryan Waddell** from Claudie English  
**E. Walde** from Paulina Phillips  
**Finis and Juanita Walker** from Wayne and Arleen Johns  
**Irwin and Gail Walker** from Fred Webb  
**Veronica Walker** from Lenda Walker  
**Marian Wall** from Tom Kuhn; from Mark and Kim Swett  
**Joseph Wallis** from Evelyn Wallis, his wife  
**Louise B. Ware** from Antoinette Ware Martin, his daughter; from Marie Pair  
**Frank Warner** from Bill and Barbara Warner, his parents  
**Nancy Watson** from Diane Watson  
**Milton and Fannie Waxter** from Frank and Ruth Waxter  
**Leonard and Esther Webb** from Ellenardt  
**Raymond and Veronica Weisher** from Rayanna Zurcher  
**Mr. and Mrs. Andrew Weisz** from Helen and Donald Myres  
**Rick Weller** from Gloria Huber  
**Barbara Wilmot Weng** from Richard and Shirley Warner  
**Florence Wertz** from Marilyn Wallace  
**Virginia Wesner** from Edward and Peggy Jasper  
**Howard Wheeler** from Grace Morris, his sister  
**Ken Wickersham** from Dan and Alice Covrig  
**Hans Calvin Wiggers** from Marcel Wiggers  
**Ron Wiggins** from Barbara Qualley  
**Dr. Stan Wilkinson** from Floyd and Vonsella Scott  
**Celia Will** from Marylene Morris  
**Christopher Stephen Williams** from Patricia Williams, his mother  
**Darlene Wilson** from William Wilson  
**Marion Wilson** from Warren and Phyllis Wright  
**Marian Witt** from Lucille Bush  
**Henry and Ruth Wonenberg** from John and Geri Redmond; from Hans and Dawna Sawatzky  
**Kenneth and Miriam Wood** from Lola Genton

**Myra Wooldridge** from Kevin Wooldridge  
**Joy Woolley** from George and Marie Dortch  
**Harold Wright** from Warren and Phyllis Wright, his parents  
**Mary Wright** from Howard and Jane Gold  
**Bill Zima Jr.** from Patricia Zima, his mother  
**Bill Zima Sr.** from Patricia Zima, his wife  
**Dale Zumwalt** from his wife  
**Gordon Zutz** from Jay and Pam Anders

**Happy Anniversary**

**Jordy Allenbaugh** from Joseph Allenbaugh  
**Cutler and Jeanette Baldwin (65th)** from Delane and Joanne Isaak  
**Harold and Pat Chase** from Grace Jose; from Mercer Straw  
**Rosalie Donato** from Arnold Donato  
**Welden and Ruth Hampton (50th)**  
**Pastor Ed and Mary Lee Herzel (70th)** from George and Judy Halleron  
**Randy Loyer** from Monica Loyer  
**Tim and Christine Malone (16th)** from Christine Malone

**Sheila Mooney** from Charles Mooney  
**Richard and Romma Pender**  
**Don and Louise Pester** from Eldon and Barbara Jean Stratton  
**Charles and Evelyn Tidwell** from Nathan and Margie Tidwell  
**Anthony Turner** from Lashatra Turner

**Happy Birthday**

**Lucas Albano** from Roy Allan Albano  
**Howard Bixler (93rd)** from Dolores Bixler, his wife  
**James Burdick** from Stephen Alfred  
**Harold Case (86th)** from Grace Jose  
**Pat Case (71st)** from Grace Jose  
**Tillie Ensminger (94th)** from Dr. and Mrs. Eldon E. Stratton  
**Esther Fenn (100th)** from Lucille Bush  
**Roberto Filip** from Adriana Filip  
**Esther Flores** from Tessie Abastillas  
**Michelle Frame** from Paul Rau  
**Pete Francisco** from Marta Francisco  
**Edna Hay (91st)** from John and Darla Almida  
**Jerry and Karen Johnson (34th)**  
**Grace Jose (92nd)** from Mercer Straw  
**Alice Kunh (90th)** from Thomas Kuhn; from Mark and Kim Swett  
**Oliver Lowry (95th)** from Dixie Robinson Lowry, his wife  
**Bruce Mallernee (86th)** from Grace Jose; from Mercer Straw  
**Marie Malmade (86th)** from Jan Greve, her daughter  
**Patty Martinez** from Fernando Martinez  
**Earleen McClure** from Michael McClure  
**Edith McFarland (89th)** from Grace Jose; from Mercer Straw  
**Justin Michael Donato** from Arnold Donato  
**Frank Miranda** from Iris Miranda  
**Joshua Miranda** from Iris Miranda  
**Margaret Mitchell** from Nancy Ross  
**Dana Mulder (85th)** from Florence Mulder

**Piko Neal Jr.** from Sherron Neal-Putman  
**David Nobles** from Jeanette Nobles  
**Ruth Oliver (110th)** from John and Darla Almida  
**Sarah Paris** from Trevor Paris, her father  
**Harold Parmenter** from Roxanne Parmenter  
**Bonnie Peterson** from Dolores Gregoroff  
**Bernice Reid** from Sherron Neal-Putman  
**Theresa Reid** from James Reid  
**Phyllis Roehls (80th)** from Evelyn Allram  
**Andrea Sabbatini** from Suganth Jeyaprakash  
**Shane Salmon** from James Salmon  
**Sofia Sifre** from Orlando Sifre  
**Harrison Smith** from Jeffrey Smith  
**Mercer Straw (87th)** from Grace Jose  
**Bill Thomas (86th)** from Grace Jose; from Mercer Straw  
**Jeff Vandiver** from Paul Rau  
**Joan Wiese** from Garnet England  
**Rion Yonnetti** from Nancy Ross

**In Honor of Baptism**

**Jamie and Chlynn Bridges** from Brian Bridges and Cathy Patch

**In Honor of**

**Gary Anderson** from Byron Anderson  
**Traean Anita** from Sorin Anita  
**Pastor Doug Batchelor** from Tracy Ann Salmon  
**Marjorie Boyce** from Eric Greene  
**FSgt. Bryan Brown** from Susan League  
**Esther Claridge** from Robert Triebwasser  
**Dathan and Derek** from Susan Fujioka  
**Minina de Ramirez** from Martha Correa  
**Ethan Donato** from Arnold Donato  
**Justin Michael Donato** from Arnold Donato  
**Rosalie Donato** from Arnold Donato  
**Pastor Edgerton** from Michael Perry  
**Allen Engel** from Paul and Josephine Engel, his parents  
**Caleb Flores** from David Flores  
**Douglas Garcia** from Robert Davis  
**Baby Grace** from Brenda Soto  
**Matthew Grace** from Brenda Soto  
**Tom Grace** from Brenda Soto

**Mr. and Mrs. James Grall** from Craig and Erin Seheult  
**William and Lois Hardt** from Gary and Donna Wareham  
**Bronwyn Haviland** from Craig and Erin Seheult  
**Joan Haynes** from Randall Lee  
**J. Jay Humbard** from Robin Humbard, his wife  
**Pastor Paul Hunt** from Keith Boyd  
**Joyce, Lila, Orion, and Alyssa** from Sean Simpson  
**Jason Carroll Kelley** from Bill Kelley  
**Andrew and Danelle Lawrence** from Dennis Edgerly  
**Diana Luther** from Lily Lunani  
**Scott Lyons** from David Lyons  
**Mary Maluti** from Lily Lunani  
**Kim Marie** from George Godley  
**Moe Martinez** from Fernando Martinez  
**Viviana Martinez** from Fernando Martinez  
**Patrick McGee** from Yuriy Polishchuk-McGee  
**Dr. and Mrs. Richard Milhome** from Fred and Mable Miller  
**Margaret Mitchell** from Nancy Ross  
**Salie Moses** from James Gibson  
**Teresa Anna Mussurici-Scola** from Stephanie Mussurici  
**Myra Osborn** from David and Melissa O'Neal  
**Mark Peeler** from Sean Peeler  
**Manuel Roman Blanco Peralta** from Martha Blanco  
**Roman and Floren Pornea** from Robert Pornea  
**Eunice Ramirez** from Raul Vila  
**Whit Robinson** from Susan Robinson  
**Sylvia Rondorf** from Barbara Holt  
**Emily Ann Sanchez** from Brenda Soto  
**Sashun** from Earnestine Mercier  
**Nadia Grace Schneider** from Roger McCarty  
**Mr. and Mrs. Lincoln Seheult** from Craig and Erin Seheult  
**St. Croix family** from Jocelyn St. Croix  
**David and Faith Suchora** from Michael and Sandra Suchora  
**Tyler, Kayla, and Krista** from Alice Toomey, their grandmother  
**Tyvan, Anton, Seyna, and Marc** from Gun-Ingrid Rasolofomasoandro  
**Joe Volpe** from Scot DeCristofaro  
**Donna Wilson** from Yanique Palmer  
**Jason Worf** from April Worf  
**William Worf** from April Worf  
**Stephen and Bonnie Young** from Twyla Wall



# Syndrome X

## What It Is and How to Reverse and Prevent It



by Emily Thomsen



**What if no one** had invented a pill to lower blood pressure? What if there was no medication for type 2 diabetes? Perhaps we'd be less cavalier about our health — and take prevention much more seriously.

Nearly 50 million Americans have a cluster of symptoms known as metabolic syndrome. The syndrome appears mostly in adults, but even many schoolchildren are now showing symptoms. The good news is that if you or someone you know has these symptoms, there is hope! Hundreds of my clients have lost weight and significantly lowered their cholesterol, triglycerides, and blood pressure simply by changing their lifestyles.

The National Cholesterol Education Program defines metabolic syndrome, also known as "syndrome X" or insulin resistance syndrome, as the presence of *three or more* of the following symptoms:

- Waist size greater than 35 (women) or 40 inches (men). In the presence of a genetic predisposition (indicated by Hispanic or Asian descent or a family history of diabetes), waist size greater than 31 (women) or 37 inches (men).
- Triglycerides equal to or greater than 150, or use of triglyceride medication
- HDL equal to or less than 40 (men) or 50 (women), or use of cholesterol medication
- Blood pressure equal to or greater than 130/85, or use of blood pressure medication
- Fasting blood sugar equal to or greater than 100, or use of blood sugar medication

Having only one of these symptoms doesn't indicate metabolic syndrome; however, the more of them you have, the greater your risk of heart disease, stroke, and diabetes. If you have at least one of these symptoms, such as high blood pressure or an apple-shaped body, visit your doctor; you might have others as well and don't realize it.

What's the correlation between these varied symptoms? Here's a (very) basic physiology lesson: Your digestive system breaks down your food into sugar, or glucose, which your cells need for energy to perform their functions. As glucose is released into the bloodstream, your pancreas produces insulin, which acts like a key to let the glucose into your cells. If you are insulin resistant, your cells don't respond to insulin the way they should and the glucose can't get in.

However, your pancreas doesn't understand this, so it simply produces more insulin. High levels of both blood sugar and insulin in the bloodstream are problematic; even a slightly high blood sugar interferes with your body's normal functioning. Too much insulin elevates triglycerides and cholesterol levels and makes weight loss difficult. It also affects kidney function and raises blood pressure. Combined, these conditions seriously increase your risk of heart disease, stroke, and diabetes.

Metabolic syndrome is still not completely understood on a molecular level, so it's difficult to say what causes the cluster of symptoms. Race and age might play a role; Hispanics and Asians



# TOTALLY DELICIOUS

## TOTALLY VEGETARIAN

seem more susceptible, as are people in their 60s. There also appears to be a correlation between polycystic ovary syndrome and the risk for metabolic syndrome. Ironically, some blood pressure medications can decrease insulin sensitivity. Those with a history of diabetes during pregnancy or a family history of type 2 diabetes are also at greater risk.

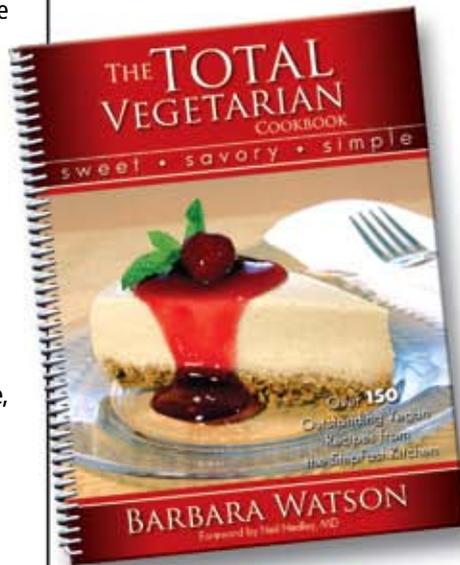
However, while a genetic component might exist, remember that heredity loads the gun, but lifestyle pulls the trigger! Physical inactivity, a high-fat diet, and obesity activate any pre-existing genetic predispositions, and in fact might even cause the syndrome in individuals without a genetic predisposition.

Thus, make lifestyle change the first line of treatment. If you have been diagnosed or suspect you might have the syndrome, address your individual symptoms. Conveniently, the same lifestyle changes that work for weight loss will help you lower your blood pressure and triglycerides, raise your HDL, control your blood sugar, and prevent metabolic syndrome from developing in the first place.



- Get *at least* 30 minutes of vigorous aerobic activity five to seven days per week.
- Eat whole foods — primarily vegetables, fruits, beans, and whole grains.
- Eliminate added salt.
- Avoid processed and fried foods, the primary sources of trans fats.
- Eliminate or strictly limit saturated fat and cholesterol, found exclusively in meat and dairy products.
- And if you smoke, stop.

Do not underestimate these lifestyle changes! The best way to reduce insulin resistance is through weight loss and increased physical activity. Don't use medication as an easy out; tell your doctor you'd like it to be a last resort, then go home and take your lifestyle change seriously. —



Barbara Watson  
Director of the StepFast  
Lifestyle Program



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  - Stuffed Mushrooms • Pita Pizza
    - Green Beans Amandine
- Onion Rings • German Carob Cake
- Tiramisu • Coconut Whipped Cream
- Carob Mocha Mousse • & More!

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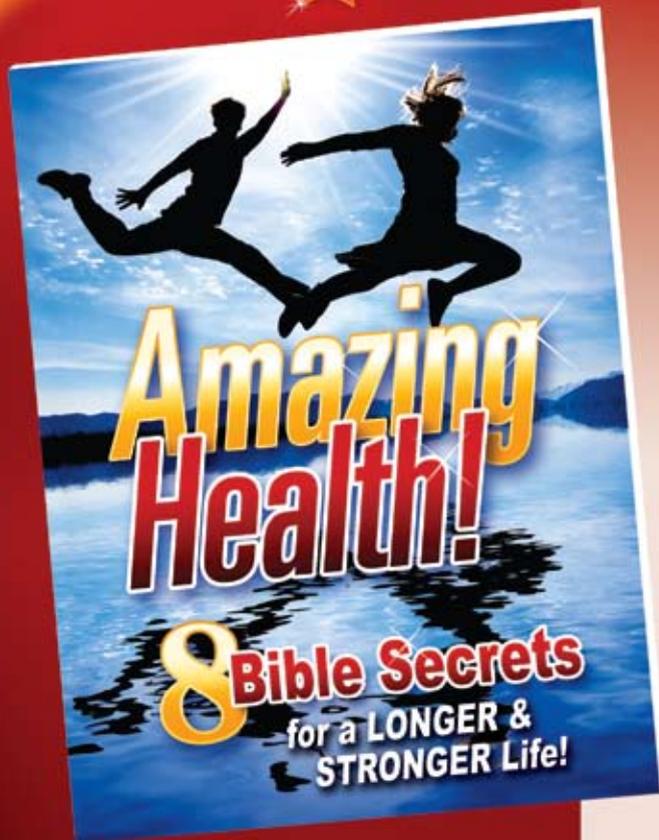
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Printed at Pacific Press  
Publishing Association  
1350 North Kings Rd.  
Nampa, ID 83687

NON-PROFIT  
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U.S. POSTAGE  
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PERMIT #66  
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