

ZEALOUS

BE
ZEALOUS!

PLUS, "THE RICHEST CAVEMAN"
IN THE LION'S DEN

»»» PAGE 22

30 YEARS OF INSIDE REPORT

BY ANTHONY LESTER
MANAGING EDITOR


When I first arrived at Amazing Facts a little more than 10 years ago, I had the pleasure of looking back at the ministry through the “eyes” of the *Inside Report*. Paging through that pile of issues, I realized that God had entrusted an important task to me. By the time I was hired as the managing editor, the periodical had become a flagship of ministry progress and a unique vehicle for evangelism; my job was to ensure that legacy would always be honored no matter how the magazine evolved.

And evolve it has. At first, the ministry’s monthly magazine was called the *Newsbeam*—it didn’t become the *Inside Report* until 1981. Along the way, circumstances like budget and content have shaped and reshaped it over and over again. During one brief stint, we actually cut its size in half while doubling its pages—and then went back again soon after. I think the magazine’s many changes have often mirrored the growth and transformation this ministry has experienced over the past 30 years.

Yet even with all the changes that have come and gone, some things have remained the same. Each quarter, you still get to read Pastor Doug’s insightful articles, peruse Bible answers, learn about the latest ministry happenings, and be inspired by incredible testimonies that are a direct result of your faithful giving. It’s been a privilege and pleasure for me to be part of the team that brings all these aspects to you on a regular basis.

I’m sure that in the coming years, the *Inside Report* will change again; it probably should. In fact, on that note, I want to let you know that we also offer a new digital edition with a beautiful landscape presentation. If you like the magazine but would rather get it electronically, just sign up at amazingfacts.org. You’ll help us save on postage and paper—and direct even more of your funds into pure evangelism.

Finally, I want to thank you for being a regular contributor to Amazing Facts. You not only make the *Inside Report* possible, you make every testimony and news story in here possible. This really is your magazine, a continuing report of your gracious faithfulness. And if you’re seeing the *Inside Report* for the first time and would like to receive it on a regular basis, just make a donation at donate.amazingfacts.org and you’ll automatically be added to our list.

Keep the faith! 

Let me know what you think of the magazine
by writing me at editor@amazingfacts.org.



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PRESIDENT
DOUG BATCHELOR

MANAGING EDITOR
ANTHONY LESTER
editor@amazingfacts.org

ART DESIGN/LAYOUT
HALEY TRIMMER

COPYEDITORS
ARLENE CLARK
LU ANN CREWS
LAURIE LYON

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Amazing Facts, a nonprofit ministry, shares the saving truths of Jesus Christ around the world through literature, radio, television, the Internet, public evangelism, outreach training, and more. For operation, we depend on the gifts and prayers of caring Christians who believe in our mission.

UNITED STATES

P.O. Box 1058
Roseville, CA 95678-8058
Phone: 916-434-3880
Fax: 916-434-3889

CANADA

Box 344, 125A-1030 Denman St.
Vancouver, BC V6G 2M6
Phone: 250-402-6070

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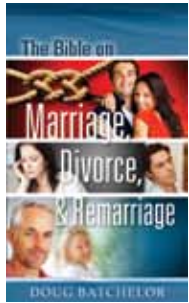
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The Bible on Marriage, Divorce & Remarriage



"I just read the *Inside Report* excerpt from Pastor Doug's new book on marriage. ... The article hit home about marriage being a most sacred institution [and] life commitment.

... I will be praying for the Holy Spirit to touch whoever may be going through a separation or divorce, to read Doug's book before it's too late, and to remember that a marriage takes three!" *Sharon, Email*

Thank you too, Melissa!

"I just wanted to thank everyone who works with Amazing Facts for their time and dedication to spreading God's Word. I love watching *Amazing Facts Presents* and browsing through the Bible resources online. It is so awesome to have a place to gather resources both to renew my faith and share it. ... I also pray that God will reveal some of you to me in heaven so that I can thank you face to face for allowing Him to use you." *Melissa, Ohio*



Greetings From a Truck Driver

"Thanks for all you guys do at Amazing Facts. My wife and I are members of the Church of God in Christ and have become students of your ministry. We decided to donate \$100 because we want to support the work of God!" *Brandon, Email*

Amazing Facts Seen in Uganda

"Thanks so much for your videos. I have downloaded them and show them to my friends using my computer. They make my lessons easier to understand. May the good Lord bless you abundantly." *Samuel, Uganda*

Amazing Facts Publishing

"I wish to thank you for a kindness you visited on me. I called Amazing Facts on Tuesday asking about your book *Will My Pet Go to Heaven?* My daughter's pet dog of 10 years had to be put to sleep because of radical cancer in her hip. I remembered seeing the book offered and called your order department. I wish I could remember the name of the very nice, sympathetic young lady. I had only \$13 in my checking account and wondered how much more it would take to get the book mailed/rec'd by today. ... It was more than I had. I said to just go ahead and send it regular mail. When I hung up, she said, 'I hope you get it real soon.' I received it today (the day I needed it!!!) So like God! Thank you for allowing God to work through you at Amazing Facts. Thank you! Thank you! Thank you! God bless you!" *Marilyn, Ohio*



The *Inside Report* welcomes all correspondence regarding Amazing Facts. Letters and other materials might be used—in whole or in part and edited for content and clarity—in future ministry publications. **If Amazing Facts has helped change your life for Christ, please write us at testimonies@amazingfacts.org!**

Have You Remembered?

Honoring the Lord With Your Will

"The Lord would have His followers dispense their means while they can do it themselves."

—E.G. White

A noble, faithful duty is to legally and spiritually safeguard your estate for family and the eternal kingdom by creating a will that honors the Lord.

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*"Be ... fervent in spirit."
—Romans 12:10, 11*

An Amazing Fact:

Booker T. Washington, author of Up From Slavery, once travelled 1,000 miles one way by train to Atlanta to speak to a predominately white audience for only five minutes. He even paid his own fare. Why? Because he felt so passionately about breaking down racial barriers following the Civil War.

Be zealous for God.

The early church of Acts 2:42 certainly was. Their holy zeal resulted in adding to their numbers daily. From their fervent preaching and heartfelt service, the early church exploded with new believers.

Have you ever longed for that same experience? Have you ever desired to have the love for outreach and the zeal they had at Pentecost? Well, the Lord desires it for you too!

Zeal is defined as the "enthusiastic devotion to a cause, an ideal or a goal; and tireless diligence in its furtherance." In Galatians 4:18, Paul says it is always good to be zealous for a good thing, and Jesus said nothing is more good than God (Mark 10:18).

But Paul also says it's possible to have misguided enthusiasm. "For I bear them witness that they have a zeal for God, but not according to knowledge" (Romans 10:2 NKJV).

He speaks from experience. Paul was the one zealously murdering Christians in the name of God! And there's no denying the zeal of the Islamic fundamentalist who is willing to strap his body with explosives and blow up innocent people. He is certainly zealous ... but for a terrible thing. God wants us to be zealous about a good thing.


What Happened to the Enthusiasm?

The word "enthusiasm" comes from a composite of two Greek words, *en* and *theos*. That means "in God." Enthusiasm really means "God in you." Originally, they said a person who was enthusiastic was "full of God." Christians should be the most enthusiastic people in the world, but it doesn't seem we are 2,000 years after Christ gave us the Great Commission.

BE ZEALOUS!

**BY PASTOR
DOUG BATCHELOR**

An old book called *Evangelism* featured the results of a survey regarding a mainline church's membership list. They discovered the following about the people on this list ...

- 
- 10 percent couldn't be found
 - 20 percent never prayed
 - 25 percent never read the Bible
 - 30 percent never attended services
 - 40 percent never donated to the church
 - 50 percent never went to Sunday School
 - 80 percent never attended prayer meeting
 - 90 percent never had family worship
 - 95 percent never won a soul to Christ

... yet somehow, 100 percent planned on going to heaven.

It's not much different now. If anything, it might be worse. Generally speaking, Christian churches today are dangerously apathetic about their faith, and they are certainly a far cry from the zealous early church of Pentecost.

Everyone Is Zealous About Something

All people have an innate desire to be passionate. I'm not talking about romantic passion, but rather a passion for life and a desire for purpose. Even if we can't have it in our own life, we find it elsewhere. This is why reality TV is so popular. If someone doesn't have an exciting life, he or she can live vicariously through someone who does. Hollywood takes their cameras into exciting situations so that by watching, we can forget the drabness of our own lives. The passion we should have for the kingdom of God becomes replaced by passion for earthly things.

People also get excited about sports. They'll shout until they're hoarse. They'll go watch a game in a blizzard. Other people will stand in line for hours, sometimes all day, for tickets to a movie or a concert. These fans are excited and passionate, or they would never spend their time and money this way.

My message is that Christians should be much more passionate about the kingdom of God!

The great prophets of God were zealous for Him. Elijah said, "I have been very zealous for the LORD God of hosts" (1 Kings 19:10 NKJV). King Jehu said, "Come with me, and see my zeal for the LORD" (2 Kings 10:16 NKJV).

Are you zealous for God ... or something else?

Charles Schwab once said, "You can succeed in almost anything for which you have unlimited enthusiasm." Ralph Waldo Emerson added, "Nothing great was ever achieved without enthusiasm."

God wants enthusiastic workers. "Whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward" (Colossians 3:23, 24 NKJV).

So much of what we do for God is half-hearted, but He wants all of our hearts. "Love the LORD your God with all your heart, [and] with all your soul" (Deuteronomy 6:5 NKJV; see also 1 Samuel 12:24). Indeed, when we consider all the great things God has done for us, how can we not be zealous for Him?

All of Your Heart

"You will seek Me and find Me, when you search for Me with all your heart" (Jeremiah 29:13 NKJV).

What does God want from you? Not much, just *all your heart*. He wants only what's best for you, and He knows you'll



never be completely happy until you give Him all of your heart. If you only give Him part of your heart, you'll never be completely satisfied.

"Trust in the LORD with all your heart" (Proverbs 3:5 NKJV). Christianity is a whole-hearted religion. God wants us to be zealous about what we believe and to have a worthy purpose for living.

Being zealous also has a direct bearing on our witnessing success. You can't kindle a fire in somebody else's heart until you have one in your own. The church in North America is, for the most part, stagnant. We truly are the lukewarm Laodicean church, but if we were more excited, I believe we'd start growing. And the North American churches that are growing are the ones full of carbonated Christians. Having the truth is not enough; we need to be effervescent about it!

It reminds me of Elihu, in the book of Job, who felt he would explode if he did not share what was on his heart. "For I am full of words; The spirit within me compels me. Indeed my belly is like wine that has no vent; It is ready to burst like new wineskins. I will speak, that I may find relief; I must open my lips and answer" (Job 32:18–20 NKJV).

I once heard about an insurance salesman who was making his rounds at a high-rise office building. He looked out one of the windows on the 20th floor and saw some window washers. He wrote a note on some paper and held it up to the glass. It said, "Do you guys have life insurance?" They both looked at each other and shook their heads, "No." Then he wrote another note, saying, "You guys really ought to have life insurance working out there." They smiled and jokingly waved at him to join them out on their washing platform so they could talk about it. To their surprise, the salesman made his way to the roof and lowered himself with some cables down to the scaffold. They were so impressed by his zeal, one of them bought \$50,000 worth of life insurance.

That's how a Christian ought to be about sharing their faith. The salesman had zeal for earthly life insurance; how much more fervent should we be about taking risks to deliver eternal life insurance?

Ultimately, the people in our lives will value what we value. Zeal is contagious. If we are apathetic about our

"Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it."

—1 Corinthians 9:24



relationship with Jesus, then people will be apathetic about our Jesus. If we are enthusiastic, people will want what we have. There is nothing more important than Jesus.

Zealous Prayers

We might need to start with our prayers. "The effective, fervent prayer of a righteous man avails much" (James 5:16 NKJV). The Bible often talks about these fervent prayers.

Fervor means ardent, warmhearted enthusiasm with intensity of emotion. So often when we talk to God, it sounds like we're reciting a recipe for cabbage soup or something that we've narrated to Him many times before. It's all from memory, and there's no fresh passion.

You can quickly tell how two people feel about each other by the way they talk. You often know when two people are in love by the tender way they talk to one another.

In an office setting, you can tell if somebody is on a business call or a personal call by the sound of his or her voice. There's a different tone when speaking to a spouse than when speaking to a client; still friendly, yes, but very different.

When we talk to God, there ought to be fondness there. When Hannah prayed, she spoke with so much heart that

Eli the priest thought she was drunk. I'm not advocating that we look intoxicated, but who can deny she was praying with passion? She rocked back and forth, her lips moving constantly, praying with all her heart. Many Jews emulate this fervency at the Wailing Wall in Jerusalem because they believe it's irreverent to look like you're indifferent when you're praying at the holiest place in the world. They rock back and forth, even if only mechanically, to at least *look* awake. And when Jesus prayed in the garden of Gethsemane, He prayed with such earnestness that He perspired blood.

No Easy Formula

Now, nobody can order you to be enthusiastic or command you to be zealous. If someone tells you to be sad, that won't make you sad. You can fake it, but you won't really be sad just because you were told to be so. But what if your doctor says you have cancer? That could make you sad.

Nobody can order you to be happy either. There was a song from the 80s called "Don't Worry, Be Happy." Do you think anyone ever got happy from that song? Maybe they did. But if your doctor says you have cancer, could he then say, "Don't worry, be happy," and you'd be happy? Probably not! But what if he said, "Don't worry, we have a simple cure." That could definitely make you happy.

You can't be commanded to feel something. "Be happy" doesn't work as a commandment. But if someone hands you a \$10,000 check and says, "Be happy," you have a good reason. The words were even unnecessary! You'd probably be happy without being told to be so.

This is an important principle. The biggest corporations in the world realize that if their workers are not enthusiastic about their product, they'll do poorly. So these companies bring in expensive motivational speakers to get their staff enthusiastic about their goals and products. Taco Bell wants their employees to feel good about burritos or tacos or whatever because it's bad for morale and profits if you're not excited about what you're doing or don't know why you're doing it.

Football coaches are usually really good at this. They'll often give a half-time pep talk to their teams when they're losing. The best coaches might not know all of the strategies and tactics required to win, but they do know how to motivate their players to come out of that locker room with a zeal to be victorious, to play the second half with great passion and win the game.

Some of the most successful Christians are the ones who know how to get a pep talk from the Word of God. They let the Holy Spirit inspire

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The Power of Evangelism

by Curtis Rittenour

Amazing Facts' Bible prophecy seminars are spiritually transforming experiences for your community and church membership! We sat down with a few of our dynamic evangelists to uncover some insights about their special brand of local church evangelism.



Jason Morgan

Q Why is local church evangelism still a potent outreach tool?

Public evangelism is like a pressure cooker. It blocks every distraction that keeps people from hearing and choosing God's truth. Casual reading and friendship evangelism help open doors but rarely bring people to a point of decision. Amazing Facts evangelism is unique. We seek to emphasize biblical facts and prophecy that are extraordinarily relevant for everyone today.

Q Can you provide an example that represents the effectiveness of Amazing Facts seminars?

In November, we finished a series in Rio Rancho, New Mexico, with 25 baptisms. One couple especially comes to mind. Scott was an alcoholic to the point of internal bleeding. After the opening night message, he was convicted to put away alcohol

and by God's strength has not gone back to drinking since. It was a miracle for him. We met Scott and Gina, his live-in girlfriend, that first night. They have three kids together but never married; they felt God calling them to take that step. We prepared a special wedding for them the night before their baptism.



Tim Jones

Q Why do people respond to Amazing Facts' prophecy seminars?

Our seminars are effective because everything we teach is from the Word of God. People seeking truth resonate with our message because it offers hope, God's love, and truth. Amazing Facts is geared for evangelism. We provide all the resources needed to present the message, lead a seeker to salvation and nurture him along the path. In almost every place we go, people say, "We've never heard the message so clearly presented."

Q How are seminars good for the local church?

Evangelism extends the life of a church. Only through outreach do we carry the message of salvation to our communities. The local church is also revived through the work of reaching those needing to hear the gospel.

Q Can you give us a recent example of a successful outreach?

At a series in Newfoundland, a middle-aged lady raised in another church recognized that she was not being taught Bible truth. She faithfully attended church on a regular basis, but in her heart she longed for a relationship with God that she did not have. She prayed to the Lord for direction.

One night she fell asleep on a recliner in her living room and had a dream. In the dream the Lord told her, "Honor your God and keep His commandments." She was also instructed, "Write this down." She awoke and wrote the words down. A few days later she received a handbill in the mail and was impressed to attend our seminar. She came with her adult daughter and listened to the messages. For the first time in her life she knew she was hearing the truth. She remembered her dream and knew it was the answer she had been seeking. Her life was completely transformed. Both she and her daughter were baptized.

Some names in this article have been changed to protect privacy.



Tyler Long

Q What is the key to Amazing Facts local church evangelism?


Effective public evangelism must be combined with personal evangelism. That's why every church that conducts one of our seminars receives a weekend of practical training in friendship evangelism and Christ's methods for reaching people. In 2011, my wife and I witnessed more than 100 individuals join the church through the Spirit's leading in our seminars. If you were to ask one of those individuals if their baptism was money well spent, how do you suppose they would answer?

Q What are some unique benefits of an Amazing Facts Bible series?

When you book our seminar, your church receives the support of an entire media ministry! We work with the local church to create the best marketing strategy for their community. The local church can tap into our AFCOE program and hire a graduate as a Bible worker. Our greatest goal is to help a church grow by becoming more outreach minded.

Q Can you give us a memorable testimony from this past year?

Aaron and Jill were invited by one of their neighbors to attend our seminar in Claremore, Oklahoma. They also received a brochure in the mail. After attending several nights, they knew God was calling them to take a stand and recommit their lives to Jesus. AFCOE graduate Carla Clare and I visited them the day after they marked their decision card for baptism. They were struggling with smoking. God had already delivered them from methamphetamines and alcohol, so they knew that through Him they would be victorious. They were also living together and wanted to set the right example for their six kids. So on the day they were baptized, the church threw them an amazing wedding. With tears in her eyes, Jill commented, "I had no idea there were Christians who were this kind."

It's time for your church to experience the wonder-working power of God's Spirit through an Amazing Facts Bible prophecy seminar! To schedule an event for your church, call us at 916-209-7220. 



Witnessing CORNER

Amazing Advertising

■ by Emily Simmons

Mitch Gulka has made it a point in his life to be a witness. After retiring from selling RVs full-time, he worked as a colporteur for 17 years. “My real purpose was just to have contact with people,” he explains. “If you don’t have contact with people, you can’t witness!”

When his church in Yucaipa, California, was planning an evangelistic series, Mitch took part in a brainstorming session on how to get the word out. “Advertising can be so expensive,” he explains, so he proposed attaching a billboard to his RV and parking the motorhome in a high-traffic area. Though it didn’t end up happening for this event, the idea stuck.

Five years later, when it was time to retire, Mitch and his wife decided to make it a priority to spend more time with their four children, who live in different places across the Southwest. So in the spring of 2011, they bought a new 40-foot RV, big enough to live in comfortably, and they now spend a month at a time at each of their kids’ homes.

But that’s not all. Since Mitch’s goal is to spread the gospel, he had artwork created that he could display on the side of his RV, advertising Amazing Facts. “Jesus is coming soon! It’s important that we get the message out.”

Mitch’s RV refers people to bibleuniverse.com. Why Amazing Facts? “I like what they do,” he says. “I like their

ministry, their lessons. Their materials are very appealing, and they hit home with topics that are very important. Plus, just about anything a person wants, they can find on the Amazing Facts website.”

Amazing Facts is a tantalizing name too, Mitch says. People want to know about it. “We park in a mobile home community,” he explains. “People see the signs and come to ask us about it.” Mitch also hands out his business card with the Amazing Facts website listed on it. Amazing Facts helps to supply him with literature, CDs, and DVDs—he says the best opener is the *Amazing Health Facts!* magazine—to pass out to anyone who is interested.

And Mitch finds interested people everywhere he goes—the manager of the mobile home park, for example, and a teller at a bank in North Dakota. Once people ask for more information, Mitch passes their names on to Amazing Facts. Although he doesn’t keep in touch with the many people he meets, it’s still valuable work. “We might never know what happens until we get to the kingdom,” he says.

Mitch hopes his idea will catch on with others who will also use their RVs as mobile billboards for the gospel. He has been in contact with Amazing Facts on how to get others interested in following suit. “I hope to do whatever Amazing Facts feels I can do,” he says. “When we are on vacation, why not do something? Now it’s mission work, not just a vacation.”

“If you don’t have
contact with people,
you can’t witness!”



AMAZING FACTS BIBLE SCHOOL



Our Bible School is an amazing evangelism dynamo—and one of our most important outreaches. We combine easy-to-read Study Guides by mail or online; amazing Bible truths that stir the soul; and a warm personal connection with students to bring them to the foot of the cross.

And 2011 was a wonderful year! By the end of November, 4,673 people had graduated from our complete course, including 397 from foreign countries. Hundreds of these dear souls requested baptism, asked about nearby churches, or requested visits from local churches. We helped thousands more grow by sending them even more study material. In the past year, nearly 49,000 new students enrolled.

Here's what our students are saying ...

RICK FROM RED BLUFF, CALIFORNIA

"These lessons have taught me more in the last year than going to church did in the past 40 years. Not only do they quote the Bible, they clarify what the verses mean. I have been so blessed by the Holy Spirit, these free online Bible courses, and your website. I will always honor the Sabbath. The lessons were very important but very easy to understand. It gave me back my life!"

MATILDA FROM MISSISSIPPI

"I felt I learned more about the Bible so I can explain it to others more clearly. The course was a great journey for me. I was excited with each study and felt a fullness within my spirit."



A SOUL FROM CHINA

"Through studying this course, I realized that I haven't repented deeply enough to the Lord. One night after watching a presentation for this course, I cried for hours because I knew how much my worldly lifestyle hurt the Lord. Since then, by God's grace, I've been keeping the Sabbath holy. Praise the Lord that He changed my life, giving me peace and joy. I've experienced a closer and deeper relationship with Him since I studied the course. It is indeed amazing!"


CLARENCE FROM NEW YORK

"I have found out who Jesus really is. I have changed my way of thinking and began to see Him in a different way. This Study Guide has really changed my life. Pray my strength in the Lord will continue to grow stronger."

You Can Plant a Seed Too!

Did you know our Bible lessons are an incredibly effective and simple way to share God's Word? In fact, just sharing one can lead a searching soul to our Bible School. Case in point: Robert from Huntsville, Alabama, writes, "I am a department manager. ... I was, what we call, 'zoning' the department when I found these two guides in a mop pail. I read them and enjoyed them. Please, would you send me Amazing Facts Study Guides one

through ten for my reading?"

Visit www.afbookstore.com to order individual or sets of Study Guides for yourself, for sharing with a seeker, or for your church's outreach efforts. 

BIBLE Answers

with Pastor Doug Batchelor



Tune in to *Bible Answers Live*, Amazing Facts' live, nationwide call-in radio program, and listen to Pastor Doug give biblical, straightforward answers to difficult Bible questions. To get times and stations in your area, or to listen to answers online, visit www.amazingfacts.org. You can also request a free program guide by phone or mail.

If a person accepts Jesus, do they need to attend church to be saved?

First, it's important to note that there will be many people in heaven who were not affiliated with any particular church or denomination—or for some reason could not attend church regularly. But one of the foremost principles of Christianity is that we are saved into the body of Christ, which is another name for the church (Ephesians 1:22, 23). In Acts 2, the Bible says, “The Lord added to the church daily such as should be saved.” When you are baptized, you become part of Christ’s body and enter into the church (1 Corinthians 12:20).


Perhaps we should also ask this question in another way: Why would a person say he or she loves God but doesn’t wish to fellowship with His people? One of the reasons God wants us in church is because it has people with similar beliefs. It helps bolster our faith and makes us accountable to one another. Even in churches where there are some difficult people, it is the best environment to increase our capacity to learn to love one another.

A person saying, “I believe in God and want to be baptized, but I don’t want to go to church,” sounds to me like a man saying to his bride, “I love you; I want to marry you—but I don’t want to live with you.” It’s saying you want the benefits of marriage but not the relationship that goes with it. Part of the Christian experience is having a relationship with a fellowship of believers.

When someone lives as a hermit from society, he or she tends to become eccentric. Isolating oneself from others begins to affect the mind; the brain atrophies. You become socially inept. (Take it from a recovering hermit.) In the same way, it’s important for Christians to be social with fellow believers in corporate worship and gatherings to avoid becoming spiritually eccentric and inept. Church is part of God’s gift, so Christians should do their very best to find a biblical church in which they can grow into mature members of God’s family. See also 1 Corinthians 12:12–14.

In John 13:35 Jesus says, “By this shall all men know that ye are my disciples, if ye have love one to another.” He knew that the love and unity of the church could be a powerful part of our witness to the world in the last days. Conversely, the devil surely realizes that the world would disbelieve by our division. He has been working toward that goal since the beginning.

Think of the devil as a wolf stalking a lamb. He knows that as long as the lamb is with the flock or close to the shepherd, the lamb is safe. But if the wolf can chase and scatter the flock from the shepherd and from one another, he can easily bring down a lamb that has strayed. The devil wants to separate from the flock the lambs (baby Christians who are more vulnerable) so he can destroy them.

As it says in Hebrews 10:25, we need to be firmly committed to corporate worship and assembly—especially “so much the more, as ye see the day approaching.” Do you see the day of the Lord approaching? 

Want Bible answers in your inbox? Inspiring articles? Latest ministry news? Testimonies showing how your support is making a difference? Or how about exclusive deals on our best products? Then sign up for our email specials and the *Inside Report* e-newsletter at subscribe.amazingfacts.org!

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TV



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RADIO

WEB

AMAZING FACTS PRESENTS

A weekly 30-minute program with Pastor Doug that explores the Bible in-depth, offering practical guidance and information for Christian living, prophecy, and more!

JANUARY 29

THE PURPOSE OF PENTECOST

When Jesus ascended into heaven, He promised He would soon send the disciples a miraculous outpouring of the Holy Spirit. Learn why this event was so important and what it means for you today!

FEBRUARY 5

THE INVISIBLE WORLD

The Bible speaks of a world not made of flesh and blood—but what does it really mean? Pastor Doug pulls back the curtain of this unseen world and shows how God's people are supposed to relate to it.

FEBRUARY 12

THE DANGERS OF A DILUTED GOSPEL

Pastor Doug investigates a very real threat facing the church in the last days: Satan's plan to neutralize the transforming power of the gospel. Learn how you can avoid this danger in your walk of faith.

FEBRUARY 19

THE RETURN OF A COSMIC KING

The hope for all humanity is about to return! Are you prepared to meet Him? Discover what Bible prophecy really says about the second coming of Jesus Christ.

FEBRUARY 26

WHY IS THERE SUFFERING?

Pastor Doug tackles one of the most difficult problems facing seekers in a world made by a loving God—the origin of evil. You'll experience deeper faith and understanding and learn to stay strong!

MARCH 4

SALVATION

What does it mean to be saved? Pastor Doug takes a fascinating walk through the Bible to uncover the depths of this uniquely Christian doctrine and how you can experience it today.

MARCH 11

INSIDE THE LOST ARK

Go on an incredible adventure into ancient Bible history and the mysteries of the ark of the covenant. A fascinating exploration of how the deep past meets our present-day spiritual life!

MARCH 18 & 25

THE SABBATH, PARTS 1 & 2

What is the Sabbath? And is it still an important day for Christians? This is the perfect program to get a refresher on the Sabbath and to share with your friends and neighbors.

BIBLE ANSWERS LIVE — Aired weekly on Sunday at 7:00 P.M. Pacific.

A live call-in radio program where you can ask Pastor Doug any Bible question and get a biblical answer in return. Call 1-800-GOD-SAYS during program hours to participate.



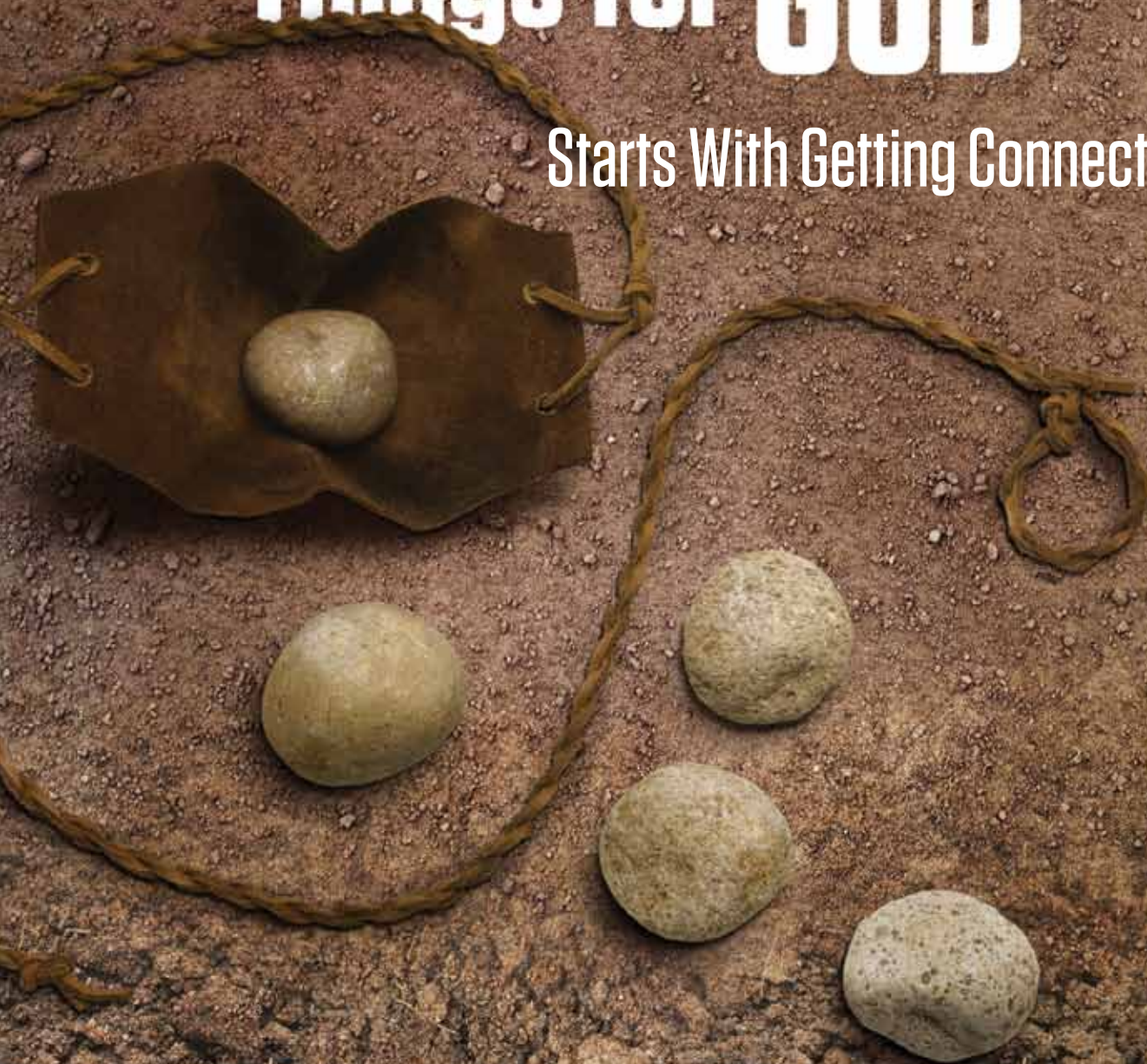
You can watch Bible programming you can trust at www.amazingfacts.tv — streaming online 24 hours a day, 7 days a week. Tune in today!

Be a witness! Tell your friends about AFTV and how they can watch us anytime day or night!

Schedules are subject to change. Television broadcast includes national broadcast only; visit amazingfacts.org for more information.

Doing Great Things for **GOD**

Starts With Getting Connected.

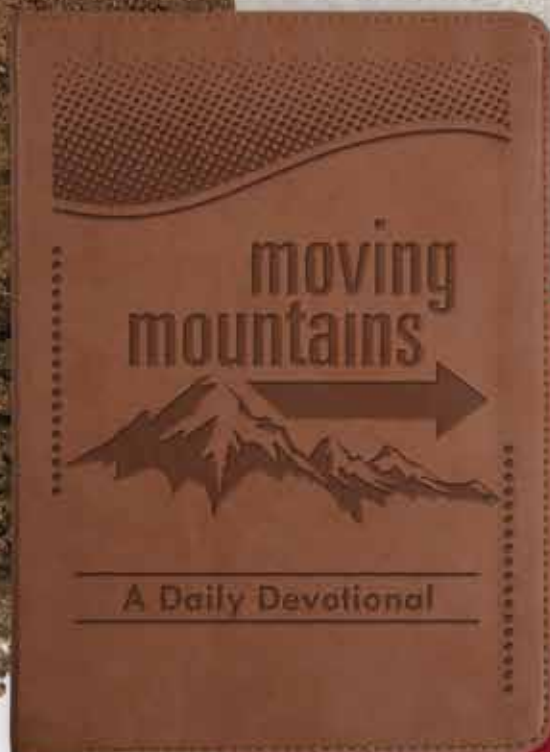


It's not too late to start getting connected in 2012!

In 2012, get back to the Bible and learn to listen better to His creative, powerful voice through compelling, fun, and imaginative daily readings.

Features

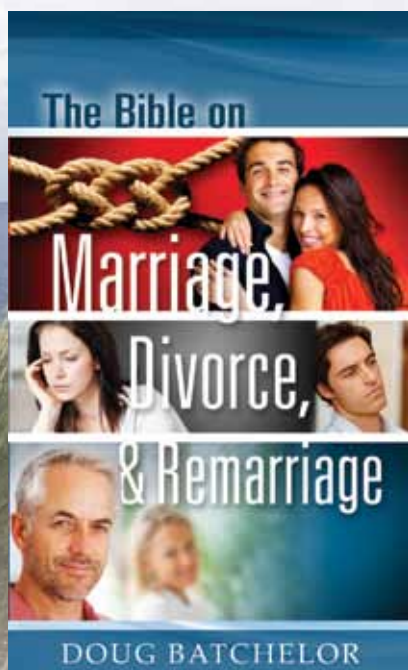
- Leathersoft cover
- 366 daily entries ... *not date specific!*
- Written by a team of talented new authors providing a fresh, contemporary look at building up faith in every believer
- Two-color design and large print for easy reading
- Designed for the young and old, featuring amazing facts found in science, biology, technology, history, and more
- First-ever devotional from Amazing Facts!



Now Available!
Get your copy today.

AMAZING FACTS \$19⁹⁵

(See page 18 for ordering information.)



The Bible on Marriage, Divorce, & Remarriage

BK-MDR ... \$10.95

Pastor Doug presents scriptural insight about marriage.

» A Manual for Finding Satisfaction and Peace in Your Relationships.

Doug Batchelor takes a closer look at the biblical teachings on marriage, divorce, and remarriage in this concise book. Some of the topics he covers include how God views marriage, tips for a happy marriage, how to avoid infidelity, and the biblical principles for divorce and remarriage.

This is a good book to read if you are thinking about getting married or remarried and want to have a successful relationship. He also offers helpful information for those in the sad but survivable situation of separation or divorce, explaining the biblical basis for finding yourself in God's will in these matters. Overall, it's an easy-to-read book that presents clear Christian counsel on some of life's most important decisions.

Review by Ellen Liashenko, IT Consultant



Most Important Questions DVD & Workbook Set

This fun, lively, but often intense DVD and workbook set addresses the gauntlet of big, core questions today's Christian youth must grapple with—including the reality of God and the evolution and creation controversy. Give them the tools to stay faithful!

DV-MIQ ... \$49.95



Illustrated Evangelism Books, 8-Vol. Set

Geared to today's visually oriented youth and adults, these colorful, eye-opening, and biblically accurate books add a whole new dimension to vital Bible doctrines on many different subjects, including the Sabbath, the Godhead, and more!

BK-JPSET ... \$32.00

Order online today at

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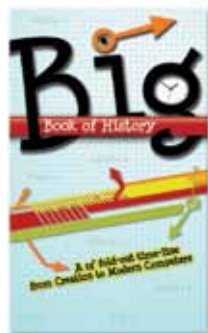
Shipping Information: Please add **15%** of sales value or **\$5.50** (whichever is higher) for shipping & handling.

California residents please add 8.25% sales tax. For orders shipped outside the U.S. and Canada, add 25% or \$10 (whichever is higher) for foreign postage. Some items may require additional shipping costs and delivery time due to weight.

Amazing Adventure DVD & Study Guide Set

A 10-part series for children filled with amazing facts, incredible Bible stories, exciting spiritual discoveries, and more—all designed to help your kids stand with Christ for eternity! Great for junior Sabbath School, Pathfinder devotionals, home school, neighborhood evangelism, and much more!

DV-AA ... \$69.95



Big Book of History

The perfect way to engage your child in an adventurous trip through time—from Creation to today! This colorful collection of important Bible-based facts and interesting photos is an effective but extremely fun educational resource!

BK-BBOH ... \$19.99



The Story Bible

Help give your children a deeper understanding of the Bible in terms they can grasp. Includes a user's guide to explain how to use this feature-rich Bible with children at different stages of development and reading levels.

BK-TSB ... \$24.99



Champions of Faith, 5-Vol. Set

These captivating Bible stories will increase the faith of children of all ages. Includes thought questions, factoids, and a topical index that identifies character traits, such as courage and forgiveness. All character dialogue is taken directly from the Bible!

BK-COF ... \$39.97



Big Thoughts for Little Thinkers, 4-Vol. Set

The most foundational teachings of the Christian faith are presented at a level preschool and elementary children can understand. In simple and precise language, God-centered theology is promoted, giving children a firm foundation in God's timeless truth.

BK-BTS ... \$23.95



Jesus Loves Me

This board book for very young children introduces them to some of God's other children and points out the differences among them. It gently encourages the young child to look beyond the immediate environment to discover more of God's creation.

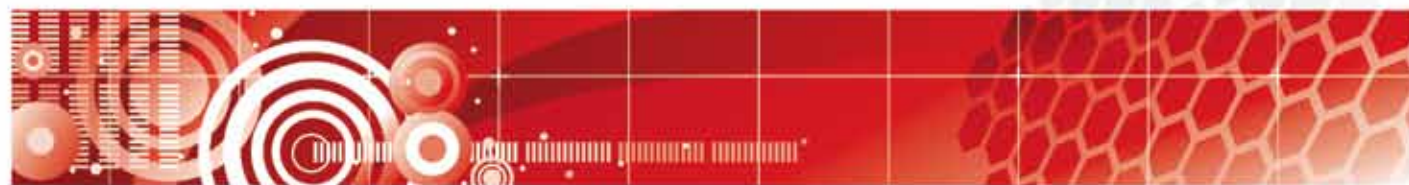
BK-JLM ... \$5.99



Sleepytime Prayers

Spending quiet time with God and your child before bedtime is a delightful opportunity to teach your little one about God's tender love. Read aloud the comforting words in this charming book while your child enjoys the whimsical tab die-cut figures on each page.

BK-SP ... \$7.99



Amazing Facts EvangelismTeam

Contact us at 916-209-7220 to schedule an Amazing Facts evangelistic prophecy series or revival weekend in your church!

Our Bible prophecy seminars now feature can't-beat price breaks and a marketing team that will help you advertise your event. This is a great time to book an Amazing Facts evangelist and grow your church! Call today to get more details.



Doug
Batchelor



Emanuel
Baek



Darrin
Bartell



Lowell
Hargreaves



Chuck
Holtry



Tim
Jones



Tyler
Long



Jason
Morgan



Dennis
Priebe



Jason
Sliger



Dave
Steward

Doug Batchelor

March 16
Nuremberg, Germany

March 17
ATS Youth Congress

March 18 – 24
Week of Prayer
Schloss Bogenhofen, Austria

March 25, 26
Berne, Switzerland

March 28 – 31
Geneva, Switzerland

Darrin Bartell

January 2 – February 14
Mount Pleasant, Texas
Call 903-572-7556 for details.

February 17 – March 24
Holiday Inn
120 Stafford Drive
Lethbridge, Alberta, Canada

Lowell Hargreaves

In 2012, Lowell will be on assignment in the Philippines to start a Global AFCE branch.

February 24–March 31
Lloilo City, Philippines
Call 916-434-3880 for details.

May 4–June 2
Lloilo City, Philippines
Call 916-434-3880 for details.

Tim Jones

January 6 – February 11
Marrero, Louisiana
Call 916-434-3880 for details.

February 17 – March 24
Soldotna, Alaska
Call 916-434-3880 for details.

April 6 – May 12
Church Auditorium
206 Airfield Road
Libby, Montana

July 20 – August 18
Joshua Church
1912 Conveyor Drive
Joshua, Texas

August 31 – September 29
New Market, Ontario
Call 916-434-3880 for details.

October 12 – November 17
Church Auditorium
589 SW Birch Street
Dallas, Oregon

Tyler Long

January 11 – February 5
Staybridge Suites
140 Holiday Boulevard
Covington, Louisiana

February 9 – May 10
Best Western Plus
3100 Dodge Street (Highway 20W)
Dubuque, Iowa

(Tyler Long continued)

March 16 – April 14
Spokane, Washington
Call 509-327-4400 for details.

April 20 – May 19
Laval, Quebec
Call 916-434-3880 for details.

Jason Sliger

March 2 – 31
Szents, Hungary

April 13 – May 12
Miskolc, Hungary

Dave Steward
January 20 – February 18
Comfort Suites Hotel
7200 Fun Center Way
Tukwila, Washington

February 24 – March 24
Community Center
6401 Boone Road
Benton, Arkansas

April 13 – May 19
Church Auditorium
2625 Casper Mountain Road
Casper, Wyoming

Dennis Priebe *(Revivalist)*

Call Nikki at 916-209-7220 for additional details.

March 10: Ojai Church, California
March 16, 17: Acton Church, California

March 23, 24: Los Angeles Lincoln Heights Spanish Church, California
March 30, 31: San Diego Clairemont Church, California

April 6, 7: Mentone Church, California
April 13, 14: Beaumont Church, California

April 20, 21: Fontana Church, California

April 27, 28: Laredo Church, Texas
May 4, 5: Texarkana Church, Texas

May 11, 12: Clinton Church, Arkansas
May 18, 19: Pewee Valley Church, Kentucky

May 25, 26: Campbellsville Church, Kentucky

Times and locations are subject to change. Please confirm at ProphecySeminars.com prior to attending.

You are invited to meet the members of our dynamic evangelism team at our many seminars and revivals throughout the year—and please invite a friend! Go to ProphecySeminars.com to get exact times and locations!

Natural Disasters &

Soul Winning in Maryland

by Tyler Long,
Amazing Facts Evangelist

This past August my wife Lavonne and I held a series of prophecy meetings in the northeast corner of Maryland. During the seminar we experienced an earthquake, Hurricane Irene, and—most incredible—God’s amazing grace. We were privileged to work with three amazing churches and two outstanding pastors, David Byrkit and Timothy Lee, who were deeply dedicated to the seminar, their churches, and, most important, to God. The seminar opened up at a local college to a packed house.

Before each series, I like to visit the church and offer a weekend of practical evangelistic training. The training consists of developing a church database and visiting inactive members, plus teaching the importance of friendship evangelism, Christ’s method of outreach, and much more. I believe it is the church laity who will help finish the work, and one of the goals of an Amazing Facts evangelist is to give each church the practical tools needed to help them reach their community for Christ.

During our time in Maryland, the churches worked hard to implement the pre-work training and, as a result,

we witnessed the Holy Spirit change the lives of dozens of people. There is not enough space to share all the stories, but a few stand out in my mind.

Abundance of New Life

Brian Aro was raised in a Sabbath-keeping home but was quickly enticed by the world. For years he immersed himself in the boxing community. In 1998 Brian won the international Tough Guy Championship

in Wilmington, Delaware. At his debut as a professional boxer, Brian took on the largest professional fighter—a man who stood six feet, eight inches, and weighed in at 568 pounds. Talk about David vs. Goliath! Brian stood his ground and lasted all four

rounds. On the first Sabbath of last September, Brian once again stood his ground, but this time with Christ in baptism!

Darlene was raised in a Catholic home. She always wanted to know more about Jesus and His Sabbath day. Sadly, no one could give her any answers. About 10 years ago Darlene and her husband Dale were baptized, but unfortunately she and her husband quickly drifted away. They were never really taught what it meant to be a Christian. As they attended the Amazing Facts seminar, they once again fell in love with Jesus. Darlene said to me, “I have




learned more in this seminar than in the past 10 years.”

Another great story is Cynthia, who had been raised as a Jehovah's Witness. Cynthia had lots of questions about the Bible and the names of God. Doug Bachelor's book *The Name of God* was a great resource to share. More than anything, Cynthia wanted to do God's will and be baptized. It was such a joy to see Cynthia be buried in Christ, and to watch her daughter Megan, and Megan's boyfriend, Charles, get baptized as well.

Last, but not least, is John. Once a body builder, John could bench press 385 pounds and squat more than 500 pounds. For years he had worked on installing and repairing air conditioning units, but like so many other Americans today, John has been out of work. He told me that this was

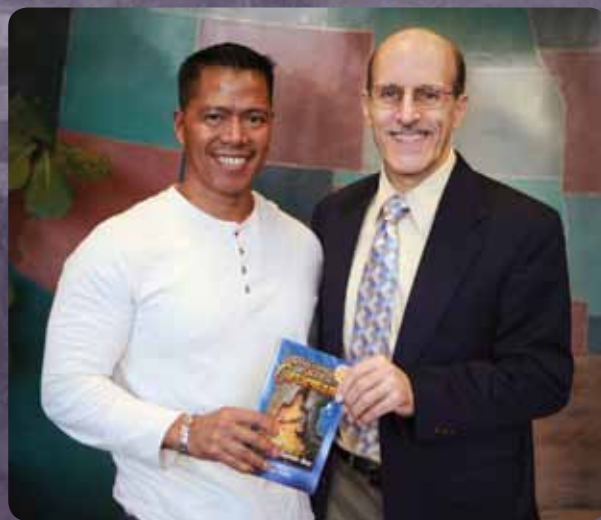
actually a blessing in disguise. Being out of work meant that he could go to the gym in the afternoon, where he was invited to attend the Amazing Facts Bible series. If he had been working, he never would have been at the gym at that precise time. John has now turned down job offers that would require him to work on the Sabbath. What a remarkable decision to make. John's example has been such an inspiration to me.


As the seminar finished, we had 19 people graduate from the Amazing Facts Bible School, with many of them making the decision to join the local church. There is still much work that needs to be done in that area, but I trust with the help of God's Spirit and the dedication of the members, the work will continue to advance in these churches. 

“THE RICHEST CAVEMAN” in the LION'S DEN

THIS brave Air Force soldier, Daniel, had seen some of Amazing Facts' programming before he was deployed to Afghanistan. He was stationed on the frontlines in insurgent-filled country, a place so dangerous, in fact, that it was commonly referred to as “the Lion's Den.” With only a small hut for shelter, and surrounded by hostile forces, Daniel really did begin to feel like he was living in a lion's den day after day, night after night.

So you can imagine his surprise when he found the book *The Richest Caveman* sitting on a shelf in this remote area of the world. Daniel didn't read very many books, but he read the entire story and was deeply touched by Pastor Doug's testimony about his journey from living as a hermit in a cave to being a soul-winner for Jesus. He left the book hoping someone else could find and read it.



Once discharged and back in California, he found a Bible study invitation card on his door and decided to attend. Imagine his surprise when, as he was telling this story to the new Bible study group, he discovered that many were members of Pastor Doug's church in Sacramento. Since then, Daniel has visited the Amazing Facts office near his home and met with Pastor Doug, who gave the soldier his own personal copy of *The Richest Caveman*. 

Amazing Facts in Unexpected Places

by Tyler Long

"The Lord has been calling our attention to the neglected multitudes in the large cities, yet little regard has been given to the matter." —Ellen White, 1909

In 2011, Amazing Facts evangelists held more than 50 prophecy series. Praise the Lord! Hundreds came to the Savior and were baptized through these meetings. We're so thankful to the conferences and churches that invited us to proclaim the Word. Great memories and lifelong friendships were made.

Our goal is to reach the world for Christ, while helping the local church grow and thrive. We also have a real passion to see the work move forward in the larger cities with greater momentum. If we're to finish the work soon, a special emphasis must be made in large cities.

Let me share our recent experience of a prophecy series we held in one of these larger cities.

Salvation in Montreal

We've held prophecy seminars in some pretty amazing places, but this past fall we conducted an entire series in a Catholic Church. The auditorium could seat more than 500 people and, praise the Lord, there were nights in which every seat was filled!

Three months before the series began, I traveled to Quebec to hold a weekend outreach training seminar. The goal was to encourage the laity and prepare them for the great things God was going to do. However, when more than 200 members attended the training, many of them under the age of 30, I quickly became the one who was encouraged!

Our entire Montreal team sensed God was about to do something great. One of our goals was to plant a church in North Montreal through the preaching of the three angels' messages. Dozens of young people volunteered by passing out brochures, and our team of Bible workers had been working with their contacts. On opening night, we had about 300 in attendance. This quickly grew to top 600! It was thrilling to see the membership show up in strong support of the seminar as well.



The Lord blessed with many baptisms!



The church also allowed us to set up a portable baptistery on the stage, and 46 people were baptized by the end of the series. It was awesome to see God pour out His Spirit and to witness so many victories.

The news gets even better! Amazing Facts is committed to moving forward with the work in large cities. If your church is located in a city with a population of more than 300,000 and you book one of our senior evangelists, we'll give your church a \$3,000 discount. If three churches come together in a city with more than 300,000 people, Amazing

Facts will give you a \$5,000 discount!

We will continue to do our part in spreading the everlasting gospel, but we need your help. We want to work with you to share Christ in your community. Call 916-209-7220 today and book one of our evangelists and see what your church, through the power of God's Spirit, can accomplish. —

AFCOE ANSWERS INDIA'S GREATEST NEED



By Wes Peppers, Global AFCOE Coordinator

An Amazing Fact: *With more than 1.2 billion people, India is the second most populated country in the world—yet only two percent are Christian. This means more than one billion people there have either not yet heard about Christ or have not yet accepted Him.*



Idols, burning incense, and even cobra worship can be found on almost every street in India. Nonetheless, God is working there mightily through the efforts of Amazing Facts and your faithful support.

Last summer, we launched AFCOE India. An emotion-filled dedication service with church leaders was held to inaugurate the new outreach-training center. For them, it is a long-time dream finally come true. Southern Asia Division President Pastor R. John expressed his support for the school, saying, “This center is an answer to years of prayer and is exactly what we need to rejuvenate the gospel work in India.”

About 40 pastors came from across India to be trained in soul-winning during the first four-month session. AFCOE India is a way to spread the gospel to the whole country from a central location, as pastors receive training and go back to their homes to teach others what they learned. This means thousands will be quickly trained and many more have the potential to hear the good news about Jesus’ soon return!

A Modern-day Miracle


During the course, the students went into villages to give Bible studies. Health programs were also conducted, and hundreds flocked to not only receive physical healing but also to know more about the Bible. Some pastors visited a man who could not attend the health



talks. In fact, he had not been able to walk for 40 years and simply lay in his hut all day. Our students massaged him, gave him hydrotherapy treatments, and prayed with him every day for almost a month. After several weeks, the man was able to get up and walk! What a miracle!

God's Blessing and Graduation

We also conducted a prophecy seminar, and nearly 900 people attended! Night after night, people hungrily received the words of life and nearly 100 gave their lives to Christ in baptism. We don't have room to share all these testimonies, but God is performing miracles in India and lives are being eternally changed. At a special graduation ceremony, one pastor said, “I go home satisfied in what I have gained here. AFCOE has equipped me more than I could have ever imagined. I will be more effective than ever in my ministry.”

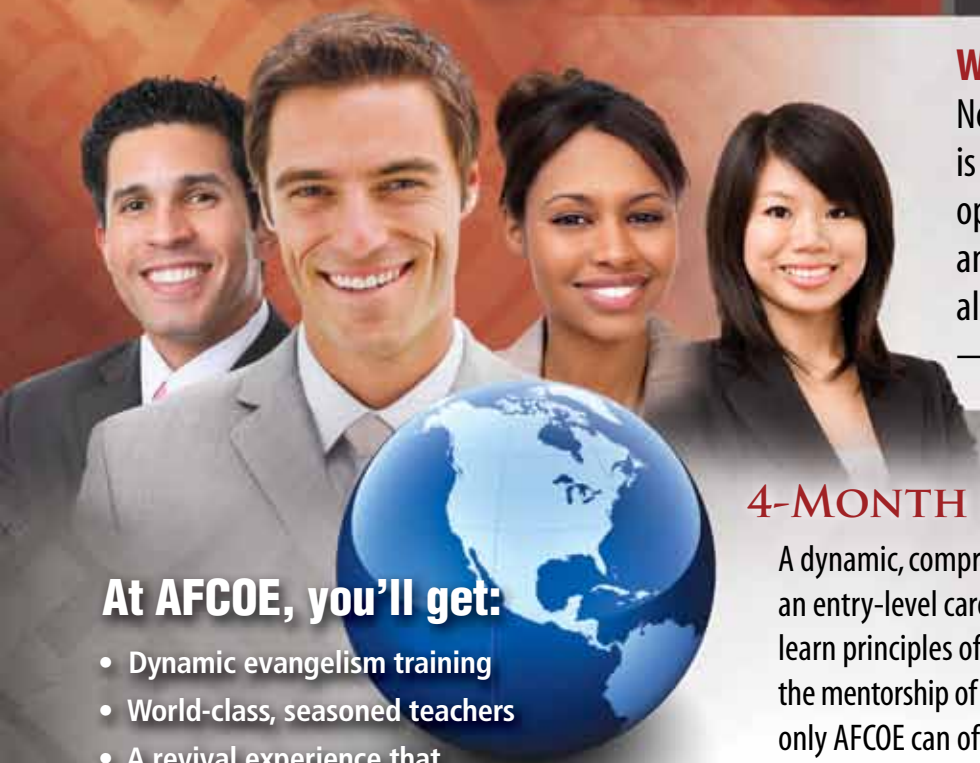
India's greatest need is the gospel. More than a billion souls need to know the God who loves them and to hear the truth of His Word for the last days. More than 2,500 pastors are still waiting to be trained, so AFCOE India has a major work left to do. We need your prayers to keep this vision alive, and if God impresses you to support financially these global training centers, please send a gift marked “Global AFCOE” to Amazing Facts today. God bless you! 



Amazing Facts Center of Evangelism AFCOE



- Gain confidence
- Reach the heart
- Teach compellingly
- Preach powerfully



At AFCOE, you'll get:

- Dynamic evangelism training
- World-class, seasoned teachers
- A revival experience that will energize your faith
- Many awesome, practical resources for witnessing

Want to be a soul-winner?

Need revival in your life? AFCOE is about helping you take this opportunity to be transformed and equipping you to become all that God intends you to be—and to go impact your world.

4-MONTH PROGRAM

A dynamic, comprehensive course that will prepare you for an entry-level career in ministry. Come study God's Word, learn principles of effective soul-winning, and work under the mentorship of successful soul-winners. It's an experience only AFCOE can offer!

Next Session: August 2 – December 7, 2012

Application deadline: 30 days before class begins.

Save **\$150** on tuition! Apply 90 days before the starting date!

AFCOE TO GO

Can't do a four-month program? Amazing Facts also offers AFCOE to Go, a four- to eight-day intense training experience that empowers even the busiest professionals and students to reach family, friends, co-workers, and neighbors for Jesus Christ—anytime, anywhere!

**Call or go online for information
on the next session!**



To learn more, call **916-209-7249** or visit
www.afcoe.org

Continued from page 9.

them. Indeed, there is inherent power in the Word where He says, “Be zealous.” Consider this your half-time pep talk!

Never a Better Time Than Now

Jesus says in Revelation 3:15, after speaking about the condition of the church being lukewarm, “I know your works, that you are neither hot nor cold” (NKJV). There’s no zeal in this Laodicean church. “So then, because you are lukewarm, and neither cold nor hot, I will vomit you out of My mouth” (v. 16).

How important is it for us to get excited about God? What does the Lord say is going to happen to those who are indifferent about God? They’ll be spewed out of His mouth. He goes on to say, “Therefore be zealous and repent” (v. 19).

Jesus is not being condemning here. Whenever you see the word “be” in the Bible, it has intrinsic power. When God said, “Let there be light,” there was light. When Jesus said to the leper, “Be clean,” he was clean. And when God says, “Be zealous,” there is inherent strength within those words for you to be what He’s telling you to be.

Isn’t it worth it? Does He deserve our enthusiasm? Can you think of anything that is more meritorious of our zeal than God? Being filled with the Spirit, living forever, seeing people’s lives changed, filled with peace and joy, transformed from the addictions of sin and liberated—what’s worth more than these things? Nothing else measures up.

As Alexander the Great was conquering Persia, a sheik brought the Greek king three large dogs as a gift. He told Alexander they were the most courageous dogs in the world, his favorites. He said Alexander would never find dogs with

more heart. After the sheik left, Alexander wanted to test the dogs for their hunting ability. He had a rabbit brought within the city walls and released it right in front of the dogs, but the canines just lay there by his throne and yawned. Alexander thought they might need something different, so his men captured and brought in a fox. The dogs raised their ears in curiosity but never even barked. Finally, they brought in a stag and, again, the dogs just yawned, rolled over, and went to sleep. Furious, Alexander said, “Oh, that sheik spoke grand words about his dogs, that they were courageous and brave. They’re worthless gifts. Kill them. I don’t want them around

me.” All three dogs were executed. When the Persian leader came back, he asked, “Well, what did you think of my dogs?”

Alexander answered, “I had them killed. They were worthless. I brought out a rabbit, a fox, and a stag—and they didn’t even move.”


The Persian replied, “Alexander, you’re a brave king, but sometimes you’re foolish. You showed them a rabbit and

a fox and a deer. Of course they didn’t move. But if you had brought in a bear or a lion or a tiger, you would have seen their bravery. You didn’t give them any prey worthy of their brave hearts; you didn’t give them anything to fight for.”

Some people lack passion because they need a cause deserving of their devotion. What cause in the world is more worthy of our enthusiasm than the life-saving gospel? And to serve a God that loves us so much, He sacrificed His Son to save us from sin and give us eternal life?

Martin Luther King, Jr. once said, “Until a man finds a cause for which he’s willing to die, he is not fit to live.” Jesus

found a cause He thought was important enough to die for: *you*. He is zealous for *you* to be saved and to live for eternity with Him.

So be zealous for Him. 



“I have fought the good fight, I have finished the race, I have kept the faith.”

—2 Timothy 4:7

AMAZING FACTS NEWS to NOTE

AFTV on Roku

In October, Amazing Facts debuted on Roku, a popular Internet streaming device featuring more than 350 web-based channels. After just one month, AFTV had more than 6,000

subscribers. It's just one way your support is enabling us to reach even more people in the ever-evolving media age!

To get a Roku device so you can watch AFTV, visit www.roku.com. You can get a player for as little as \$49.99. You'll also need an Internet connection, but watching AFTV is absolutely free!



Pastor Doug to Share the Gospel in Europe



Pastor Doug is heading to Europe in March to encourage the last-day church and reach out to an increasingly secularized area of the globe. His scheduled stops include speaking engagements in Germany, Switzerland, and Austria. If you live nearby, Pastor Doug would love to shake your hand—so please stop by! See page 20 for details.

Moving Mountains to Reach Wider Audience

Amazing Facts is taking unique steps to get our product resources into nationwide Christian bookstores and other retailers. In particular, with our first-ever daily devotional, *Moving Mountains*, we hope to attract otherwise unreachable seekers to the full and everlasting gospel and increase the speed at which the last-day message is seen and heard. We're already reaching out in more than 260 stores in the United States!



Resource Translation Picking Up Pace



Our publishing team is actively working with translators in 22 countries to translate materials such as the *Amazing Health Facts!* and *Hidden Truth* magazines, our Study Guides, Storacles, Amazing Adventure Bible lessons, Library of Sermons set, and Pastor Doug's pocket books, along with many other book titles. Your support makes all this possible!



Project: Bible Timeline Website

In a time of mass confusion about Bible prophecy, Amazing Facts is preparing to launch an interactive online prophecy timeline. This spectacular study tool will span the history of God's Word, from Creation to Eden restored.

Utilizing dynamic charts, people will be able to click on specific events connected with Bible history and see when it



happened and how God has worked to fulfill the promises of His Word. Pictures and information will pop up with links to deeper study, helping seekers understand the big picture of God's plan of salvation through a visually clear, logical, and scriptural presentation. Visit donate.amazingfacts.org to contribute to this project!

More Ways to Support God's End-Time Work



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In Loving Memory

Douglas Ackermann from June Ackermann, his wife *A*
Lyle and Sadye Andrews from John and Lenore Vermeersch

Bob Babcock from Ota Babcock, his wife *B*
Micah Batchelor from Teresa Lynd
David Bauer from Vivienne Rich
Sherri Beck from Henry and Betty Craig
Claude Becker from Wally and Geri Dunks
Rodney Benson from Marilyn Schmidt; from the Hart family
Art Bryant from Barbara G. Bryant
Shannon Burton from Cathy Pavlik, her mother
Glen Byers from Bonnie Byers, his wife

Dan Clendenon from Montell Clendenon, his cousin *C*
Russell (Jack) Cleveland from Wally and Geri Dunks
Shirley Corley from Everett and Yvonne Dickerson
Terri Cossin from Hazel Freeman, her mother
Seth Cox from Herbert and Debbie Cox, his parents
Gertrude Craig from Henry and Betty Craig, her son and daughter-in-law
Joe Crews from Lu Ann Crews, his wife
Ronnie Crews from Lu Ann Crews, his mother

Elinor Dittes from Jim and Judy Culpepper *D*
Edith Durham from Anita Lowe, her daughter
Myron Durham from Anita Lowe, his sister
Warren Durham from Anita Lowe, his daughter
Mercedes (Habenicht) Dyer from John and Betty Weakley

William Stanley Elmore from Sue Jones, his mother *E*
Elda Ensminger from Edward and Bonnie Ensminger
Bob Erickson from Donald and Sue Owsley

Amazing Facts recognizes contributions made as a tribute to the deceased or as an honorarium celebrating significant milestones in the lives of loved ones. Please type or print legibly to ensure correct spelling; we are unable to verify confusing spellings due to volume.

Mattie Fisher from Henry and Betty Craig, her son-in-law and daughter
Raleigh Flint from Jim and Judy Culpepper
Barbara Folkenberg from Wally and Geri Dunks
Berkeley Freeman from Stella Freeman, his wife
Jerry Freeman from Hazel Freeman, his wife
Steven Freeman from Dorothy Freeman, his mother

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Leon Rich from Vivienne Rich, his wife
Harry and Irma Rushold from Marlin and Udene Allen, their children
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Anna Segal from David Semes
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John Sisson from Don and Marilyn Sisson
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Seventh-day Adventist Church
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Joshua Wall from Wally and Geri Dunks
Twylah Fern Wassermann from Glenn and Palmira, her son and daughter-in-law; from Kathy Nieminsky; from Kenneth and Malena Wareham
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Jean Welch from Donald and Sue Owsley
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Sam Woods from June Ackermann

Abraham Zimmerman from Edward and Bonnie Ensminger
Ephraim Zimmerman from Art and Loretta Ensminger; from Edward and Bonnie Ensminger; from La Vina Keith

Happy Birthday
Peter Pang (79th) from Ramona Pang, his wife

Weight Loss Success in the 2012 NEW YEAR

by Emily Simmons

Losing weight isn't rocket science. It's simply a matter of burning more calories than you take in . . . isn't it?

Well, yes, but scientists are uncovering more information about what's really going on.

When you make the commitment, start doing all the right things, and start losing weight, that's when "the biology really kicks in and tries to resist the weight loss," says Dr. Donna Ryan, associate director for clinical research at the Pennington Biomedical Research Center in Baton Rouge, Louisiana.

Fat cells produce a hormone called leptin, which inhibits appetite and, therefore, aids in weight management. When you start to lose weight, leptin levels drop, signaling the brain that your fat stores are diminishing—which obviously means you're about to starve to death, right? As a result, low levels of leptin stimulate appetite and can lead to uncontrolled food intake. Meanwhile, like a melodramatic heroine, the brain assumes that death by starvation is near and sends out messages to lower your metabolism while releasing additional hormones to increase appetite. Ryan calls this lowered metabolism/stimulated appetite combo a "double whammy."

What does this mean for dieters? If you've been losing weight, in order to maintain your current weight, *you have to eat less food than your friend who hasn't recently lost weight.* "You basically have a 'caloric handicap,'" says Ryan. That handicap might increase in proportion to how much weight you've lost, and it accounts for at least part of the reason why so many—most, actually—of the "biggest losers" gain back their hard-earned weight loss.

Strategies for Long-term Success

As the hectic holiday season winds down and a new year begins, people naturally think about making changes in all sorts of behavior—especially health. (Fitness club owners say January is the busiest month of the year!) If weight loss is among your New Year's resolutions, you need to make changes you can stick with, even if they're small at first. In our culture, eating has been complicated by science and marketing, but it doesn't have to be. Build your diet around whole, unprocessed foods, as close as possible to their natural state—vegetables, fruits, beans, nuts and seeds, and whole grains—and your calorie intake will be inherently low.

Recall that one pound of fat equals 3,500 calories. In order to lose one pound in a week solely by changing your diet, you would have to restrict your intake by 3,500 calories—that's

without taking that caloric handicap into consideration. However, you can also fight back against your biology with exercise. A recent study published in the *American Journal of Clinical Nutrition* demonstrated that with just one hour of moderate exercise, participants burned up to an extra 450 calories. Health experts recommend 30 minutes per day of moderate physical activity to reduce the risk of heart disease and diabetes; but obesity experts say if you want to lose or maintain weight, you have to double that.

If an hour a day sounds disheartening, start small. It can be difficult to find a balance between making big enough changes to get results

"Beauty is a by-product of keeping the body well and functioning."

—Anne Bramham

and making changes you can stick with. So do what you can—but do it! And commit to continuing to challenge yourself as the new habits start to feel natural. Look for ways to incorporate healthy habits into your daily routine.

Don't be discouraged if the weight comes off at a snail's pace. You're more likely to maintain it, and, says Dr. Kendall, chief scientific and medical officer of the American Diabetes Association, "The first 10 pounds has real health benefits for most people."

Above all, don't discount the underlying emotional component to your health habits. Do some emotional archaeology to discover what's going on beneath the surface. The surest way to de-motivate yourself is to beat yourself up for little—or "big"—failures. Recognize that you

will not always be able to make the ideal choice. (That's why it's called "ideal.") Acknowledge your successes, affirm your good choices, and keep plugging away.

The longer I live the more I realize that the motivation to be healthy has to come from how good I feel when I do what's best for my body; from a desire to honor my body and its Creator. It's when I'm in this mindset that I make the best choices!

"Estimated Calories Burned" table adapted from: <http://www.mayoclinic.com/health/exercise/SM00109>; and Ainsworth BE, et al. Compendium of physical activities: An update of activity codes and MET intensities. *Medicine & Science in Sports & Exercise*. 2000;32(suppl):S498.

Estimated Calories Burned With Various Forms of Moderate Exercise

Activity (1-hour duration)	Weight of Person and Calories Burned		
	160 pounds	200 pounds	240 pounds
Aerobics, low impact	365	455	545
Aerobics, water	292	364	436
Bicycling, < 10 mph, leisure	292	364	436
Canoeing	256	319	382
Golfing, carrying clubs	329	410	491
Hiking	438	546	654
Jogging, 5 mph	584	728	872
Rollerblading	913	1,138	1,363
Stair treadmill	657	819	981
Swimming, laps	511	637	763
Tennis, singles	584	728	872
Walking, 2 mph	183	228	273
Walking, 3.5 mph	277	346	414
Weight lifting (free weights or machines)	219	273	327



Healthy Habits to Incorporate Into Your Day

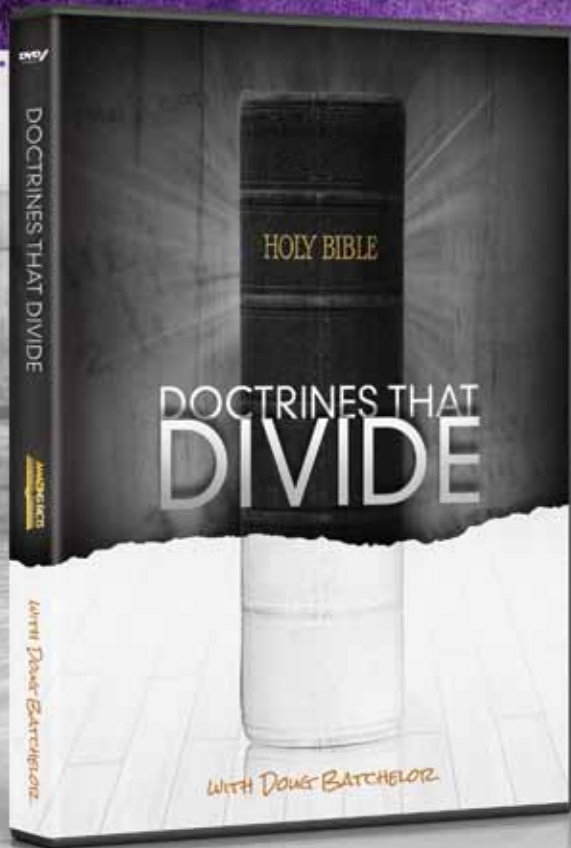
- Park farther from the building at work
- Take the stairs
- If you have a one-on-one meeting, take it outside and stroll while you talk
- To help with blood sugar control, take a 10-minute stroll after lunch or dinner
- If you don't already, cook a few nights a week instead of eating out or bringing home takeout
- Turn the TV off during dinner and sit around the table as a family
- Try to be the slowest eater at the table
- Eat mindfully—not while you drive, work, or watch TV



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