

AMAZING FACTS



INSIDE REPORT

WINTER 2020

How to Pray for Healing



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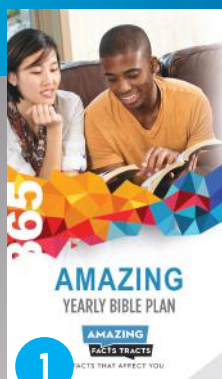
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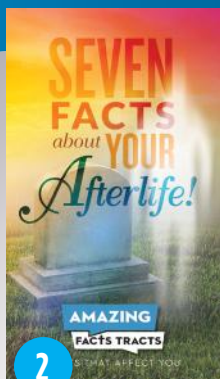
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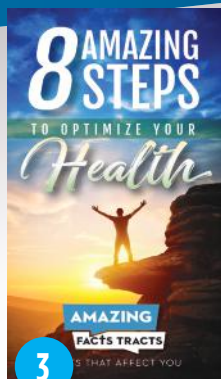
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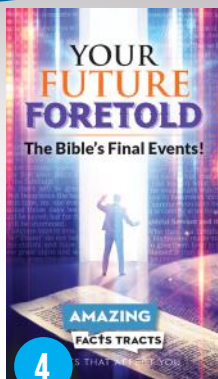
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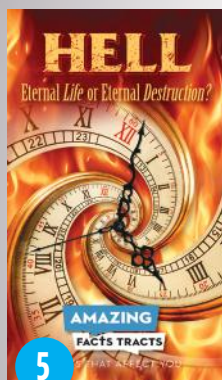
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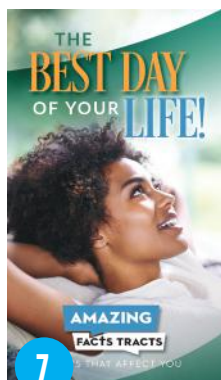
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Topic: Prophecy



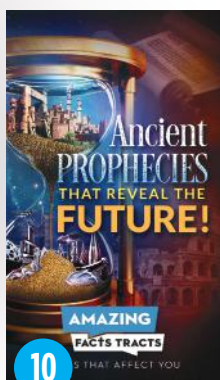
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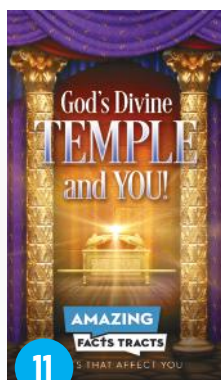
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Topic: Prophecy



Topic: Sanctuary



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4. Your Future Foretold (MS-FE)
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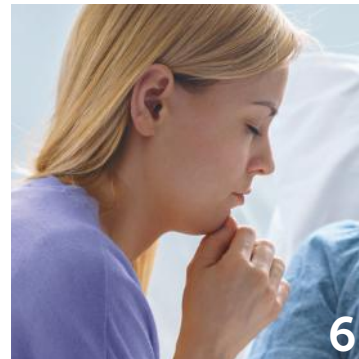
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With Phase 1 of the W.O.R.D. Center now open, the Amazing Facts Center of Evangelism's dynamic training program is back. Classes begin June 1. Learn more and apply today!

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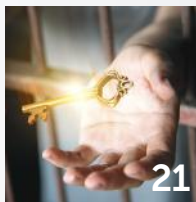
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THE PRESIDENT'S PERSPECTIVE

PASTOR DOUG BATCHELOR



Have you ever heard the expression “worried sick”? There may be more truth to this saying than you think.

Proverbs 17:22 says, “A merry heart does good, like medicine, but a broken spirit dries the bones.” Helen Steiner Rice, the poet, put it this way: “Why worry? What can worry do? It never keeps a trouble from overtaking you. It gives you indigestion and sleepless hours at night and fills with gloom the days however fair and bright.”

It’s true. Worry has a very real—and, yes, potentially deadly—impact on your health. Nearly half of all adults, including Bible-believing Christians, suffer serious health effects due to worry. It has even been estimated that as much as 90 percent of all doctor visits are due to stress-related complaints or disorders. Additionally, the majority of our pharmacy prescriptions treat anxiety and depression. (Are you worried about worrying too much now?)

Anxiety can cause a vast range of physical symptoms, such as twitching, itching, trembling, headaches, sweating, dry mouth, abdominal pain, dizziness, vision problems, irregular heart rate, rapid breathing, fatigue, irritability, nightmares, decreased concentration, and more.

But worse, increased anxiety is a known factor in many heart attacks, and it has a detrimental effect on planning, decision-making, and reasoning. Worry

can also increase the risk of heartburn and ulcers, and it can keep you awake at night—when having adequate rest is one of the most important factors in good health.

“Okay, okay,” you might be thinking. “We shouldn’t worry. But what about those of us who are already sick?” Well, I want you to know that God has a solution for you. Sick or healthy, I want you to find peace by using the method that God

has provided for His people to experience lasting healing.

God said, “If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land” (2 Chronicles 7:14). He still means it, friend, and that’s what the theme of this *Inside Report* is about: healing prayer.

Are you worried sick and sick of worry? You don’t have to be anymore. Jesus said, “Do not worry about your life. ... But seek first the kingdom of God and His righteousness, and all these things shall be added to you. Therefore do not worry about tomorrow” (Matthew 6:25, 33, 34).

I now invite you to stop worrying for a few minutes by focusing on this magazine. You’ll see what God has done through your support—and learn how to have a better, more effective prayer life.

You look more peaceful already. Shalom! 📖



Connect with Amazing Facts

From the Mail Bag

And a Child Shall Lead Them

Here is a picture of a young man at our church, Landon, who attends public school. The teacher gave the class an assignment to tell about someone they admire. Landon chose Pastor Doug! He watched Pastor Doug's testimony to get a better understanding of his life, and even wore some glasses and dressed up to resemble him. Landon was recently baptized along with his mom, Darcy. He sings for special music sometimes and has even led the congregational prayer for our church. I wanted Pastor Doug to see this picture his teacher took of him, and even the poster he made of Amazing Facts! *Susan*



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Back from the Brink

I wanted to write you a letter and tell you how, a few days ago, after seeing your video about spiritual warfare, Amazing Facts has brought me back from the brink! Let me say THANK GOD FOR YOU. I am a 56-year-old woman, and you have helped me through things I thought I'd never understand. *Retha*

Bible Answers Live Makes a Difference

I love listening to *Bible Answers Live*. I have had many of my beliefs confirmed by listening. It always seems that when I have a Bible question or concern, someone calling in on your program has the same question or concern. Thank you very much! *Rhonda*

If Amazing Facts has helped change your life for Christ, please write us at testimonies@amazingfacts.org.

Sign up for our email specials, *The Facts* e-newsletter, and more at subscribe.amazingfacts.org!



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Amazing Facts, a nonprofit ministry, shares the saving truths of Jesus Christ around the world through literature, radio, television, the Internet, public evangelism, and more. For operation, we depend on the gifts and prayers of caring Christians who believe in our mission.



How to Pray for Healing

By Pastor Doug Batchelor

An Amazing Fact:

Australian James Christopher Harrison, known as the "Man with the Golden Arm," has an unusual plasma composition that has been used to make a treatment for Rhesus disease. He has made 1,173 blood donations throughout his lifetime, and these donations are estimated to have saved more than 2.4 million unborn babies from the condition!

Of course, the blood of Jesus has healed many more ...

Sickness is a huge problem in our world today, touching virtually everyone on the planet. It's estimated that 6 out of 10 adults have a chronic illness. That's why it should be no surprise that one of Jesus' primary activities during His ministry was healing the sick. But one might ask, "Does Jesus still heal today? And if so, how do I experience that healing?"

Today, we need many kinds of healing—in our homes, our minds, our bodies, our families. And eternal healing can come only from God, the Great Physician.

Take note of this comprehensive passage that summarizes the ministry of Jesus. Right after His baptism and temptation, when He is filled with the Holy Spirit:

Jesus went about all Galilee, teaching in their synagogues, preaching the gospel of the kingdom, and healing all kinds of sickness and all kinds of disease among the people (Matthew 4:23).

I especially like this verse because it says that Jesus taught, preached, *and* healed. All the facets of His ministry are encompassed in this one sentence.

The passage goes on:

His fame went throughout all Syria; and they brought to Him all sick people who were afflicted with various diseases and torments, and those who were demon-possessed, epileptics, and paralytics; and He healed them (v. 24).

Isn't that encouraging? There is no record of a medical case brought to Jesus that He was unable to handle.

But how important is our physical prosperity to the Lord? His Word says, "Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers" (3 John 1:2). God regards your physical health as important as your spiritual prosperity. He *does* care, and He *does* want us to be physically well. In fact, good health was always part of God's perfect plan.

The Priority of Healing

Throughout His ministry, Jesus spent as much time healing as He did preaching. Why? For one, God is compassionate! Another reason is that, as physical beings, we experience everything in our bodies. If we are sick, it's difficult for us to concentrate on anything else—including our relationship with Him.



But I believe the most important reason Jesus healed people was so that He could point them to the kind of healing that would last forever. Indeed, all of Christ's miracles of healing did not prevent people from eventually dying, no—but He healed in order that they and those who experienced it would seek after the ultimate healing He offers to us all: an eternal life with Him in a new body that will never weaken, age, or die.

When the paralytic was brought to Jesus, the first thing He said to the man was, "Son, be of good cheer; your sins are forgiven you" (Matthew 9:2). The scribes were quick to accuse Him of blasphemy. He responded,

"That you may know that the Son of Man has power on earth to forgive sins"—then He said to the paralytic, "Arise, take up your bed, and go to your house." And he arose and departed to his house (vv. 6, 7).

The multitude saw it and were amazed. Why did He do it? As a trick to impress? No! He did it so that they

would know He had the power to forgive sin—to bring spiritual healing.

It's a sad fact that many people want physical healing but don't appreciate spiritual healing. They feel a little bad about *being* bad but feel very bad about *feeling* bad. What their behavior really says is, "Lord, help me to feel better so that I can enjoy sin more."

The Causes of Our Sickness

Let's identify the seven primary reasons that account for the physical sickness in our lives.

First, you can become sick because of your *ancestors*. We all inherit various genetic weaknesses, which can affect



longevity and overall health. Indeed, certain people groups are predisposed to particular diseases. Doctors often tease, "Choose your ancestors very carefully."

Your *actions* can cause you to become ill. Do you exercise? Do you get enough water and sunlight and rest? Do you eat healthy food? The lack of these things can invite disease and weaken the body's defenses.

Accidents happen, and sometimes when one part of the body is injured, it can begin a chain reaction of other internal problems that may lead to illness.

Attitudes are another major factor. Some people are sick not because of what they eat but because of what's eating them. Many people become physically sick because of mental stress, negativity, bitterness, or a spirit of unforgiveness.

Sometimes sickness is *acquired*. You can catch communicable diseases and infections from others or from the environment.

As strange as it may sound, sickness can have an *angelic* (supernatural) cause. The devil can make people ill. When Jesus healed a woman who had suffered for many years, He stated that Satan had bound her. (See Luke 13:11–16.) In another example, "Satan went out from the presence of the LORD, and struck Job with painful boils" (Job 2:7).

And, finally, *aging* brings illness. While the human body does have an incredible ability to automatically heal, a miracle in itself, the recovery process weakens as time goes by. Additionally, cells and body systems inevitably succumb to old age. That's not to say that God doesn't heal the elderly, but at some point, aging will lead to some catastrophic failure. The ideal would be to go out as Moses did. The Bible says Moses lived 120 years, had clear vision, and was still able to climb a mountain on his final day (Deuteronomy 34:1–7). But it doesn't usually happen that way.

A Passage to Healing

When we seek healing from the Lord, we should consider six biblical principles.

First, *ask* God for healing. But along with that, *repent*. Ask forgiveness for your sins and be willing to forgive others. Some think that repentance is a simple confession, but true repentance involves not only a confession but also a turning away from sin.

He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy (Proverbs 28:13).

If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land (2 Chronicles 7:14).

If they turn, God says, *then* I will. That's a conditional promise. When Jesus healed a person, He often urged,

"Sin no more, lest a worse thing come upon you" (John 5:14).

Another important element in healing, one people often struggle with, is *belief*. Remember the leper who came to Jesus, saying, "Lord, if You are willing, You can make me clean" (Matthew 8:2)? He had full assurance that Jesus was capable of healing him. And Jesus did, saying, "I am willing; be cleansed" (v. 3).

Moreover, the Bible says that God is "not willing that any should perish" (2 Peter 3:9). I think that because sometimes God does not immediately heal us, we're often afraid to believe and to keep asking. But more times than not, Jesus did heal those who came and asked. I wonder how many have not been healed because they didn't ask and believe.

Do you know somebody—a friend or family member—who is ill? You should also be interceding for them. When the centurion went to meet Jesus, he said,

Lord, I am not worthy that You should come under my roof. But only speak a word, and my servant will be healed (Matthew 8:8).

Jesus was so amazed by this man's attitude, He stated, "I have not found such great faith, not even in Israel" (v. 10). The centurion was a Gentile, not a church member, which brings up another point. Does God miraculously heal only those on the church books? No, our merciful Lord sends the sunshine and the rain on everyone.

All the same, faith is a crucial element in prayer and healing. "The prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven" (James 5:15). When Jesus was on the cross, two thieves spoke to Him. Only one was saved. One said, "If You are the Christ, save Yourself and us" (Luke 23:39, emphasis mine). The other one said, "Lord, remember me" (v. 42). The one who said "if" did not have faith in Jesus as his Savior and will likely not be in the kingdom.

We need the kind of faith displayed by Job when he said, "Though He slay me, yet will I trust Him" (Job 13:15).



A true servant will trust God regardless of whether he gets what he wants. If we're only in it for the loaves and fishes, we have the wrong attitude. We need unconditional faith.

It's also important to *cooperate*. God often heals through modern medicine. Have you known of people who were praying for healing but wouldn't use the practical means available? I'm sorry to tell you that I know of people not with us today who, if they had used proven medical methods, I'm quite certain would still be alive. But their attitude was "I'm just going to pray" while they neglect proven medical treatment.

While there is a place for natural treatments, God is also the one who gives doctors their skill and wisdom and helps scientists discover medical cures. Remember Jesus' statement that "those who are well have no need of a physician, but those who are sick" (Mark 2:17)? It means that those who are sick sometimes need a physician. "Their fruit will be for food, and their leaves for medicine" (Ezekiel 47:12).

It's also important to cooperate with the laws of health and healing. Instead of going back to the things that made you ill, cooperate with God. If you pray for healing from high

(Continued on page 18.)

TELEVISION AND RADIO

Broadcast Schedule



AMAZING FACTS WITH DOUG BATCHELOR

AFTV	Sunday, 10:30 AM; Thursday, 12:00 PM; Friday, 7:00 PM; Saturday, 9:00 AM PT
A&E	Sunday, 6:30 AM ET & PT — Beginning May 2020!
Daystar Network	Wednesday, 6:00 PM ET
Hope Channel	Sunday, 10:00 AM, 7:00 PM; Thursday, 6:00 AM; Friday, 12:30 PM PT
Impact Network	Sunday, 5:00 PM ET
Lifetime Network	Sunday, 8:00 AM (All Time Zones)
Safe TV	Monday, 9:30 AM; Wednesday, 9:00 AM CT
TCT Network	Sunday, 8:00 AM ET
TBN	Thursday, 10:00 PM PT
The Word Network	Sunday, 1:00 PM ET
3ABN	Tuesday, 10:00 PM; Wednesday, 9:00 PM; Thursday, 1:30 PM CT

SABBATH SCHOOL STUDY HOUR

AFTV	Monday, 6:00 AM; Tuesday, 9:00 AM; Thursday, 10:00 AM; Friday, 3:00 PM; Saturday, 7:00 AM PT
Hope Channel	Thursday, 1:00 PM; Friday, 6:00 AM PT
Safe TV	Friday, 9:00 PM; Saturday, 7:00 AM CT
3ABN	Thursday, 7:00 PM; Friday, 5:00 AM; Saturday, 12:00 PM CT



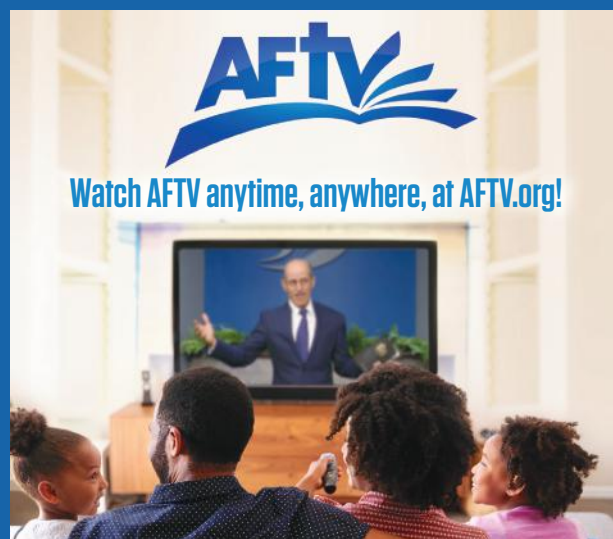
RADIO

BIBLE ANSWERS LIVE

Airs weekly on Sunday at 7:00 PM PT. A live call-in radio program during which you can ask Pastor Doug any Bible question and get a biblical answer in return. Call 1-800-GOD-SAYS during program hours to participate.

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BIBLE ANSWERS

WITH DOUG BATCHELOR



Q Is it necessary to say “in Jesus’ name” at the end of every prayer?

A Jesus said, “Whatever you ask the Father in My name He will give you” (John 16:23). This doesn’t mean, however, that saying His name has some kind of magical power.

Suppose I go to a stranger asking for a favor. He’s not likely to listen to my request, right? But what if I bring him a letter signed by his best friend—someone he values deeply and respects? I say, “Look, I’ve come in the name of Henry, and here’s a letter signed by him. Can you help me with this problem?” Wouldn’t the chances of him helping me increase dramatically?

Jesus explained, “I am the way, the truth, and the life. No one comes to the Father except through Me” (John 14:6). When we come to God, we come in the name of Jesus, saying essentially, “Please, hear my prayer—not because I deserve it. I’ve been alienated from you by sin. But because you love your Son, please honor my request for His sake.” That’s what it means to pray in Jesus’ name.


However, it can also mean to pray with the mind and spirit of Christ and with His same selfless attitude. Because, of course, the Father loves you too; He wants you to go directly to Him. That’s why He sent Jesus—to bridge the gap. “In that day you will ask in My name, and I do not say to you that I shall pray the Father for you; for the Father Himself loves you, because you have loved Me, and have believed that I came forth from God” (John 16:26, 27).

Q Are health laws in the Bible really that important? Isn’t it enough to just love God?

A Imagine that a man who is courting a woman sends her flowers, takes her on dates, communicates with her heart-to-heart, and listens and cares about her needs. He goes out of his way to be attentive because he is in love.

But what would happen if, after they got married, he watched TV all day, every day? What if he never tried to get a job, assisted around the house, took her on dates, nor listened to her heart? What would you think if he explained, “I love my wife; isn’t that enough?” What kind of love is that?

Salvation cannot be earned by obedience, but obedience is exercising your faith in and love for Christ (John 14:15). Furthermore, we should see God’s laws of health not as restrictions that take away our fun, but as guidelines that protect us and lead us into a happier life. Some say that faith makes such laws meaningless, but the Bible says, “Do we then make void the law through faith? Certainly not! On the contrary, we establish the law” (Romans 3:31). My faith in Jesus will lead me to ask, “How can I show love for a Savior who gave His life for me?”

Following health laws out of a legalistic duty will never work. That attitude is based on self, not on others. But a faith that accepts God’s offer of salvation will lead us to care for our bodies, because it is through our minds that we study the Bible and listen to the Holy Spirit speak to our hearts. 

Tune in to ***Bible Answers Live***, Amazing Facts’ live, nationwide call-in radio program, and listen to Pastor Doug give biblical, straightforward answers to difficult Bible questions. To get times and stations in your area or to listen to answers online, visit www.amazingfacts.org.

CHRISTIAN

Kingdoms in Time Magazine

Amazing Facts. You will believe! This full-color sharing magazine provides astonishing evidence that Bible prophecy has been precisely fulfilled throughout the ages. This faith-affirming outreach tool walks through 45 clear, inspiring examples of how the

future was foretold in Scripture and then took place historically.

For those in your life wondering if the Bible can be trusted, this sharing resource is the perfect witnessing tool!

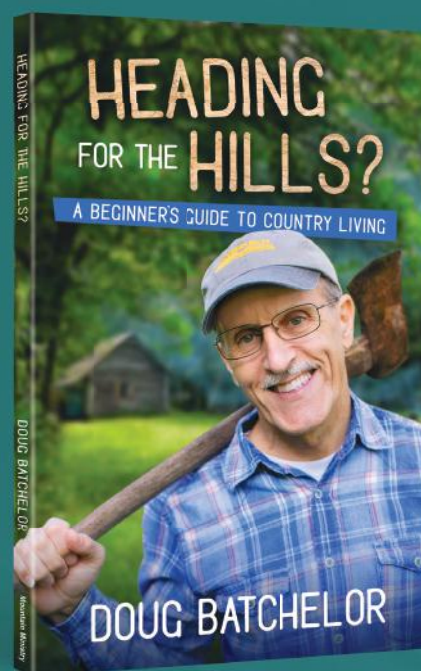
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Heading for the Hills? A Beginner's Guide to Country Living

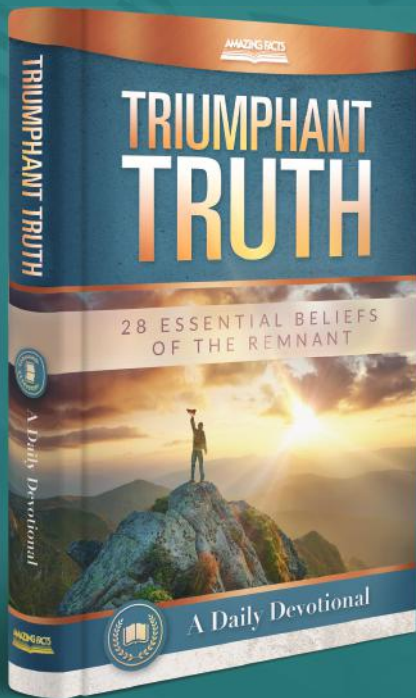
Doug Batchelor. Millions sense that Planet Earth is on the verge of the Apocalypse. As “preppers” store up food and stockpile weapons, how should Christians respond—in light of Bible prophecy and the Great Commission? Has the time come for believers to desert the cities? With a biblical perspective, Pastor Doug addresses the when, how, and why (and why not) to head for the hills; identifies practical things to look for when buying land; and covers what you really need to live semi-independent from civilization, all while maintaining a mission to the lost.

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Amazing Facts

NEWS to NOTE

NEWS to NOTE

NOTE NEWS to NOTE NEWS to NOTE



Amazing Facts Bible School Brings Baptisms



In 2019, our Bible School mailed 243,240 Bible lessons across North America and provided personal responses to thousands of Bible questions. More than 1,400 students were connected with a local church—and more than 2,000 requested baptism!

Troy from Tennessee wrote,

"I appreciate the opportunity to study these lessons. They have given me a clear mind to restart life." Thanks to you, his testimony is multiplied daily in letters from many other seekers like him, who take our free lessons online and by mail. By supporting this important work, you're proving that this outreach still works!

America in Prophecy Magazine in Development

The Bible talks about many empires that are no longer prominent on the world scene: Libya, Tyre, Babylon, and Persia. But does the Bible say anything about America, the greatest power in the world today?



It does. Amazing Facts is now producing *America in Prophecy*, a 32-page sharing magazine revealing the powers that will send shockwaves around the world and place the United States at the center of end-time events. Revelation's mysterious beasts from the earth and the sea will be clearly identified, as will the mark

of the beast. Readers will also learn about the crucial role of religious liberty in final events and how to prepare for what is soon to come upon the earth.

Amazing Facts' publishing director Brandon Tygret says, "With the 2020 elections and much talk about America's role in the world, the Bible-based information in *America in Prophecy* will find many eager readers and reach them for Christ."

Amazing Facts Going to Cuba!

In what can only be called miraculous, thousands of Cubans will have the chance to learn last-day Bible truths personally from Pastor Doug Batchelor and our Amazing



Facts International ministry team when they visit the communist Caribbean island in April.

Current U.S. policy limits the number of flights into Havana, and there's a lot of competition to get in. While it will be a challenge for our team to get to Cuba, we'll be able to share the full three angels'

messages during our visit. Many are eager to hear the everlasting gospel!

We ask *you* to pray for this trip, and we thank you for financially supporting this special outreach. Only eternity will fully reveal the impact of this visit!

Coming Soon: W.O.R.D. Center Phase Two



Phase 2 of the World Outreach, Revival, and Discipleship Center—or W.O.R.D. Center—will formally open this summer at the Amazing Facts International campus in Granite Bay, Calif.

This state-of-the-art multimedia church will welcome hundreds of Sabbath worshippers each week and will also host our flagship programs, *Amazing Facts with Doug Batchelor* and *Sabbath School Study Hour*.

And for the first time in two years, the Amazing Facts Center of Evangelism (AFCE) classes will resume, now on the new campus. Because of your support, students from all parts of the world will participate in this two-month on-site evangelism course. Thank you!



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The power-packed eCangelism USB will empower you to share Christ and the three angels' messages like never before!

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- 55 Amazing Facts sharing books covering essential doctrines
- 24 *Storacles of Prophecy* Bible lessons
- Poster and banner templates for advertising
- Amazing Facts Bible Study Guides, lessons 1–14, audio edition
- Loads of sermon illustrations, devotionals, and Bible answer books
- The fascinating story of Amazing Facts



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PROPHECY SEMINARS

You are invited to meet the members of our dynamic evangelism team at our many seminars and revivals—and please invite a friend!

SPEAKERS



Doug Batchelor



Wyatt Allen



Dakota Day



Lowell Hargreaves



Daniel Hudgens



Martin Kim



Jordan Moore

Doug Batchelor

April 9 – 11

AFCOE to Go Training
La ViBora Church
Havana, Cuba

April 17, 18

Church Auditorium
1100 37th Street NW
Rochester, Minnesota

May 15

Church Auditorium
4201 Wilson Road
Bakersfield, California

May 16

Harvey Auditorium
1241 G Street
Bakersfield, California

Wyatt Allen

April 10 – May 9

Church Auditorium
1564 U.S. Hwy 271 S.
Paris, Texas
For details, call 573-260-5505.

July 31 – August 29

Church Auditorium
5302 Mitchell Avenue
St. Joseph, Missouri

September 11 – October 10

Irvington, Indiana
For details, call 573-260-5505.

Dakota Day

March 27 – April 18

Church Auditorium
2703 W. Beebe Capps Expressway
Searcy, Arkansas

April 24 – May 15

Church Auditorium
4877 AR-392
Harrison, Arkansas

Lowell Hargreaves

March 6 – April 4

Church Auditorium
9696 Paschal Drive
Louisville, Colorado

July 3 – August 4

Church Auditorium
2844 West Ponkan Road
Apopka, Florida

Daniel Hudgens

March 5 – 22

Church Auditorium
2015 Ellis Street
Magnolia, Arkansas

March 27 – 29

AFCOE to Go Training
Church Auditorium
12191 Firestone Boulevard
Norwalk, California

Martin Kim

April 12 – May 2

Council of Churches Malaysia
Jalan University

September 25 – October 24

Church Auditorium
1121 Main Avenue
Morton, Washington

Jordan Moore

March 13 – April 4

Church Auditorium
3744 W US 62
Mountain Home, Arkansas

September 18 – October 10

Church Auditorium
172 23rd Street NW
Hickory, North Carolina
For details, call 828-327-0816.

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are subject to change.

Please confirm at
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For more information or to schedule a seminar, visit our website at prophecyseminars.com, call 916-209-7286, or email cathyq@amazingfacts.org.

AFCOE RETURNS This Summer

Classes Begin June 1, 2020 — Apply Now

With the construction of its new headquarters now complete, the Amazing Facts Center of Evangelism (AFCOE) is thrilled to announce the return of its comprehensive on-site evangelism training course this summer!

If you're looking to become a better soul-winner—whether through personal outreach, as a Bible worker, or even as an international evangelist—AFCOE is designed for you. Carlos Muñoz, AFCOE director, says, "We want to train anyone and everyone who desires to become a soul-winner. When students finish this course, they leave as empowered, confident evangelists."

Classes will be held at the beautiful W.O.R.D. Center in Granite Bay, California, and students will be housed at the nearby Weimar Institute, nestled in the foothills of the Sierra Nevada mountains. At the conclusion of the program, students will travel to Panama for a two-week evangelistic effort during which they will preach their own prophecy series and win souls for Christ!

"AFCOE is about learning while doing," shares Pastor Doug Batchelor. "Students do real work in real communities and with real people, bringing real results for the Master."

Dynamic, Professional Training

At AFCOE, students receive training in a range of Bible evangelism topics, studying with Pastor Doug and other Amazing Facts International teachers, each a proven and compassionate soul-winner. Guest speakers for this course include Ivor Myers, director of Power of the Lamb Ministries, and Scott Ritsema, founder of Belt of Truth Ministries.


Carlos says, "The W.O.R.D. Center's new church facility, classrooms, sanctuary, and equipment will expand our training to new heights and bring even more empowering resources to our students—all for God's glory."

And that's just the tip of the iceberg. Students will also learn to assess the emotional needs of contacts, answer difficult Bible questions, persuasively present the prophecies of Daniel and Revelation, point people to God's work in the heavenly sanctuary, and much more.

"When they graduate, each student will have a clear idea of his or her next step in service," adds Carlos. "There are so many different ways to witness for Christ. As a multifaceted ministry, Amazing Facts is well acquainted with these methods, and we'll help our students discover all the doors God wants to open to them."

New, Leaner Course Teaches More to Reach More

Our new, leaner two-month program is aimed at training young and old from all walks of life. "Whether graduates serve overseas or in their local church," explains Carlos, "they will be mission-minded and focused to not only present God's truth but even train others in their local church to witness for Christ."

Want to learn more about AFCOE training and fees, or are you ready to apply now? Don't wait—the deadline for applications is May 26, 2020. Visit afcoe.org today to see what God has in store for you! 



Weimar Institute is offering 12 college credits to those who complete the course. For more information, go to afcoe.org.

(Continued from page 9.)

blood pressure but are still eating donuts every day, you may be subverting God's desire to heal you.

God's Timing

Another point is *persistence*. Whatever you do, don't give up quickly. Persist in using every reasonable avenue to work on the problem. When the paralytic's friends couldn't reach Jesus because of the large crowd, they didn't give up; they kept on trying until they found a way to get their friend into the presence of Christ. Their persistence paid off.

If you're praying for yourself or others, you may wonder why the answer is slow in coming. That's God's domain. Your job is to keep praying. While you're praying, remember that there is strong medical evidence that people who pray experience a higher percentage of healing than those who don't. In fact, some studies show that people who are prayed for—even if they don't know they're being prayed for—get better results than those who aren't prayed for.

Finally, *accept* God's response to your prayer. Elisha was a great prophet filled with a double portion of Elijah's spirit, yet unlike Elijah, who was translated to heaven, he eventually got sick and died. Paul was an apostle who healed others, yet he had a physical malady. He wrote,

Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness" (2 Corinthians 12:8, 9).

God's purpose in healing you forever might mean that you need to accept less-than-perfect health in this life. Is it possible that God might be using physical affliction as a way of saving you? Could He be using it to get your attention or to minister to others through you as you bear your illness patiently?


Let me be clear that God is never the One who causes suffering (James 1:13), but you can be sure that He will use any trial that comes to reach us or others or both. During any kind of struggle, we might ask, "Well, Lord, what do You want me to learn from this?" or "How is this trial affecting my or other people's salvation?"

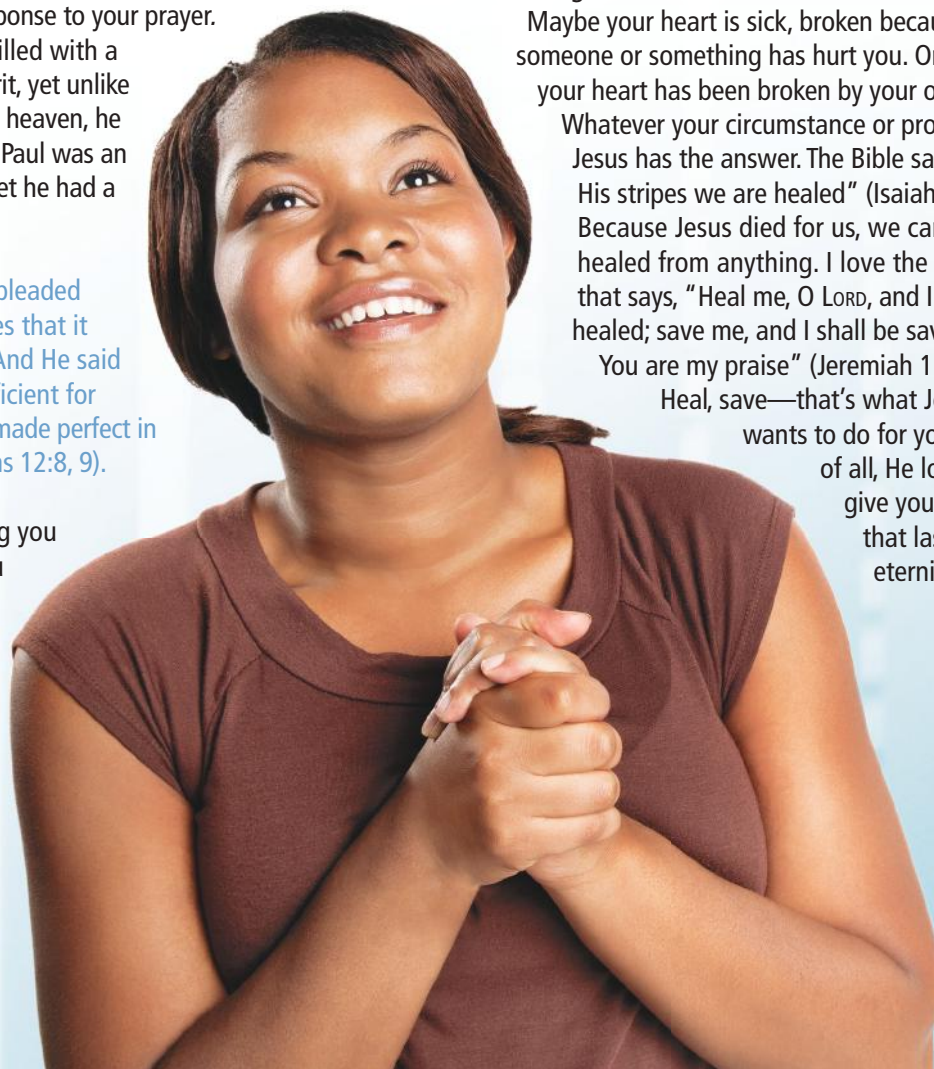
Yes, even dedicated, praying Christians can die prematurely from some terminal disease. But their prayers for healing will be answered in the most profound way during the first resurrection.

Jesus healed all manner of affliction. He healed hands because God wants to heal our works. He healed feet because God wants to heal our walk. Jesus healed eyes because God wants us to see where we're going. Jesus healed tongues because He wants us to speak His words. Jesus healed backs because He wants us to stand for Him. But, most important, Christ said He was sent "to heal the brokenhearted" (Luke 4:18). Jesus heals hearts because He wants to give us new hearts, ones like His.

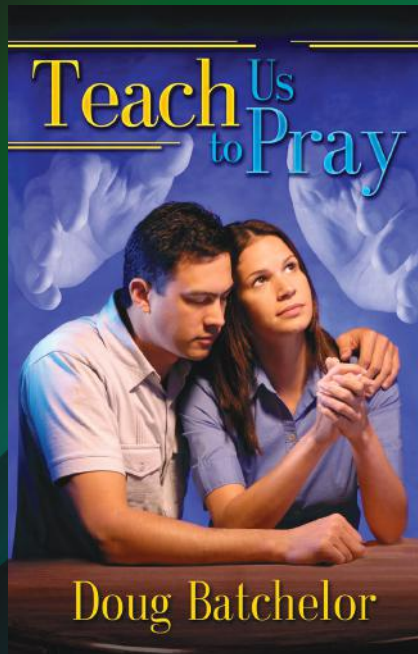
Maybe your heart is sick, broken because someone or something has hurt you. Or maybe your heart has been broken by your own sins.

Whatever your circumstance or problem, Jesus has the answer. The Bible says, "By His stripes we are healed" (Isaiah 53:5). Because Jesus died for us, we can be healed from anything. I love the verse that says, "Heal me, O LORD, and I shall be healed; save me, and I shall be saved, for You are my praise" (Jeremiah 17:14).

Heal, save—that's what Jesus wants to do for you. Most of all, He longs to give you healing that lasts for eternity. 



Need Guidance on Developing a Better Prayer Life?



Teach Us to Pray

Prayer is your most valuable spiritual asset, but do you know what it really means to pray? In Pastor Doug's study on "the breath of the soul," you'll learn powerful insights about communicating with God!

- Look closely at each phrase contained in the Lord's Prayer
- What is the right spirit to have when praying?
- Understand what to avoid while in prayer

BK-TUTP ... \$1.25

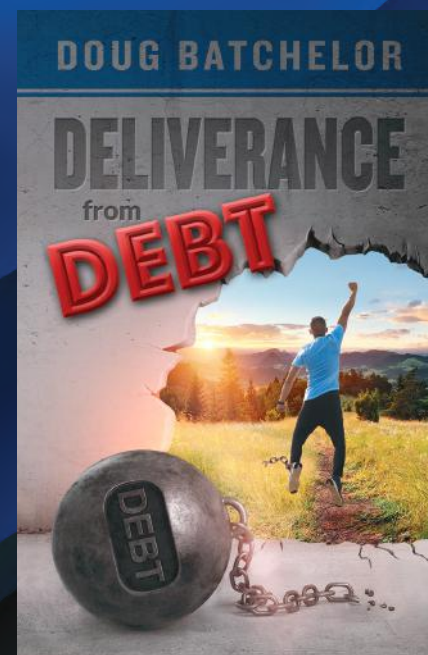
Are You Sick of Being in Debt?

Deliverance from Debt

Many Christians are living far beyond their means and are saddled with debilitating debt. Are you one of them? Pastor Doug provides a biblical perspective on the dangers of debt and practical steps to free yourself from financial bondage.

- Discover why debt can destroy a Christian's witness
- Develop a plan to get out of debt as soon as possible
- Is all debt bad?

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Will Your Legacy Lead Them to Christ?

Many ministry friends have joined the Amazing Facts Legacy Circle, demonstrating their love for souls by remembering our gospel work in their will or trust. You can also make a generous gift for Christ that shows where your heart and treasure truly are. Let us help you build a godly legacy that will have an eternal impact!

Benefits of Making a Charitable Bequest

One benefit of a charitable bequest to Amazing Facts is that it enables you to win souls for Christ for years to come. You can even set up a named fund—in your name or in honor of a loved one—during your lifetime toward an area of the ministry that is dear to your heart and continue to fund it through your will or trust.

Amazing Facts International Estate and Gift Planning

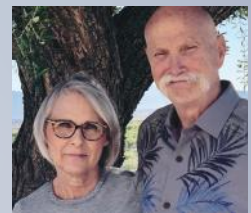
800-436-2695
mylegacy@amazingfacts.org
mylegacy.amazingfacts.org



Impact Hundreds for Years to Come

"We felt passionate about honoring the hopes and wishes of our parents, Wallace and Dolphus Lighthall and Floyd Kempf, and with the opportunity to make a generous gift for the Lord's work, we knew we had to remember Amazing Facts in our estate giving plans."

Bill and Susan Lighthall



Bill and Susan's lifetime gifts helped build the W.O.R.D.

(World Outreach, Revival, and Discipleship) Center and reach more than 316,000

seekers with the everlasting

gospel through Amazing Facts outreach. And through their estate giving plans, they will more than double the impact they have already made—helping hundreds of thousands more know the hope we have in Jesus!

What's Your Legacy?

Let us help you design a legacy for Christ.
Contact us today!

Freed IN PRISON

Pseudonyms have been used to protect the ministry described in this story.

Chaplain Smith was in a pinch.

The inmates he served desperately needed Bible studies, but state law forbids him from distributing his own materials. So he prayed, and we're thrilled to let you know that God used loving people like you to provide an answer—one beyond his wildest dreams!

As one of several chaplains, Smith helps minister to about two thousand inmates. He preaches about God's love and counsels both inmates and staff, calling all to repentance. However, because of the law, he must rely on the generosity of others to supply soul-winning studies.

So when Smith found a donor who pledged an amount every month to provide inmates with Christian literature, he was ecstatic! He quickly called several ministries for studies, but strangely, none responded—except Amazing Facts. We immediately sent him a big supply of Bible lessons, devotionals, and other literature, including *The Afterlife Mystery* sharing magazine.

The chaplain couldn't give them out fast enough! Every month, inmates came to him in droves, desperate for salvation. Each filled out a form to receive baptismal studies, and Smith gave them an Amazing Facts study pack. Each inmate completed the lessons on his own time and submitted them for review. Smith, along with his inmate clerks, corrected the studies and further counseled inmates.

Recently, Smith had the privilege of baptizing one of his clerks who had been a hardened criminal, addicted to

drugs and imprisoned for thirty years. Slowly but surely, God softened his heart, and he began attending chapel, reading the Bible, and praying. Later, he volunteered to help Smith and was quickly offered the clerk position. At nearly sixty years old, he went through the *Amazing Facts Bible Study Guides* and has been born again in Christ. "That's a power greater than myself at work," he shares.


PAYING IT FORWARD

Some prisoners stay at the chaplain's facility for the duration of their sentence, but the majority are transferred to other prisons after a few months. In that short time, Smith does his utmost to equip them to study the Bible. Aside from our lessons, he also hands out Amazing Facts

correspondence cards so that even after they leave the facility, inmates have a direct line to us and can even request four free books per month, delivered directly to their prison cells.

Through your support of Amazing Facts, many inmates, imprisoned by sin but freed by our Savior, now serve the living God. And in 2019, Smith baptized more than 315 souls for the kingdom!

"I praise the Lord that Amazing Facts has opened this door to help all inmates, not only [those in] my facility," says Chaplain Smith. "I just hope that more people will come to know the truth while I still have this opportunity."

You can help this chaplain and others like him continue to spread the Word of God through Amazing Facts. Did you know your gift today will provide our *Bible Study Guides* to those who might never otherwise learn the truths of the Bible? Thank you for your faithful support! 



Overcoming Osteoporosis

by Laurie Lyon

Can you imagine being afraid to cough or sneeze because it might break a bone in your body? It may sound far-fetched, but this is a reality for many people with severe osteoporosis.

While this represents the most extreme cases of this bone-thinning disease, most of us have good reason to be concerned. Indeed, the majority of Americans age 50 or older are affected by either low bone mass or full-blown osteoporosis.

Typically, our bone strength increases up to age 30, with density declining by 40. In general, the stronger your bones when you're young, the less chance you'll have of developing osteoporosis later in life.

Because women tend to have less bone density than men, they're at greater risk and make up about 80 percent of the more than 200 million people worldwide with the condition. By some estimates, about one out of every two women will break a bone due to osteoporosis at some point during her lifetime. But men need to be on guard as well; about half of men over 50 have osteopenia—a significant lessening of bone density and precursor to osteoporosis.

Despite these startling statistics, there's good news. Although some factors contributing to the loss of bone density are beyond our control—certain medical conditions and heredity, for example—many risk factors can be minimized by simple lifestyle changes.



Here are five things you can do to help ensure your bones stay strong as long as possible:

1. **Avoid tobacco smoke**, including second-hand smoke. One study showed that a woman who lives with a heavy smoker can have over five times the risk for osteoporosis.¹
2. **Stay away from alcohol and caffeine**. Along with other negative impacts, alcohol can interfere with vitamin D production and calcium balance in the body, leading to a calcium shortage in the bones.² Caffeine also robs the body of calcium.³
3. **Include calcium and supporting nutrients**—such as vitamin D—in your diet. You don't need dairy products to accomplish this.⁴ Dark, leafy greens; beans and other legumes; and many seeds and nuts are excellent sources of calcium for those eating a plant-based diet.
4. **Exercise!** Regular weight-bearing exercises can slow bone loss. Even if a person already has osteoporosis, a doctor can steer them to the right exercises to help maintain bone density. Bulking up on muscle helps reinforce bones that have weakened. Plus, more strength translates to fewer falls and less chance of a fracture.
5. **Minimize stress**. Studies have linked osteoporosis with stress⁵—but that should come as no surprise to Bible students who have read, "A merry heart does good, like medicine, but a broken spirit dries the bones" (Proverbs 17:22).

When it comes to osteoporosis, taking action today can mean stronger bones tomorrow! And remember that regardless of the condition of our physical framework, God promises us great spiritual strength and hope: "The everlasting God, the LORD, the Creator of the ends of the earth, neither faints nor is weary. ... He gives power to the weak, and to those who have no might He increases strength" (Isaiah 40:28, 29).

¹ <https://www.medwirenews.com/bone-health/orthopaedics/secondhand-smoke-increases-osteoporosis-risk-in-postmenopausal-women/107310>

² <https://www.bones.nih.gov/health-info/bone/osteoporosis/conditions-behaviors/alcoholism#b>

³ <https://www.ornish.com/zine/effect-ornish-diet-osteoporosis/>

⁴ <https://www.mayoclinic.org/boost-your-calcium-levels-without-dairy-yes-you-can/art-20390085>

⁵ <https://www.ncbi.nlm.nih.gov/pubmed/16137956>



Special Recognition

Larry Dickerson by Yvonne Dickerson, his aunt
Julie Dorris by Stephen and Mei Walls
J. W. Dunning by Roy and Celia Dunning
Myron Durham by Anita Lowe, his sister
Warren and Edith Durham by Anita Lowe, their daughter; by Shelly Lowe, their granddaughter

John Ellis by Daniel Greeley; by Robert Salamy
Ruth Elmer by Bud Elmer's sisters and children; by Rebecca Kruger, her stepdaughter
Ed Ensminger by Bonnie Ensminger, his wife; by Don Park

Buddy Fisher by James and Judy Culpepper
Donald Fleeth by Joyce Constantine
Fred and Eva Flemmer by Olga, their daughter
Jewel and Ruth Foutch by Gayle Tyroff, their daughter

John Gepford by Marilyn Gepford, his wife
Ona Lee Glidden by Arnold Glidden, her husband

Virginia Harless by Geraldine Hollis; by Charles and Edna Myers
Joseph and Thelma Herzberg by Debra Fechik, their daughter
Ivas Holmes by Leonard and Karen Atkins
David Hood Sr. by Randi and Pam Suckut

Michael Ikeda by Jutta Ikeda-Mackay, his mother

Lillian Johnson by the Amazing Facts staff
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Clark Nory by Bonnie Ensminger

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Eugene Stienbarger by Rebecca and Engel Yoder

Esther Wegener by Werner Wegner, her husband
Arlene Wiggins by Al Wiggins, her husband

Ray and Ethel Zeiner by Don and Joyce Fortner
Marcene Zurmuhlen by Phil Zurmuhlen, her husband

Happy Birthday
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Julie Dorris by Stephen and Mei Walls
David and Ethel Meyer by Cindy Read, their daughter

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Dallas and Leena Allgood by AJ Clithero, their daughter

Jeffrey Barbieri by Diane Barbieri
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Celia Black by Freida Harrell

Jay Chandler by Jim and Judy Culpepper
William Clark by Fred and Dorothy Galbraith
Joe Crews by Don Park

Julie Darris by Michele Mingus; by Daryl Steen
Everett Dickerson by Yvonne Dickerson, his wife

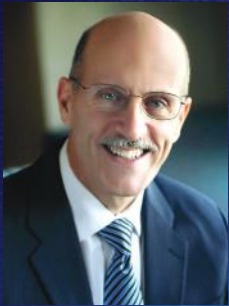
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—Pastor Doug Batchelor

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- **Active defenders** of the faith, equipped with exclusive access to Amazing Facts magazines, books, and more that help them share their faith

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