

The Smooth Road to **DESTRUCTION**



Turn Back!

Easy St	5 mi
Prosperity Way	7 mi
Comfort Ave	12 mi

► DISCOVER
WHAT'S NEW
AT AFCOE!
PG. 14



“THIS IS SERIOUS.”

BY ANTHONY LESTER,
MANAGING EDITOR

THE EDITOR'S PERSPECTIVE THE EDITOR'S PERSPECTIVE THE EDITOR'S PERSPECTIVE

This year marks the 10th anniversary of my baptism at the conclusion of an Amazing Facts Bible prophecy seminar. Wow! Time sure travels fast, yet I still remember well the first night I attended that series . . .

After reluctantly accepting the invitation from my “religious fanatic” brother, I walked into the event location on guard. I didn’t make eye contact with anyone; I simply found a seat near an exit and waited for my escape. I even rolled my eyes during the special music.

I was Mr. Skeptic.

But that changed over the next hour as the evangelist methodically smashed what I thought I knew about the Bible. It was a thrilling, intelligent, rational, and irrefutable unpacking of Bible verses, context, and meaning. It put me on the edge of my seat!

That evening gave me great hope for life, as did every other evening I attended. By the end of the series, I was ready for a new life as a baptized child of God.

But if I’m going to be honest, I wasn’t completely changed. I was obstinate for the next year or so about getting rid of some things that, by their very nature, would dampen God’s influence in my life. As much as I believed, I wasn’t “all in,” so to speak.

About two years later, I attended another Amazing Facts seminar. And once again, I was deeply moved by everything I heard. Yet this time, I already knew the truth; I didn’t need to be convinced of doctrine. So what purpose could there be for attending again?

Well, I got my answer on a night with a message about biblical living. I was there for a reason. God was telling me, “Anthony, this is serious.” I felt an earnest conviction that if I heard all this truth again and still refused to give up those things harming my relationship with God, my

faith would be in danger of melting away. It wouldn’t be that God would let go of me, but that I would keep on a path that would lead me away from Him.

It was a jolt in my spiritual walk, and I made the commitment to make those much-needed changes. Still, God had one more important reminder for me just a few months later, in the very halls of Amazing Facts’ headquarters as an employee.

During my first few days at the ministry, I was reminded of what was truly at stake at my new job.

Suddenly I was gripped with the realization that something holy was happening around me. God was saying to me again, “Anthony, this is serious.”

The work being done at Amazing Facts isn’t for the uncommitted. The spirit that staff and volunteers exercise on the weekends eventually runs into their work during the workweek at the ministry. So I realized I needed to be totally committed. I couldn’t just

let my relationship with God slip or ignore my spiritual condition. It’s serious business for the most serious work imaginable. That’s what Amazing Facts does.

And that’s why I encourage you to find an Amazing Facts event coming to your area, whether it’s a local prophecy seminar with one of our evangelists or one of our revivals. You might already know all the important truths, but it is the perfect time for you to hear God say, “This is serious,” and to recalibrate your walk with Christ. So don’t just invite someone to go — attend with them, and you’ll both be changed!

Finally, I hope you’ll begin that necessary spiritual refreshment by reading this magazine’s feature article by Pastor Doug as soon as possible. It will encourage you to line up your daily life with God’s Word and to keep the faith. 



THE EDITOR'S PERSPECTIVE THE EDITOR'S PERSPECTIVE THE EDITOR'S PERSPECTIVE

i Contents



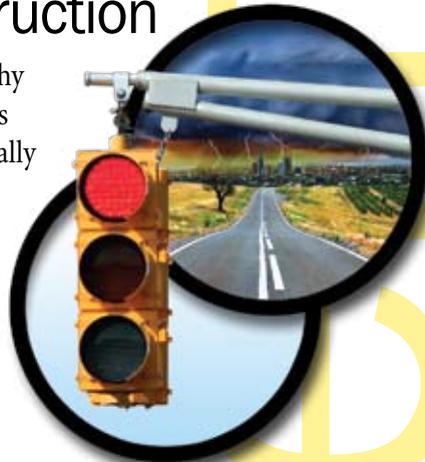
25 Pastor Doug in Australia

See what happened when Amazing Facts went down under for the English Evangelism Emphasis project.

FEATURE

6 The Smooth Road to Destruction

We are constantly being reminded that we need to eat healthy food to be physically strong. Join Pastor Doug as he explores how this concept also applies to our spiritual health, especially when many Christians are subsisting on tainted spiritual food that is making their souls sick.



10 Bible Answers

When King Saul goes to the witch of Endor, does he actually talk to the dead prophet Samuel?



14 A Special AFCOE Report

AFCOE is on the move! Get the latest news and discover where our first international school is opening soon. Plus, see page 15 for a very special AFCOE to Go event!

13 From Depression to Baptism

By following the healing example of Jesus, we're reaching out to souls who might never otherwise come to an outreach event!



24 Better Than Seven Husbands

An inspiring true story for the new year that will strengthen your faith and delight your spirit — from one of our very own volunteers.



30 Health Bite

Getting past all the fiery debates about health care in America, the best thing we can do is take care of the bodies God gave us. Here are four simple steps to get you started.

Regular Features

- 4 Mail Bag
- 12 Project Opportunities
- 11 Broadcast Schedule
- 12 News Notes
- 22 Evangelism Team
- 23 Harvest Report
- 27 Special Recognition

INSIDE REPORT VOL. 27, NO. 3

PRESIDENT
DOUG BATCHELOR

MANAGING EDITOR
ANTHONY LESTER
editor@amazingfacts.org

ART DESIGN/LAYOUT
HALEY TRIMMER

COPYEDITORS
ARLENE CLARK
LU ANN CREWS

Inside Report is a quarterly publication of Amazing Facts, Inc. Contributors to the ministry will continue to receive *Inside Report* for six months from the date of their most recent gift.

Amazing Facts is a nonprofit Christian ministry sharing the saving truths of Jesus Christ around the world through literature, radio, television, the internet, and public evangelism. For operation, we depend on the gifts and prayers of caring Christians who believe in our mission.

UNITED STATES

P.O. Box 1058
Roseville, CA 95678-8058
Phone: 916-434-3880
Fax: 916-434-3889

CANADA

Box 344, 125A-1030 Denman St.
Vancouver, BC V6G 2M6
Phone: 250-402-6070

FREE BIBLE STUDIES

To enroll in our free 27-lesson Bible study, go to www.AmazingFacts.org and click on "Bible School." Or to take the free course by mail, send us your name, address, and phone number and specify that you would like to begin the course. (Printed lessons are in English and are available only in Canada, the United States, and their territories.)

FREE CATALOG

Call or write for a color catalog of materials available through Amazing Facts. It contains information and prices on all books, DVDs, CDs, and other soul-winning materials to help you in your walk with Christ.

Visit our website at
[www.AmazingFacts.org!](http://www.AmazingFacts.org)

The *Inside Report* is printed at Pacific Press Publishing Association in Nampa, Idaho.

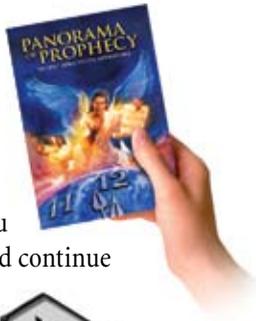


Mail Bag

testimonies@amazingfacts.org

Halloween Evangelism 101

"I have been on a one-woman quest to glorify Jesus on Halloween. This year, I intend to give out your *Panorama of Prophecy* Bible study CD, along with a schedule of our local Christian radio station that you are on a lot! May God continue to bless your ministry." *Email*

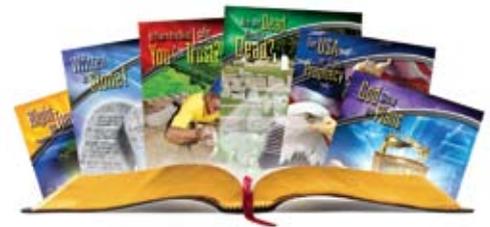


Time for Revival

"Revival and reformation are so greatly needed in God's church today. We are especially grateful that you do revivals and have a revivalist who travels to churches on a regular basis. Dennis Priebe has been a tremendous blessing to us; we have driven many hours at times to hear his presentations. His messages are always very motivational and uplifting, especially in stressing the preparations needed prior to the Lord's coming. Every church should avail themselves of his timely, thought-provoking, and inspirational exhortations. A huge thank you to Amazing Facts for this ministry!" *Email*

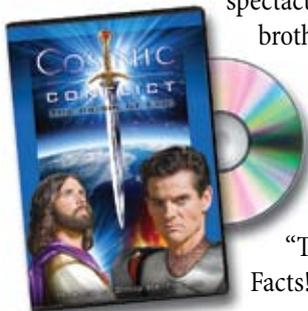
Bible School Revelations

"I just praise the Lord because He led me to the people of this ministry. I'm taking the lessons, and my life just turned 'downside up.' It's wonderful what I have learned. I just realized that everything I learned before was wrong. My life is much better since God showed me the truth through your ministry. My family and I have your ministry in our prayers." *Email*

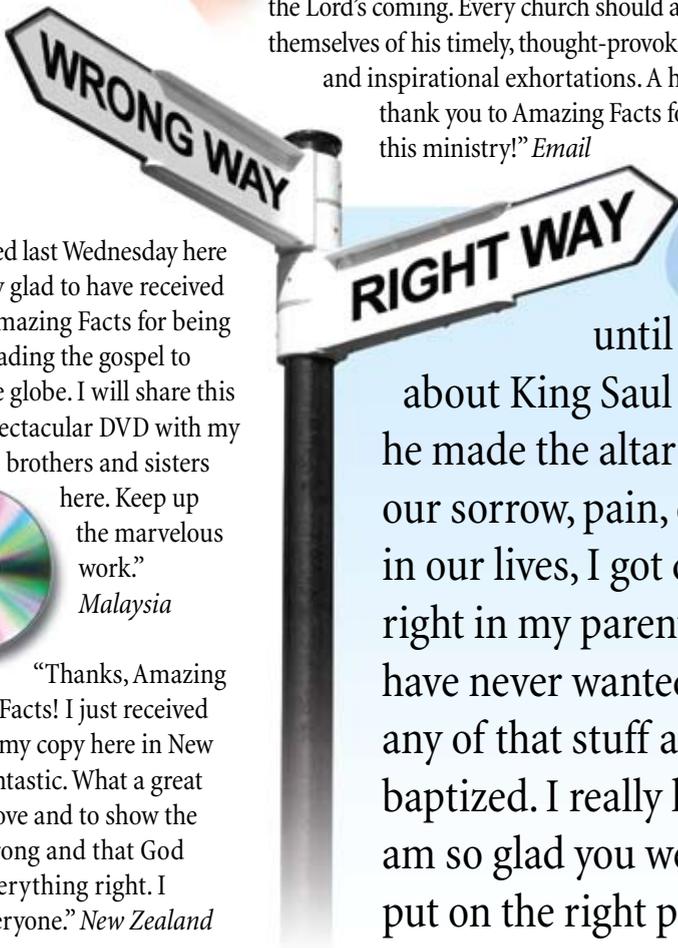


Cosmic Conflict International

"The DVD just arrived last Wednesday here in Malaysia. I'm very glad to have received it. I want to thank Amazing Facts for being so dedicated to spreading the gospel to different parts of the globe. I will share this spectacular DVD with my brothers and sisters here. Keep up the marvelous work." *Malaysia*



"Thanks, Amazing Facts! I just received my copy here in New Zealand, and it is fantastic. What a great tool to share God's love and to show the world what went wrong and that God has a plan to put everything right. I recommend it to everyone." *New Zealand*



"I used to be into witchcraft until I heard Pastor Doug preach about King Saul and the witch of Endor. When he made the altar call to ask God to take away our sorrow, pain, or whatever problem we had in our lives, I got down on my knees and asked right in my parent's front room. To this day I have never wanted or even thought about doing any of that stuff again. Shortly after, I was also baptized. I really love Amazing Facts and just am so glad you were there when I needed to be put on the right path." *Kentucky*

The *Inside Report* welcomes all correspondence regarding Amazing Facts. Letters and other materials may be used — in whole or in part and edited for content and clarity — in future ministry publications. **If Amazing Facts has helped change your life for Christ, please write us at testimonies@amazingfacts.org!**

A Little Jar of Oil



A husband suddenly dies, and his wife finds her family in desperate financial straights. Before long, a creditor is pressing at her door, demanding to take her two children away and sell them into slavery. Overwhelmed, the poor widow cries out for help, and the Lord sends her Elisha. The prophet asks her if she has anything of value in her home, but all she owns is a simple jar of oil. However, Elisha instructs her to take this common oil from her jar and begin filling other vessels borrowed from neighbors. Amazingly, no matter how many containers she fills, her jar remains full! God's miracle multiplied her little into so very much.

He can and will do the same for you today. This miraculous story, found in 2 Kings 4, can be both a warning and a story of hope. Sometimes we are unexpectedly faced with overwhelming obstacles, but if we give our all to God, He will help us overcome anything.



Giving Our Best

Every day we help people who want to be responsible stewards of the resources with which God has blessed them. So many of these faithful Christians are concerned that their CDs, money market funds, or stock portfolios are yielding very little interest or dividends. They want a stable and secure increase of their income so that they can ultimately help God's work the best they can.

If this describes you, Amazing Facts has two great plans that can help. The *charitable gift annuity* and the *charitable remainder trust* can assist your effort to become a more responsible, effective, and fulfilled caretaker of God's resources.

Our *gift annuity* is an irrevocable tool that gives you a dependable fixed income, a large immediate tax deduction, and a future annual payout that is partially tax free for your life expectancy.

Single Life Rate of Return

AGE	RATE
55	4.8%
60	5.0%
65	5.3%
70	5.7%
75	6.3%
80	7.1%
85	8.1%
90+	9.5%



Minimum Gift Amounts:

Single-Life: \$5,000
Two-Life: \$10,000

A Special Trust

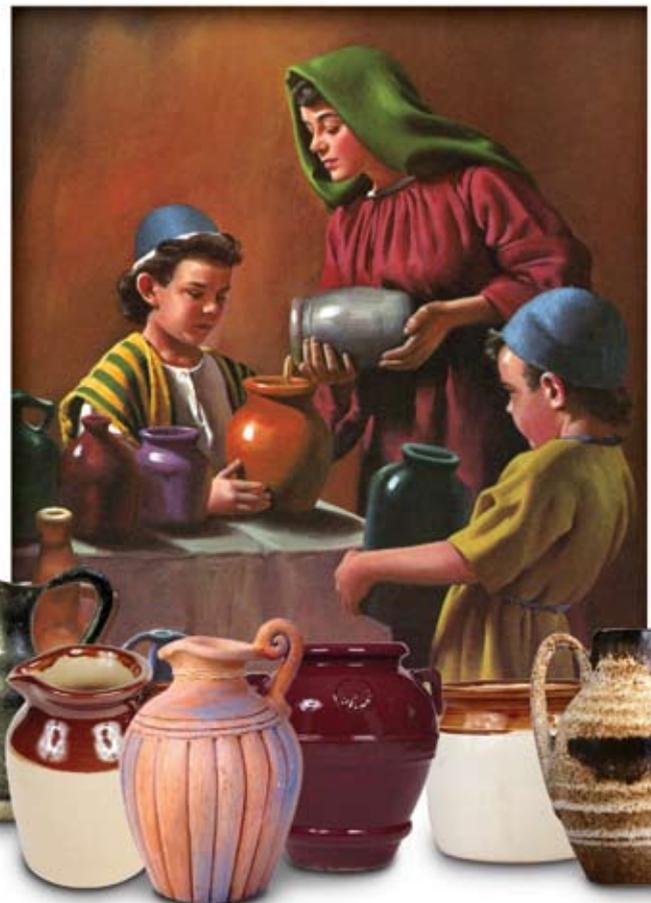
Amazing Facts *charitable remainder trust* is especially helpful if you have appreciated assets that have greatly increased in value, including land, rental property, residence, business, or stocks. Often these assets are producing little or no income, but with Amazing Facts CRTs, you can escape all capital gains tax and usually increase your income. Even more, it also gives you a large, immediate tax deduction with an excellent pay out, providing for your needs today and tomorrow.

Doing Your Best

What is in your house? What is in your life? Have you surrendered your life and dedicated your blessings to Jesus? If not, why not do that now? When we give our best to our Lord, we are cooperating with Him in delivering others from the slavery of sin.

For more information on how you can partner with Amazing Facts to do a mighty work for the Lord, call **Dan or Mark in our planned giving department at 800-436-2695, ext. 8.**

We look forward to hearing from you today!



The Smooth Road to DESTRUCTION

by Pastor Doug Batchelor

An Amazing Fact:

The California highway department noticed that on long, smooth stretches of highway, drivers were falling asleep and running off the road. So as a safety measure, they started adding line bumps to awaken sleeping motorists if they began drifting out of their lane. Most states now have these “drunk bumps” to keep drivers awake and alive.



“Now go, write it before them in a table, and note it in a book, that it may be for the time to come for ever and ever: That this is a rebellious people, lying children, children that will not hear the law of the LORD: Which say to the seers, See not; and to the prophets, Prophecy not unto us right things, speak unto us smooth things, prophesy deceits” (Isaiah 30:8–10).

A Protestant missionary in the South Pacific, after working among the indigenous population for several years, decided to return to the United States for a nine-month furlough. During this time, he planned to visit several churches to raise funds for the island mission.

He also persuaded a local chief, a recent convert to the faith, to join him on the trip. The tall chief had an imposing presence — a muscular body accentuated by a broad, pearly white smile. The missionary knew that having this living trophy of his evangelistic efforts would greatly impress the church members in North America to give more generously.

When the two arrived stateside, the missionary took the chief from church to church. After showing slides of their mission station, he paraded the chief around in a colorful native costume. People were thrilled to hear about the chief’s conversion from paganism. But along the journey across America, to avoid the gawking of onlookers, the missionary dressed his friend in typical western garments and fed him American food. It was hard to find a pair of shoes wide enough for the burly chief’s rough feet.

After the nine-month whirlwind tour, the Western lifestyle had taken a toll on the Polynesian king. His feet softened from the shoes, and he lost definition and tone in his muscles from lack of exercise. Unaccustomed to the sweet, highly processed foods, the chief even began to lose his teeth and was plagued with frequent stomach ailments.

By the time he returned to his island home, many of his own villagers barely recognized him. “Soft living” had nearly killed him.

Baby Food

When whole wheat is milled into white flour, 83 percent of the nutrients are removed; mostly only starch remains. The fiber is also gone, along with most of the Vitamin E and 21 other nutrients. The flour that is left is so drained as a food that it must be fortified with chemically manufactured thiamin, riboflavin, niacin, and iron. In fact, refined bread is so depleted, 35 U.S. states require that white flour must be synthetically enriched to be sold.

In the same way that processed wheat and soft living can make us physically weak, spiritual food with refined fiber-less pabulum produces churches full of weak, infantile invalids.

Physicians are constantly reminding us that we must have sufficient roughage and grist in our diets to be healthy. This

also applies to our spiritual diet, yet many Christians have been gumming baby mush for so long they are offended by real food.

“For though by this time you ought to be teachers, you need someone to teach you again the first principles of the oracles of God; and you have come to need milk and not solid food. For everyone who partakes only of milk is unskilled in the word of righteousness, for he is a babe. But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil” (Hebrews 5:12–14 NKJV).

Tasty Terms

Especially in North America, our brains and bodies have been gradually weakened by convenience stores, elevators, auto dial, and remote control. Why expend the energy to do anything when it can all be done for you electronically?

This love of comfort, ease, and generally smooth living has affected our terms, as well as our time. A TV network explains, “This program is not for sensitive viewers”

— instead of the truth: “This program is bloody, gruesome, grisly, and violent.” In fact, marketing executives know that as

soon as they announce a program is not for sensitive viewers, the average person will pay even closer attention. You’ve also heard, “The following program is for mature audiences.” Of course, they really should warn that the “following program contains perverted, lustful, crude material.” (Is being perverted really “mature”?)

We’ve all heard the warning: The church is in the world, but the world is not supposed to be in the church! (See John 17:16–18.) Yet sadly, the fact is that the trends of the world are having an obvious influence on our church. The same longing for easy living

is infecting God’s people. In this age of fast food, everyone wants a sermonette. (A friend of mine once said, “Sermonettes are for christianettes.”) In fact, to secure popularity among the clamoring of comfort-loving members, many pastors are falling into the same pattern as politicians who travel from one district to another telling everybody what they think will please them.

What are some of the smooth, popular, yet poisonous doctrines that some pastors are telling their flocks these days?

- As long as you pray over your food, you can eat or drink anything without consequences.
- If you have enough faith, you’ll be prosperous and comfortable.
- Abortion is not really killing an unborn baby; it’s simply “pregnancy termination.”
- Practicing homosexuality is not really a sin; it’s simply an alternate lifestyle.
- It’s not necessary to honor the Sabbath commandment literally as long as you are resting in Jesus.
 - Once you say the sinner’s prayer, you’re saved and you can’t be lost.
 - The most prevalent and deadly lie: Jesus came to save us *in* our sins, rather than *from* them.

The church is striving so hard to be politically correct and sensitive to the world. The result is that we are becoming increasingly indifferent to God’s Word.

Continued on next page.



Deadly by Any Name

The devil wants to soothe our conviction to sleep, lest we should realize our peril and turn from our sins. He is afraid we will discover how lethal sin really is — “That sin through the commandment might become exceeding sinful” (Romans 7:13) — and that we’ll start looking for a Savior.

My grandfather smoked Lucky Strike cigarettes for years. He made a few feeble attempts to quit, but his health was fair so he was not too alarmed and, therefore, not very motivated. But one day, he was admitted into the hospital for a simple procedure and was appalled when he saw the man in the bed next to him smoking those same cigarettes through a hole in his throat — his voice box had been removed from smoking-related cancer. When my grandfather understood how exceedingly dangerous smoking is, he threw away his cigarettes and never smoked again.

If a doctor is afraid to upset you so that he says that you have a touch of poison ivy when you really have skin cancer, he is not your friend. Likewise, as Christians, we should honestly diagnose ourselves if we are going to receive the appropriate treatment.

“Faithful are the wounds of a friend; but the kisses of an enemy are deceitful” (Proverbs 27:6). Ministers and church members have a responsibility to faithfully and lovingly warn the world that there is a heaven to win and a hell to shun, that persisting to live a life of sin will end in irrevocable loss.

“So thou, O son of man, I have set thee a watchman unto the house of Israel; therefore thou shalt hear the word at my mouth, and warn them from me. When I say unto the wicked, O wicked man, thou shalt surely die; if thou dost not speak to warn the wicked from his way, that wicked man shall die in his iniquity; but his blood will I require at thine hand. Nevertheless, if thou warn the wicked of his way to turn from it; if he do not turn from his way, he shall die in his iniquity; but thou hast delivered thy soul” (Ezekiel 33:7–9).

As we near the end of the world, seeing the imminence of the second coming, it is no time to proclaim smooth things. Every gospel presentation should be saturated with a sense of power and urgency. “Cry aloud, spare not, lift up thy voice like a trumpet, and show my people their transgression, and the house of Jacob their sins” (Isaiah 58:1).

Jesus has told us that one of the signs of the end is that the church will be softly singing Satan’s lullaby, “Peace, relax, rest in your sins.”

“For when they say, ‘Peace and safety!’ then sudden destruction comes upon them, as labor pains upon a pregnant woman. And they shall not escape” (1 Thessalonians 5:3 NKJV). I used to believe this passage was speaking of the world, but perhaps Paul is warning us of conditions in the church!

The Truth Can Hurt

On many occasions, Jesus had to say some rough things for the purpose of saving souls.

And on more than one occasion, droves of followers turned away from Him because of these challenging statements. “Many therefore of his disciples, when they had heard this, said, This is an hard saying; who can hear it? . . . From that time many of his disciples went back, and walked no more with him” (John 6:60, 66).

I cannot improve on this statement from the book *Steps to Christ*:

“Jesus did not suppress one word of truth, but He uttered it always in love. He exercised the greatest tact and thoughtful, kind attention in His intercourse with the people. He was never rude, never needlessly spoke a severe word, never gave needless pain to a sensitive soul. He did not censure human weakness. He spoke the truth, but always in love. He denounced hypocrisy, unbelief, and iniquity; but tears were in His voice as He uttered His scathing rebukes” (p. 12).

The hard sayings of Jesus were never designed to simply wound or offend those hearing Him. He said them to save us and help us grow the fruits of the Spirit. “Now no chastening seems to be joyful for the



present, but painful; nevertheless, afterward it yields the peaceable fruit of righteousness to those who have been trained by it” (Hebrews 12:11 NKJV).

False Prophets

Peter Marshall, in his vivid style, describes 20th century Christians with these words: “They are like deep-sea divers encased in suits designed for many fathoms deep, marching bravely forth to pull plugs out of bathtubs.”

Jesus warns us that there will be many false prophets in the last days preaching smooth things (Matthew 24:11). That’s why we must know how to distinguish the true from the counterfeit. But to take the high, straight, and rough road of biting honesty when everyone else is sliding down the smooth road buttered with platitudes of popularity requires a rare breed of courage.

In the first book of Kings, we find a story that dramatically illustrates how most people in this world are hungering to hear smooth things, while God still has faithful followers who want to tell the truth at any cost.

Ahab, the wicked king of Israel, wanted to recapture his town of Ramothgilead from the Syrians, but he needed help to take on the mighty army of Syria. So he asked King Jehoshaphat of Judah to join him in his campaign against their common enemy.

Jehoshaphat was willing to join forces with Ahab, but he believed that they should first seek God’s counsel. Ahab had forsaken the Lord years earlier to worship the pagan god Baal, so he called in his 400 hired false prophets to come before the two monarchs and prophesy. As the two kings sat on thrones, all the pompous pagan prophets said, with a loud dramatic display, “Go and fight the Syrians and you will be victorious!” It was a very impressive pep rally.

Yet Jehoshaphat was skeptical. Seeing these were all prophets of Baal and knowing how they always told the king what he wanted to hear, he requested to hear from a prophet of the Lord. Ahab was disturbed at this request but said that there was one prophet of God left, called Micaiah — but he added, “I hate



him; for he doth not prophesy good concerning me, but evil” (1 Kings 22:8). Nevertheless, at Jehoshaphat’s urging, Ahab reluctantly sent a servant to fetch Micaiah.

The messenger sent to bring Micaiah told him, “Behold now, the words of the prophets declare good unto the king with one mouth: let thy word, I pray thee, be like the word of one of them, and speak that which is good. [Preach smooth things!] And Micaiah said, As the LORD liveth, what the LORD saith unto me, that will I speak.” Now there’s a novel thought — tell the truth regardless of the consequences.

The prophet went to the kings and bravely told Ahab that if he went to fight the Syrians, he would surely die in the battle.

Now Ahab was faced with a tough decision. Should he believe 400 prophets of Baal who preached smooth things — or one lone prophet of the Lord with a rough message?

Ahab made the wrong decision, even though he knew what was right. He persuaded Jehoshaphat to

disregard the warnings of Micaiah and join him in a war promoted by Baal’s prophets. After all, how could

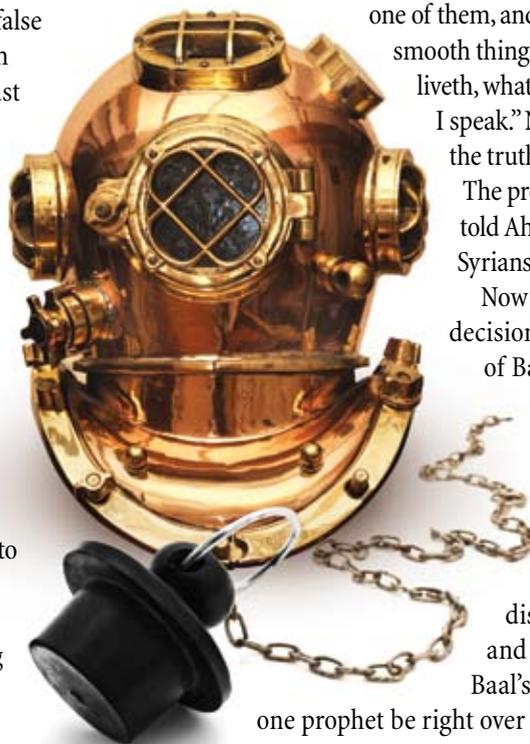
one prophet be right over 400 others?

Still, just in case, Ahab thought he could outsmart the Lord by dressing in full armor and avoiding the front lines. But the wicked king learned too late that you can never escape the Word of God. In the battle, a stray arrow struck Ahab in the joints of his armor and he bled to death in his chariot. Ahab was killed by embracing the fatal flatteries of false prophets.

In the Age of Smooth Things

When the famous evangelist Billy Sunday would preach direct and powerful sermons against specific sins, such as the evils of alcohol, local leaders would often ask him to tone down his direct preaching. They would say, “Pastor Sunday, you

Continued on page 20.





BIBLE Answers



with Pastor Doug Batchelor

Q A

When King Saul goes to the witch of Endor, does he actually talk to the dead prophet Samuel in 1 Samuel 28? If so, how can this be?

At first glance this story appears to be a confusing passage in the Bible, but with a little detective work things begin to quickly make sense.

First of all, we need to ask, “Does the devil or the witches who work for him really have the power to resurrect or otherwise call up God’s prophets?” Obviously not! Only God can create, and only He can truly animate life.

Second, this apparition asks Saul, “Why have you disturbed me by bringing me up?” If Samuel’s spirit had been in heaven, he wouldn’t have come up from the ground; he would’ve come down to the earth.

Third and most important, you have the many emphatic statements in the Bible that teach the dead are not conscious and know nothing. “For the living know that they will die, but the dead know nothing” (Ecclesiastes 9:5). Moreover, Jesus also says that the living and the dead do not communicate, even though many say the parable of the rich man and Lazarus suggests they do. But this is a grave mistake. (We have a book on this subject called *The Rich Man and Lazarus* that clears this up.)

This story is actually an example of a king that loses total faith in God and disobeys Him. In Isaiah 8, the Bible says, “When they say to you, ‘Seek those who are mediums and wizards, who whisper and mutter,’ should not a people seek their God? Should they seek the dead on behalf of the living? To the law and to the testimony! If they do not speak

Tune in to *Bible Answers Live*, Amazing Facts’ live, nationwide call-in radio program, and listen to Pastor Doug give biblical, straightforward answers to difficult Bible questions. To get times and stations in your area, or to listen to answers online, visit www.AmazingFacts.org. You can also request a free program guide by phone or mail.

according to this word, it is because there is no light in them” (vs. 19, 20 NKJV).

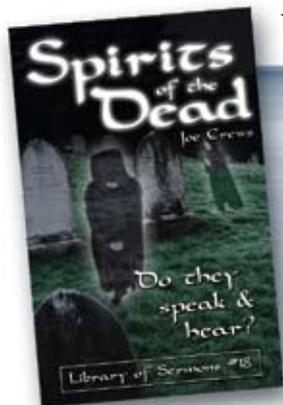
The Bible strictly forbids, on every level, any attempt to communicate with the dead. Why? Because Satan can be transformed into an angel of light. (See 2 Corinthians 11.) He can appear as something he is not. Revelation 16:14 also warns, “They are the spirits of devils, working miracles.” So devils can even work miracles and masquerade as our departed loved ones.

I firmly believe this apparition that claimed to be Samuel was in reality a demon, or the devil himself, cloaked as the deceased prophet. The devil certainly could have looked like Samuel if he wanted. He is a master of deception and illusion. He created the appearance of serpents for Pharaoh in the Exodus story.

You will also notice that in verse 14, Saul asks, “What is his form?” He’s asking the witch to say what this “Samuel” looks like. So really, he’s not seeing things clearly. One passage even says that Saul only “perceives” this apparition to be the prophet. The simple truth is that the devil is working through a forbidden medium, and the message this demon provides is an utterly hopeless one, saying, “You’re going to die, and your kingdom is going to be torn from you.” It really seems that the devil is kicking Saul for the last time while he was down.

This is a very important question to get right, because on television and in movies today people are supposedly communing with the dead, telling audiences what their dead ones are saying and doing. They’re also teaching false doctrine, like reincarnation and immortality of the soul. This is an absolutely diabolical kind of preprogramming that’s preparing the world to be deceived by the devil in the last days. I strongly encourage you to be prepared. 

You might also like:



Spirits of the Dead
Joe Crews. Biblical proof that the soul is not immortal by nature and explains why it is so important to know the truth. Great for sharing with friends and family!
BK-SD ... \$0.99

See ordering info on page 19.

TV AND RADIO BROADCAST SCHEDULE

Spiritually uplifting messages are available every day on Amazing Facts radio, television, and internet!

TV



You can also enjoy every Amazing Facts television and radio broadcast at www.AmazingFacts.org anytime, day or night!



Watch archives of all our revival programs online!

FREE PODCASTS!

Watch and listen to Pastor Doug anytime on your computer or MP3 player! Find out more online.

Be sure to visit our website for more audio Bible lessons!

AMAZING FACTS PRESENTS

A weekly 30-minute program with Pastor Doug that explores the Bible in-depth, offering practical guidance and information into Christian living, prophecy, and more!

DECEMBER 20, 27

CITIES OF ASH, PT. 1 & 2

What is hell? And what is its ultimate purpose? This crucial message from Pastor Doug will wash away years of terrible theology and change hearts in the process!

JANUARY 3, 10

THE LAW OF THE KING, PT. 1 & 2

The Ten Commandments are under attack — and not just by the world. Rediscover the ultimate meaning of God's law and how to apply them in your day-to-day experience.

JANUARY 17

A RIVER OF LIFE

In this inspiring and informative message, Pastor Doug explores the significance of baptism and why each Christian is called to experience this spiritual coming of age ritual.

JANUARY 24

RESTING THE LAND

Pastor Doug wades through all the millennium confusion, walking through the pages of the Bible, to help explain this soon-to-arrive era of 1,000 years.

JANUARY 31, FEBRUARY 7

A JAR OF OIL, PT. 1 & 2

The Holy Spirit performs a vital work in our lives; understand who He is and how He operates in this vital message. Don't miss it!

FEBRUARY 14

THE GLORIOUS KINGDOM

Every Christian's desire should be to see our new homeland in heaven. Learn what it takes to get there and what you'll see and do when you finally arrive.

FEBRUARY 21

THE MARK OF GAIN

The confusion over this mysterious mark has caused division in God's church. Pastor Doug offers a biblical look at this controversial topic and what it means for Christians today.

FEBRUARY 28, MARCH 7

VOICE IN THE WILDERNESS, PT. 1 & 2

Standards in God's church seem to be doing everything possible to meet up with the world, but this powerful message will help you see why biblical living is the only way for God's people.

RADIO

BIBLE ANSWERS LIVE — Airing weekly on Sunday at 7:00 P.M. Pacific.

A live call-in radio program where you can ask Pastor Doug any Bible question and get a biblical answer in return. Call 1-800-GOD-SAYS during program hours to participate.

WEB

You can watch Bible programming you can trust at www.AmazingFacts.tv — streaming online 24 hours a day, 7 days a week. Tune in today!

Share truth! Tell your loved ones about Amazing Facts on the Discovery Channel!

Schedules are subject to change without notice. Television broadcast includes national broadcast only, so check your local listings and stations in your area or visit www.AmazingFacts.org for more information.



AMAZING FACTS

NEWS NOTES

NEWS

NOTES

Amazing Facts on Discovery Channel

We are thrilled to announce that Amazing Facts is now broadcasting the three angels' messages on the Discovery Channel cable network.

The Discovery Channel is one of the most popular and easily recognized television networks in the world, attracting a unique and diverse viewership with programs like "MythBusters" and "Man vs. Wild." It has a huge audience of more than 99 million in North America alone, representing a vast group of secular people not easily reached with our current TV channels.



Pastor Doug believes this development is the direct result of God's providence, considering the difficulty and expense of getting a time slot on Discovery. "The reward is certainly worth it," he says. "I believe hundreds of thousands of new people are going to discover the ultimate Bible truth for the very first time because of this new opportunity"

Every six months, nearly 50,000 people contact Amazing Facts after watching one of our media programs on television, which broadcast on such networks as 3ABN, ABC Family, Hope Channel, LifeStyle, NRB Network, SafeTV, Skyangel, TV Nueva Tempo, WGN, WORD Network, and many more.

This media contact is often the gateway into more Bible lessons and, through the Holy Spirit, a lasting relationship with the Son of God. We hope and pray that by broadcasting on the Discovery Channel, Amazing Facts will see a significant increase in people seeking more information about the Bible.

AFCOE: Tag Team

Although Amazing Facts is sad to report that Tyler Long is leaving AFCOE as an instructor, we rejoice that he is returning as a full-time evangelist! AFCOE has seen much growth over the past three years, and much of this success can be attributed to the skills and work ethic of Tyler.

Coming to AFCOE now is Eric Flickinger, a senior evangelist with Amazing Facts for a decade. His wife, Hildeleasa, a registered dietician, will also be working with the team.

In addition, Tammy Steenson will join the team to help coordinate the outreach for both AFCOE and AFCOE to Go programs. Since graduating from AFCOE, Tammy has been used by the Lord to lead many souls into His kingdom in the Sacramento area. Students will be blessed by her teaching and inspired by her commitment to saving souls.

Want more ministry news?
Get it at www.AmazingFacts.org.

Project Opportunities

Building His Kingdom Together

Project: Amazing Facts Health DVD



Amazing Facts has begun development on a new sharing DVD that will teach people the last-day health message and help them experience the benefits of submitting every facet of life to Jesus Christ. The DVD will be modeled on our extremely successful *Amazing Health!*

magazine, but will also have in-depth presentations by leading authorities on Bible-based healthy living. It will be perfect for one-on-one study or as part of an evangelistic outreach series! Help make this project possible by supporting Amazing Facts today.

Project: Prophecy Foundations DVD

Imagine an entire prophecy series on one DVD that's priced for sharing ... it's perfect for the multimedia world! This incredible DVD will include an entire evangelistic seminar, our Study Guide lessons, a KJV Bible, follow-up literature on important subjects, a collection of evangelism music, valuable links to study websites, and more. These DVDs are going to be "lightweight" heavy hitters that we can spread around the world, but we need your support to make it happen!



More Ways to Support God's End-Time Work



• You can now further the gospel through even more giving options! Do you have a non-cash gift you would like to donate to help reach souls lost in darkness?



• Amazing Facts gladly accepts vehicles, stocks, mutual fund shares, and real estate that we can convert into soul-winning resources.



• Call us at 1-800-436-2695, ext. 8, and we'll assist you with the paperwork and how you can benefit with the best possible tax deduction.



From
DEPRESSION
to
Baptism
Evangelistic Synergy

by Don Mackintosh BSN MDiv., Director of AFCOE

“**W**hen I came to this class, I could see no way out. But now I have hope,” Marge explained through her tears of joy.

“I never thought I’d see her smile again,” her husband, Bob, added as he put his arm around me to hug me on the day of their baptism.

Just 12 weeks prior, I didn’t know Bob and Marge. They didn’t attend church either, but when Bob heard about the upcoming Depression Recovery program hosted by Weimar Center of Health & Education, he thought, “Why not try it; nothing else has worked.”

As Bob attended the informational meeting, during which Dr. Neil Nedley, president of Weimar Center, gave an overview of the program, he became more and more hopeful. Here was a program that wasn’t just pushing more pills. It was taking a comprehensive, no-holds-barred approach to depression. He signed up not only himself and Marge, but his son and wife as well.

The two families faithfully attended the course each Monday night. They also began implementing the program’s recommendations by eating mind-friendly foods, exercising, listening to classical music, and reading a chapter a day from the book of Proverbs. “We literally felt ourselves changing from the inside out,” Marge says.

“The only aspect of the program that was hard for me to embrace,” explains Bob, “was the cold showers.” However, after a few weeks, Bob even began including these in his routine.

A SOUL-WINNING CONNECTION

During the seminar, Bob and his wife bonded with church members and students from the Amazing Facts Center of Evangelism (AFCOE) class that participated and facilitated the program’s small group. In these groups, the concepts covered by Dr. Nedley in the Depression Recovery seminar were more fully developed, including the introduction of a spiritual perspective.

Bob and Marge began to understand how God’s Word could be a practical healing agent in their battle with depression. They were amazed to see how relevant God’s Word was for them, and they were equally impressed that the church members

and AFCOE students seemed to already know these things so well. As they began to heal mentally and emotionally, they experienced a spiritual awakening and desired to know more about the church that was hosting the depression seminar.

As the seminar came to a close, the friends they had met in the seminar invited the entire family to attend the upcoming evangelistic prophecy series with an Amazing Facts evangelist. They immediately accepted and attended, and by the end of the seminar, all four took their stand for baptism.

Today their lives continue to be gripped and grounded by the study of God’s Word each week, both in the small group they attend as well as during the worship services held each Sabbath.

Rich and Susan Kollenberg, the lay leaders who facilitated the Depression Recovery program for their community, were overjoyed at these decisions. “We praise God for Dr. Nedley and the Depression Recovery program. Five of the 12 members who came to this seminar are now members of our church and several others who did not join our church continue to attend the small group.”

In a world that is crying out for the comfort and care of a living Christ who heals, those who make themselves available can and will see His healing power in action. —

Want to Learn More?

For more about the Depression Recovery program, visit

www.weimar.com

For more about AFCOE, visit

www.AFCOE.org

For more about our prophecy seminars, visit

www.AmazingFacts.org

Names of participants have been changed.

AFCOE

Rescue Training that Works!



The recent crop of Amazing Facts Center of Evangelism (AFCOE) students has already made a huge difference for the Lord — and before they even graduated! As part of their comprehensive training, students joined in for an expansive outreach program in a nearby community.

The class worked in an area that has a strong agnostic/atheistic presence, and many residents are simply confused about what they really believe. Despite this difficult mission field, the Lord used AFCOE students to push forward His message, and they had great success.

In only six days of door-to-door outreach, God gave the students 78 scheduled in-home Bible studies and 123 drop-off Bible studies. Our students also experienced a number of divine appointments as they went door to door.

PRECIOUS AS GOLD

For instance, when an outreach team stopped by for one scheduled Bible study, no one answered the door. So they continued going door to door. In a few hours, they came back to the same home and knocked again. The second time, no one answered. Later, they felt impressed to go back one last time. They claimed the Bible promise that those who search for God are as “precious as gold.” They asked God to help them reach the man at this home.

When they finished their prayer, they knocked on his door and he was there! He said, “I’ve been waiting for you all this time!” He had been there all day, but he had not heard them knock. He also explained that he shouldn’t have heard them the third time because he had been in a back room. Did the prayer improve his hearing?

Once the study was over, he said, “I have a gift for you.” He pulled out some new “gold” one-dollar coins and gave one to

each student. When they left the house, they rejoiced that God had given them this little golden token as a reminder that, indeed, seeking souls are as precious as gold. It surely was no coincidence!

SANCTIFIED SYNERGY

Amazing Facts and Weimar also joined together for a Depression Recovery seminar as an effective outreach blitz. Don Mackintosh, AFCOE director, reports, “More than 70 attended the class, and most have seen positive changes mentally, physically, and spiritually. Our AFCOE students led from the front and facilitated the small groups, befriending the attendees and opening doors to more spiritual discussions. More than 30 percent of these guests also came to the evangelistic meetings, and a number of them have been baptized, with more to come.”

Many of these people would not have been reached any other way, so we praise God for the message of health that is able to reach so many people with truth.

WORKING THE FIELD

In the time that Wes Peppers, outreach coordinator, has been at AFCOE, he’d never seen a more challenging mission field. The area is a stronghold of New Age spiritualism and secularism, and he could readily see the great controversy being played out in people’s lives.

He reports, “I challenged the class to pray for at least 100 visitors at the meetings. We all wondered if it could really be done in such an anti-God community. Yet we prayed fervently, and claimed the promise of Isaiah 55:11: “So shall My word be that goes forth from My mouth; It shall not return to me void, but it shall accomplish what I please, and it shall prosper in the thing for which I sent it.”

The students had many prayer sessions throughout the day. They also had times of fasting. “In response, God answered



AFCOE: Operation Impact

YOUR CHANGE TO BE INVOLVED!

our prayer for at least 100 visitors and more. The students brought more than half of the total number of visitors to the meetings.”

Even in the second week, a large crowd was still coming. It is awesome to serve a God who answers the prayers of His people in just the right way to build faith so much stronger than it was!

EVANGELISM BRINGS REVIVAL TO STUDENTS

There is nothing like evangelism to revive the experience of people for the Lord. When students came back from outreach, they often shared their experience in a joint worship group with students from Weimar College and Academy. The effect of these testimonies was electrifying, uplifting the faith of those struggling spiritually. Many students rededicated their lives to God, as well as those who heard their testimonies.

For instance, John Carcano came to the Amazing Facts/Weimar convocation during this past summer. While there, he learned about AFCOE and decided to attend.



“As I listened to his first sermon as a student at AFCOE,” Don Mackintosh explains, “I realized what God had been doing for this young man. God had literally snatched him from the jaws of death. He had been a drug dealer and user who had nearly lost his life on several occasions. One night, as John was burglarizing a home. He saw a Bible and stole it. He took it home and began to read, and it changed his life! He found other believers who began to study with him, and they invited him to attend the convocation. Then these same believers helped raise the funds for him to attend AFCOE. During the class, John experienced a deep conversion and was baptized. In addition, he even brought several guests to the evangelistic seminar!”

Such stories can be multiplied. Is God calling you to work for Him? If so, don't delay! He can use you no matter where you've been or what you've done! See our AFCOE ad on page 17. 

In the book of Acts, we learn that the Holy Spirit was often poured out in populated areas. In Acts 2, it was Jerusalem; in Acts 10, it was Caesarea; in Acts 19, Ephesus — is it possible that God desires to achieve this same kind of maximum impact today?

Amazing Facts and Weimar Center for Health & Education are about to find out, joining together to impact cities across America for Christ! Our first effort toward this end will take place in Bakersfield, California, from January 8–16, 2010.

During these two weeks, Pastor Doug Batchelor, Dr. Neil Nedley, the AFCOE team, and special guests will join forces for a unique time of training, testimony, and evangelism!

First Weekend (January 8–10) — Dr. Nedley and Don Mackintosh will show you how to help people improve the health of their minds, bodies, and souls. On January 10, AFCOE to Go participants will partner with GLOW ministries and local laity for hands-on outreach training.

During the Week (January 11–15) — Imagine getting evangelism training from Pastor Doug, Dr. Nedley, the AFCOE team, and GLOW! This incredible time of training is being offered at a huge discount — just \$100 for those in Bakersfield and surrounding areas! Normally, this training costs \$500. So why are we doing this? Because we want as many people as possible to be involved in this training and outreach to the city.

Second Weekend (January 15, 16) — Pastor Doug will share his testimony, and Sabbath morning will feature a special edition of *Bible Answers Live* and a screening of the new *Cosmic Conflict* DVD.



GET INVOLVED!

Discover the joy of sharing Jesus! Together, we can impact an entire city for Christ. If you are in the Bakersfield area, contact your pastor for registration information. Or contact us online at www.AFCOE.com. Remember, this special event is only \$100! **Register TODAY!**

AFCOE Goes Global!

by Don Mackintosh BSN MDiv, Director of AFCOE



AFCOE: Ukraine

“Jesus went about all Galilee, teaching in their synagogues, preaching the gospel of the kingdom, and healing all kinds of sickness and all kinds of disease among the people.” —Matthew 4:23 NKJV

In this powerful passage from the New Testament, I am amazed at the simplicity of Christ’s methods of evangelism. Teaching, preaching, and healing — pretty basic, but how effective were His methods?

He and the disciples, whom He trained for the work, “turned the world upside down” (Acts 17:6). And they did it without television, radio, cell phones, or the internet!

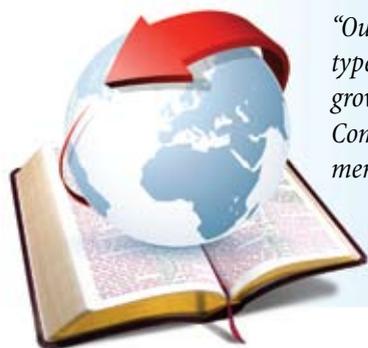
The apostle Paul not only followed Christ’s method of evangelism, he taught others to do the same. Acts 19 reports:

“He went into the synagogue and spoke boldly for three months, reasoning and persuading concerning the things of the kingdom of God. But when some were hardened and did not believe, but spoke evil of the Way before the multitude, he departed from them and withdrew the disciples, reasoning daily in the school of Tyrannus” (vs. 8–10 NKJV).

Did you catch that? When Paul was refused access to the synagogues, the churches of his day, he opened a school where he taught daily. And how effective was he? “All who dwelt in Asia heard the word of the Lord Jesus, both Jews and Greeks” (v. 10). Even the Greeks, those outside the church, had opportunity to hear and to believe!

“Our desperate need is for just this type of school. The church has grown rapidly here since the fall of Communism, and it is filled with members who need training and experience in soul winning.”

—Ukrainian Union Conference President



A Global Impact

Jesus and Paul demonstrated that education done right can rapidly impact the world globally. So following their example, and at the request of numerous leaders and laity from around the world, the Amazing Facts Center of Evangelism is going global!

In January of 2010, Amazing Facts will pilot its first school abroad in the Ukraine!

But why the Ukraine first?

Location: The Ukraine is bordered by Russia to the east; Belarus to the north; Poland, Slovakia, and Hungary to the west; Romania and Moldova to the southwest. Thus millions of people can be reached from Ukraine’s central location, including 260 million people in Russian-speaking countries.

Laws: The openness of Ukrainian law to evangelism training, which is vastly different from surrounding countries in which such training is not allowed.

Leadership: Once we committed to the Ukraine, we began to earnestly pray for the right leadership. Lowell Hargreaves, an Amazing Facts evangelist with vast outreach experience in the Ukraine, alerted us to someone who could provide that leadership — Michael Demyan. Amazingly, Michael just happened to live within six miles of our headquarters in California! He will be joined by Kevin Sears, an AFCOE graduate and now a veteran Bible worker and trainer. It is truly amazing to see how God pulled this team together!

Laity: Perhaps the most important aspect of planting this new AFCOE is the laity in the Ukraine. According to Leasa Hodges, a Bible worker trainer, the laity in the Ukraine are on fire for God. “I have traveled the world training people how to reach out, but the Ukrainian people have taken witnessing to a new level! They want to see Jesus come.” Planting an AFCOE in Ukraine is simply a wise opportunity!

Jesus, His disciples, and Paul all turned the world upside down as preachers and teachers. Let’s pray that the same will happen at AFCOE in the Ukraine for His honor and glory! 

Please put these dates on your prayer list:

January 7–10: School Opening & Registration
March 27: Evangelistic Meetings Begin
May 15: Graduation

AFCOE

Amazing Facts Center of Evangelism

The Harvest Is Plentiful. God Needs Laborers...



Like YOU!

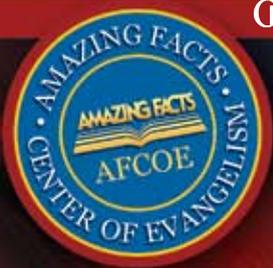
Gain confidence • Reach the heart • Teach compellingly • Preach powerfully

Complete 4-month Course

January 21 - May 28, 2010

Application deadline: January 11, 2010

A dynamic, comprehensive course that will prepare you for an entry-level career in ministry. Come study God's Word, learn principles of effective soul-winning, and work under the mentorship of successful soul-winners. It's an experience only AFCOE can offer!



AFCOE TO GO

AFCOE to Go

January 8 - 16, 2010 Live in Bakersfield, Calif.
ONLY \$100!

This unique, eight-day version of AFCOE to Go features Pastor Doug Batchelor, Dr. Neil Nedley, and the AFCOE team — all at an 80-percent discount from the regular AFCOE to Go price! This one-time special event also includes outreach opportunities under the guidance of professional evangelists!

At AFCOE, you'll get:

- Dynamic evangelism training
- World-class, seasoned teachers
- A revival experience that will energize your faith
- Many awesome, practical resources for witnessing

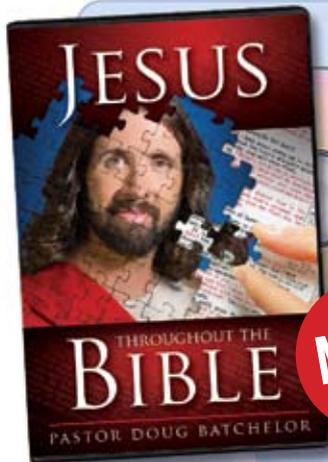
If you are in the Bakersfield area, please register with your pastor. Otherwise, call us today to reserve your spot. Hurry — only 150 spots are available!

916-209-7249

Call or go online at
www.AFCOE.org TODAY!

Interested in an AFCOE to Go in
your area? Find 50 participants
and we'll come to you!





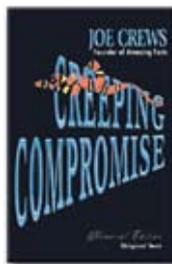
Jesus Throughout the Bible

Doug Batchelor. The New Testament isn't the only place where you will find Jesus. Journey with Pastor Doug through the Bible to discover why the Son of God is also called the Word Incarnate. A thrilling Bible study experience that will enlighten and inspire your faith. (6 parts)
 (Audio CD Set) CD-JTB ... \$29.95
 (DVD Set) DV-JTB ... \$34.95

NEW!

Creeping Compromise

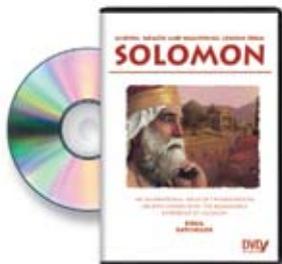
Joe Crews. With his unique, straightforward style, Crews addresses some of the most sensitive and controversial issues in a bold, uncompromising approach. Sure to challenge and inspire you to the highest standards of Christian living.
 BK-CCME ... \$10.95



Plus, inspire your faith with these companion CDs!

Christ in Song CD Vol. 1 & 2

(Vol. 1) CD-CIS1 ... \$15.00
 (Vol. 2) CD-CIS2 ... \$15.00

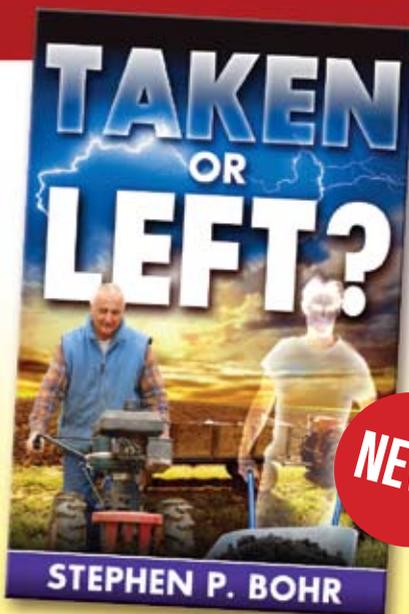


Lessons From the Life of Solomon

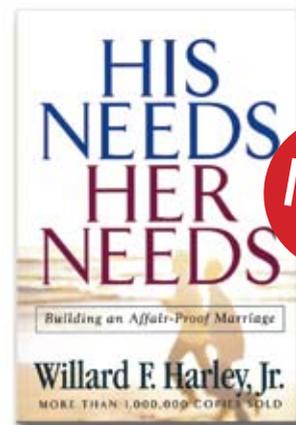
Join Pastor Doug on an incredible spiritual odyssey based on the life and times of the wisest man who ever walked the earth. (5 CDs/DVDs)
 (Audio CD Set) CD-LLS ... \$35.00
 (DVD Set) DV-LLSO ... \$35.00

Taken or Left?

Stephen P. Bohr. Two men in the field. One is taken ... the other is left. In Matthew 24, Jesus reveals the lost and the saved at the end of time. But what did He mean when He said that some would be taken and some would be left? Step by step, author Stephen Bohr leads you to a carefully researched conclusion drawn from a study of the Old and New Testaments — giving you a powerful foundation that will help open up the deeper meanings of Bible prophecy like never before.
 BK-TOL ... \$3.49



NEW!



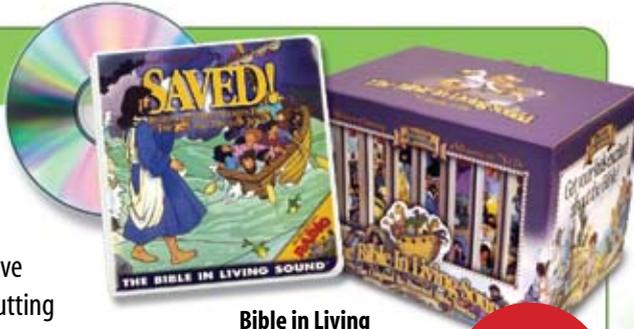
NEW!

His Needs, Her Needs

Dr. Willard F. Harley, Jr. Designed to change the course of a marriage, this book helps couples understand why best intentions are simply not enough to prevent marital strife. Discover the most important emotional needs of you and your spouse, how to communicate those needs better, and how to meet those needs for a long-lasting, harmonious marriage.
 BK-HNHN ... \$19.99

The Bible in Living Sound

The original dramatized audio Bible stories will get your kids excited about the Word of God! These spiritually enthralling stories, re-enacted with music and sound effects, leave impressions of lasting beauty and wonder, putting your kids inside the Bible and letting them explore the will of God! Each volume contains 60 stories on 10 CDs (except vol. 8).



Bible in Living Sound Complete Set
Includes Volumes 1-8.
CD-BLS ... \$289.95



Collections:

Stories of the Old Testament Set
Includes Volumes 1-4.
CD-BLSOT ... \$159.80

Stories of Jesus Set
Includes Volumes 5 and 6.
CD-BLSJ ... \$79.90

Stories of Paul & the Apostles Set
Includes Volumes 7 and 8.
CD-BLSPA ... \$59.90



Volume 1: Freed!
From Creation to the Exodus.
CD-BLS1 ... \$39.95

Volume 2: Challenged!
From the 10 Commandments to David & Jonathan.
CD-BLS2 ... \$39.95

Volume 3: Tested!
From David & Saul to Elijah & Elisha.
CD-BLS3 ... \$39.95



Volume 4: Rescued!
From Elisha & Joash to Queen Esther.
CD-BLS4 ... \$39.95

Volume 5: Saved!
From Jesus' birth to Jesus at the feast of tabernacles.
CD-BLS5 ... \$39.95

Volume 6: Reclaimed!
From Jesus writing in the sand to His ascension.
CD-BLS6 ... \$39.95



Volume 7: Delivered!
From Pentecost to Paul's journeys.
CD-BLS7 ... \$39.95

Volume 8: Victorious!
From Paul's teachings to Paul's death. (30 stories on 5 CDs)
CD-BLS8 ... \$19.95

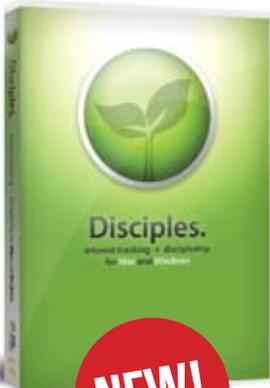
Disciples

A powerful software tool for discipleship and evangelism event management! It's easy to organize and sort interest lists, track attendance, and manage small groups. Use it for multiple churches and with multiple users. You can map contacts with integrated Google maps and print customizable reports for mailings or other projects. Smart filters and appointment calendars help pinpoint interests you need to

visit today. Perfect for pastors, evangelists, coordinators, and Bible workers. If you're doing an outreach event, you need this software!

Buy the CD Box set, or go to www.AmazingFacts.org to download online and check system requirements. For Mac and Windows.

(Box Set) CD-DCM - \$59.00
(Download) DL-DCM - \$59.00



Sing a New Song

Marion Blythe Peppers' debut album. Marion's voice has blessed many churches and events, and now you can hear her sing some of the most loved hymns, including "Come Thou Fount," "Be Thou My Vision," and "There is a Fountain." You'll be blessed by the beautiful arrangements and orchestration.

CD-SANS ... \$15.00

Other songs include:

Search for Me	I Heard the Voice of Jesus
Give Me Jesus	His Eye Is on the Sparrow
Amazing Grace	I Will Follow Thee/I Need Thee
Sweet Hour of Prayer	



800-538-7275

Call today or go online at

www.AmazingFacts.org

Shipping Information

Please add **15%** of sales value or **\$5.50** (whichever is higher) for shipping & handling.

California residents please add 8.25% sales tax. For orders shipped outside the U.S. and Canada, add 25% or \$10 (whichever is higher) for foreign postage.

Some items may require additional shipping costs and delivery time due to weight.

Continued from page 9.

are always rubbing the cat's fur the wrong way." But the famed evangelist would respond, "I am rubbing the cat's fur the right way; the cat just needs to turn around."

Jesus warns, "Woe to you when all men speak well of you, For so did their fathers to the false prophets" (Luke 6:26 NKJV). Jeremiah put it this way: "Do not believe them, Even though they speak smooth words to you" (Jeremiah 12:6 NKJV).

Paul goes on to tell us that this dilemma will be one of the characteristics of the church in the last days. Church members will be looking for ministers to tell them what pleases their carnal nature, for smooth, easy religion without a cross.

"Preach the word! Be ready in season and out of season. Convince, rebuke, exhort, with all longsuffering and teaching. For the time will come when they will not endure sound doctrine, but according to their own desires, because they have itching ears, they will heap up for themselves teachers, and they will turn their ears away from the truth, and be turned aside to fables" (2 Timothy 4:2-4 NKJV).

Many people in our church today want a form of religion without the power to overcome their sins. Many churches are accommodating them, providing bazaars, bingo, and soothing social programs — but avoiding a message of salvation from sin. Their sermons are like a saw with no teeth.

The sharp sword of God's Word is replaced with a rubber baby spoon!

Sadly, the people leave church feeling like they have been feasting on molasses. It is sweet to eat, but then everyone walks away sick. It's all gooey, sloppy sermons for cotton candy Christians.

One Sunday, Abraham Lincoln was riding home from church in his carriage when his secretary asked him how he liked the sermon

they just heard. "Not very much." The secretary was surprised, because most people felt the preacher was very gifted. What was the problem? Lincoln answered, "He did not ask me to do anything great."

The true word of God will always challenge us to press onward and upward to greater things. One great writer put it this way:

"Preachers should have no scruples to preach the truth as it is found in God's word. Let the truth cut.

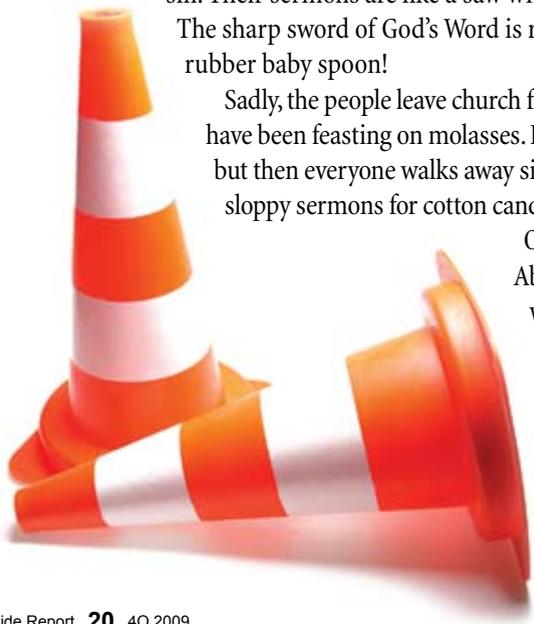
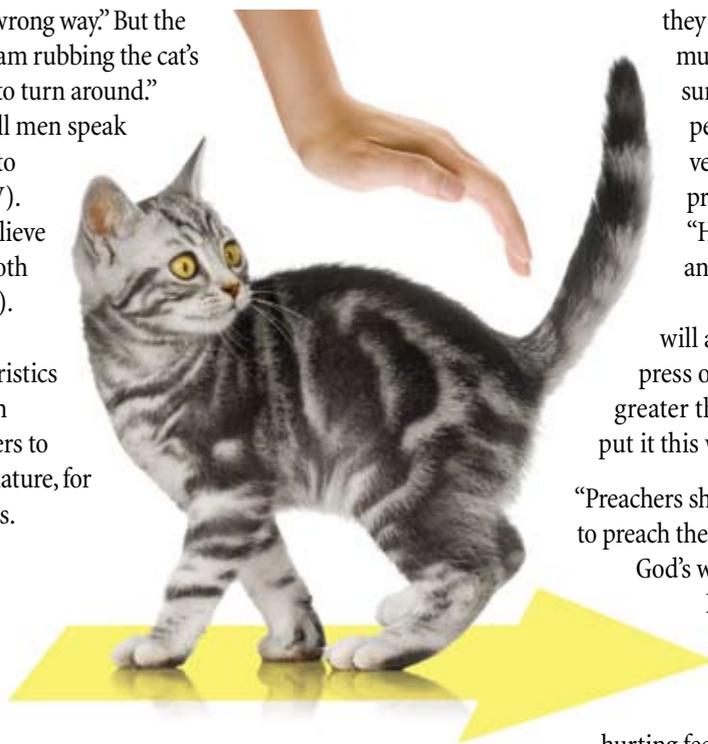
I have been shown that why ministers have not more success is, they are afraid of hurting feelings, fearful of not being courteous, and they lower the standard of truth, and conceal if possible the peculiarity of our faith. I saw that God could not make such successful. The truth must be made pointed, and the necessity of a decision urged. And as false shepherds are crying, Peace, and are preaching smooth things, the servants of God must cry aloud, and spare not, and leave the result with God" (Ellen White, *Spiritual Gifts*, Vol. 2, pp. 284, 285).

Avoiding Disaster

"When thou sittest to eat with a ruler, consider diligently what is before thee: And put a knife to thy throat, if thou be a man given to appetite. Be not desirous of his dainties: for they are deceitful meat" (Proverbs 23:1-3).

So what can you do to resist the temptation of gobbling up Satan's sweet but deceptive delicacies?

- 1. Measure all teachings by the Word of God.** "To the law and to the testimony: if they speak not according to this word, it is because there is no light in them" (Isaiah 8:20).
- 2. Be willing to do His will, regardless of the consequences!** "If any man will do his will, he shall know of the doctrine, whether it be of God" (John 7:17).
- 3. Never accept a teaching just because it is popular.** "Thou shalt not follow a multitude to do evil" (Exodus 23:2).
- 4. Place yourself under a well-balanced diet of spiritual teaching and feed your own soul with God's Word.**



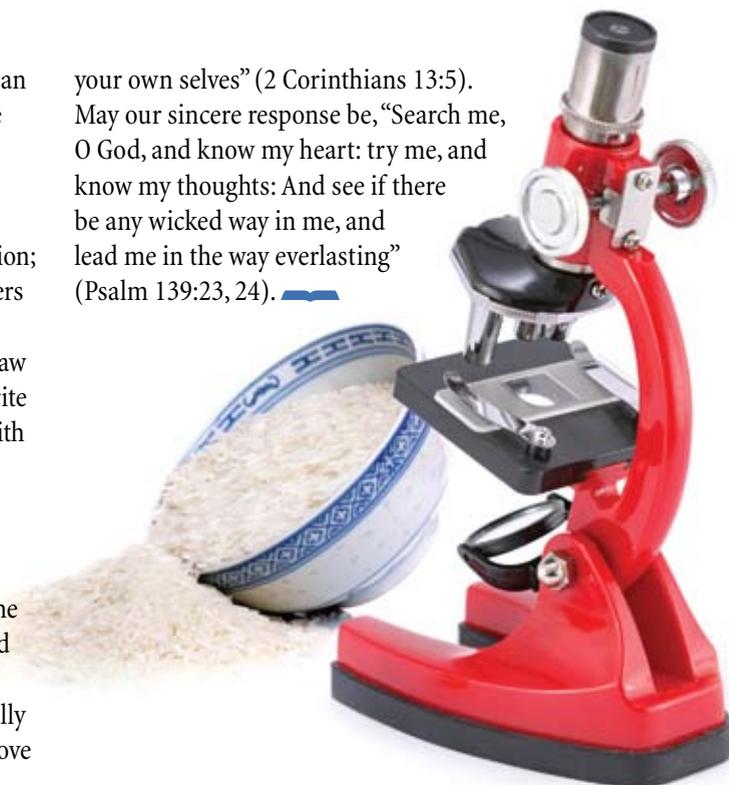
“Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth” (2 Timothy 2:15).

Several years ago, a man living in China bought a microscope. At first he was thrilled with his new acquisition; he marveled looking at the wonders of flowers and feathers magnified hundreds of times. But one day he made the mistake of looking at his rice under the microscope and saw that it was crawling with tiny creatures. Rice was his favorite food. Very disturbed, the man smashed his microscope with a rock because it revealed his rice had bugs, but he didn't want to give up his beloved staple.

We are all faced with a similar challenge today. We can either place ourselves under the scrutiny of God's Word and allow Him to boil away the bugs — or we can turn the microscope of His law out of focus to blur our defects and listen to the fancy fables of false prophets.

God desires that we look deep to find out what we really want. “Examine yourselves, whether ye be in the faith; prove

your own selves” (2 Corinthians 13:5). May our sincere response be, “Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting” (Psalm 139:23, 24).



A Light in the Dark

Smooth but perilous doctrines are sweeping into God's church today, casting a terrible darkness that will lead millions of souls astray.

That's why your investment in God's work through Amazing Facts will help us build up His eternal kingdom by strengthening His church, enabling us to boldly proclaim the uncompromised Bible truth wherever we go and helping His people become courageous soldiers for Christ.

“Thank you for being there for so many of us who come from religiously aware backgrounds, but who have yet to have a real Christian experience. You are very brave for declaring God's end-time church. What I heard really liberated me from a lifetime of useless tradition.” Michigan

Please use the envelope in this magazine to send your gift today — so we can begin to help make a change in the thousands of lives who come into contact with Amazing Facts every day.



Help us to shine the light of truth!

Amazing Facts Evangelism Team

Contact us at 916-434-3880 to schedule an Amazing Facts evangelistic prophecy series or revival weekend in your church!



Doug Batchelor



Emanuel Baek



Darrin Bartell



Lowell Hargreaves



Chuck Holtry



Tim Jones



Tyler Long



Jason Morgan



Dennis Priebe



Jason Sliger



Dave Steward

Doug Batchelor

January 8 – 16
AFCOE-to-Go and Convocation
Bakersfield, California

February 26, 27
Faith Summit
Madison Campus Church
607-B Larkin Springs Road
Madison, Tennessee

May 1
Buenos Aires, Argentina
Call 916-434-3880 for details.

May 3–8
Week of Prayer
River Plate University
Entre Rios, Argentina

Emanuel Baek
January 8 – February 13
Sedalia, Missouri
Call 660-826-8951 for details.

February 26 – April 3
Ridgetop, Tennessee
Call 615-859-3651 for details.

July 18 – 24
Campmeeting
Angwin, California

Darrin Bartell
February 26 – April 3
Clarion Hotel
100 Westbank Expressway
Gretna, Louisiana

April 16 – May 22
League City, Texas

August 27 – October 2
Prestonsburg, Kentucky
Call 606-886-3459 for details.

Lowell Hargreaves

January 22 – February 27
Budapest, Hungary

March 5 – April 10
Szeged, Hungary

April 16 – May 22
Budapest, Hungary

Chuck Holtry
January 8 – February 13
Holiday Inn Express
750 Round Hill Drive
Orange, Virginia

February 26 – April 3
Community Center
417 W. Main Ave
Raymondville, Texas

April 9 – May 15
Church Auditorium
4230 Old U.S. Highway 52
Lexington, North Carolina

July 16 – August 21
Bonnerdale, Arkansas

August 27 – October 2
Baytown, Texas

Tim Jones
January 8 – February 13
Church Auditorium
589 Southwest Birch Street
Dallas, Oregon

February 26 – April 3
Church Auditorium
2434 Southwest Wanamaker Rd.
Topeka, Kansas

Tim Jones continued

April 16 – May 22
Church Auditorium
Gold Street at Harrison Street
Foresthill, California

August 27 – October 2
Church Auditorium
3210 Decker Road
Duluth, Minnesota 55805

Tyler Long
March 4 – April 9
McKinleyville, California
Call 707-839-3832 for details.

April 15 – May 22
London, England

August 22 – November 21
Kansas City, Missouri

Jason Morgan
January 9 – February 7
Winston-Salem, North Carolina
Call 336-765-6070 for details.

February 12 – March 13
Campbell, Tennessee
Call 731-427-1255 for details.

March 19 – April 17
Amarillo, Texas
Call 806-352-6106 for details.

July 16 – August 14
El Paso, Texas

August 20 – September 18
Texico, Texas

Jason Sliger

January 15 – February 13
Jamestown, Virginia
Call 701-252-1421 for details.

February 26 – April 3
Springdale, Arkansas
Call 479-751-5817 for details.

April 16 – May 22
Casper, Wyoming
Call 307-235-5619 for details.

July 9 – August 14
Clovis Civic Center
801 Schepps Boulevard
Clovis, New Mexico

August 27 – October 2
Albuquerque, New Mexico
Call 505-839-2181 for details

Dave Steward
January 8 – February 13
Church Auditorium
4703 South Canyon Road
Rapid City, South Dakota

February 26 – April 3
Church Auditorium
102 Fourth Avenue
Chula Vista, California

April 16 – May 22
Colville, Washington
Call 509-442-4723 for details.

Times and locations are subject to change. Visit our website to confirm details prior to attending.

You are invited to meet the members of our dynamic evangelism team at our many seminars and revivals throughout the year — and please invite a friend! Go to www.AmazingFacts.org to get exact times and locations! (Click on Training and then Prophecy Seminars.)



Harvest Report

They Finally Found One

Pastor Lloyd Schomburg of the Pulaski Church in Tennessee writes in with this thrilling report after Amazing Facts evangelist Jason Sliger's Bible series was held there in July-August 2009.

Before Amazing Facts evangelist Jason Sliger had arrived in our small town, the Sabbath church in Pulaski, Tennessee, had an average attendance of approximately 30 members on any given Sabbath.

But at the worship service following the series on August 29, there was a lot of joy in the air with nearly twice that number in attendance! That amazing number included several guests from the community and those who were baptized and joined our church through a profession of faith.

To say that there was excitement among the Pulaski congregation is an understatement. As the pastor, I believe this has been the best thing that has happened in this town and church in years. Everyone who made a decision to join our church had received the Amazing Facts Bible prophecy seminar brochures in the mail and attended every night of the meetings.

The two things I appreciated the most about the series were the clarity of the presentations and the fact that Jason enjoyed going into the homes of guests and offering one-on-one outreach. It was a joy for me to visit the interests with him.

A couple in their 80s joined by profession of faith. They explained they had been "looking for a church their whole lives that taught the Bible, and they finally found one." Their enthusiasm was contagious!

One 52-year-old lady was baptized who had never had any previous contact with Sabbathkeeping Christians until she met a church member and his wife, who befriended her and invited her to the meetings.

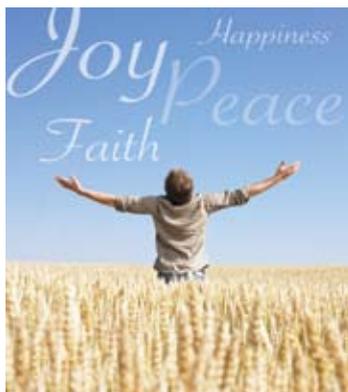
A 29 year-old lady said, when she was baptized, that the children's program had actually changed her son's behavior at school and at home. One 49-year-old lady who joined by profession of faith lost her job over a year ago and had plenty of time on her hands to read. She attended each evening and, just before the last Sabbath, she told how at a yard sale over a year ago she had bought a bundle of inspired books for \$10 and was born again as a result of reading them. Moreover, her daughter and son-in-law attended most of the meetings and have attended the past two Sabbath worship services. They are continuing their studies to learn about the last-day message.

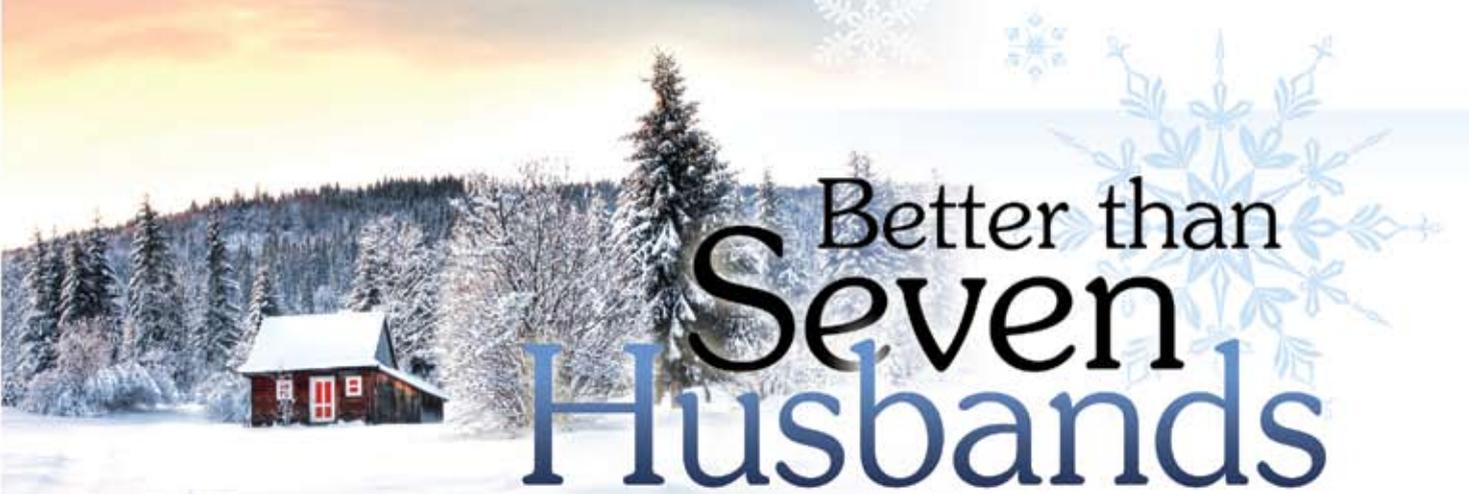
More Than Just Soul-Winning

It was also refreshing to hear the message again as if for the first time, and to see decisions made. One of our church leaders told me that he believes the members enjoyed the meetings as much as the visitors and that it was the best turnout for member support in a long time; it actually brought about a revival in the church. Without a question, our members and visitors fell in love with Jason Sliger and his wife Midori.

What are we looking forward to in the future? We are anticipating the return of Jason Sliger in the fall of 2010 to Lawrenceburg, Tennessee, for another eye-opening Amazing Facts Bible Prophecy Seminar.

As for Pulaski, we are planning another baptismal Sabbath next week for a 51-year-old man who lost his job a couple days before the meetings began. He attended every night of the meetings, and we continue to work with him. And on Tuesday evenings, we are following up with the study of *Storacles of Prophecy* with members, new members, and those who have not yet made their final decisions to join. Please pray for our church and new members as we continue to grow God's kingdom! —





Better than Seven Husbands

by Willietta Faith Hufana, Amazing Facts Volunteer

Editor's Note: Before she married Frank, her husband of 22 years, Amazing Facts volunteer Willietta Hufana lived according to the promise of Isaiah 54:5. As a widow today, she renews that experience. This story comes from a time before she met Frank, a memory that helps to strengthen her faith in God for her future.

What a beautiful way to spend the first hours of my vacation and New Year's Eve, I thought, as snow flakes began to flutter lazily around my car. How lazily you snowflakes dance and skip off the highway.

Yet each mile beyond Pana, Illinois, the fluffy dancers became smaller, thicker and stopped skipping off the highway. They began cuddling together, at first showing only car tracks on the highway. Every mile the accumulation increased—one inch, two inches, three, four, five, six. I was driving right into the center of a snowstorm.

No longer could I tell where the edge of the two-lane pavement was. On either side of the road was an occasional abandoned car. I began to picture myself joining them should I meet a car and hit the shoulder of the road at a swerving angle.

In another two miles, the snow was deep enough that my car groaned under the heavy pull and began to lose speed. No longer was my fluffy snow a New Year Eve's treat. It threatened me with unseen danger as I tried crawling up and down the rolling terrain.

"Lord," I prayed. "Please help me to get to Vandalia safely. There are motels there, and I will stop for the night."

As soon as I had said "Amen," there was a muffled "bang." In one second my car lugged down from a crawl to a dead stop. I had a flat! The answer was not Vandalia. I sat baffled in the middle, hopefully, of the south lane pondering what to do next.

My eyes first searched to the rear. No car light showed from behind. Ahead at the top of the hill, I could see shadowy houses on the right, maybe half a dozen. Could it be a small country town? Other than the ghostly silhouette, I was alone with Jesus and the angels. I knew that I didn't dare abandon my car to go for help. Some motorist might be endangered since the car was in the middle of the road. What a dilemma!

After about 10 minutes, I saw headlights coming toward me from the opposite direction. I began signaling with my

headlights. The vehicle pulled by my car then stopped. It was a tow truck!

"You in trouble, lady?" he asked.

Yes I was in trouble. Real trouble. I explained it to him.

"Weather's too bad to change a tire here," he declared.

After discussing the situation, since the weather was getting too bad for even his tow truck to be out in it, he wanted to get to his home in Pana. He would not tow me the few miles to Vandalia but would tow me into Pana. I knew that my budget would never allow me to be towed nearly 20 miles, besides that was retracing my "steps" in the wrong direction. Our final solution was that he would pull me to the village up the hill to the roadside service station. There I could wait at the service station for the weather to break.

"Surely someone will take a stranded motorist into their home," I suggested.

After I was safely off the highway, parked in the very dark village service station, the tow truck chugged on down the road toward home. I really didn't feel afraid or alarmed. I had blankets in the car—enough to keep me cozy and warm. I also knew that the weather was too bad for anyone to want to cause me danger.

Before committing myself to a night in my car, I would see if I could find a room. I searched for lights surveying each silhouetted house. Not one light flickered! It was now 11 p.m.



Apparently no one in this community saw the New Year in!

I trudged through the now knee-deep snow to the house behind the service station. I pounded loudly on the door.

In half-a-minute I heard a sleepy male voice, "Who's there?"

"Me, a stranded motorist." My voice must have sounded thin through the thick door.

"Well, I'm closed for the holiday," he sounded far away beyond the wood barrier.

"I don't expect you to do anything in this weather or tomorrow," I spoke rapidly for fear he would stop listening. "Do you know anyone in town who would let me stay with them until the roads are passable again?"

There was a long pause. Had he heard my question? The door flew open.

"Sure do. I own a little rental house over there two blocks," he nodded backward. "The renters just moved out. The heat's on, there is electricity, and a bed."

The service station owner drove me in his Jeep to the "motel-room" cabin. God answered my



prayer so differently than I expected. He had known how to protect me through a flat tire in a snowstorm.

I stood in the middle of the front room of the ample little house, lifted my eyes in adoration toward heaven, and prayed, "God, you are better to me than seven husbands."

It was midnight. The warmth of my Father's love wrapped peace around my heart. Happy New Year's peace! —



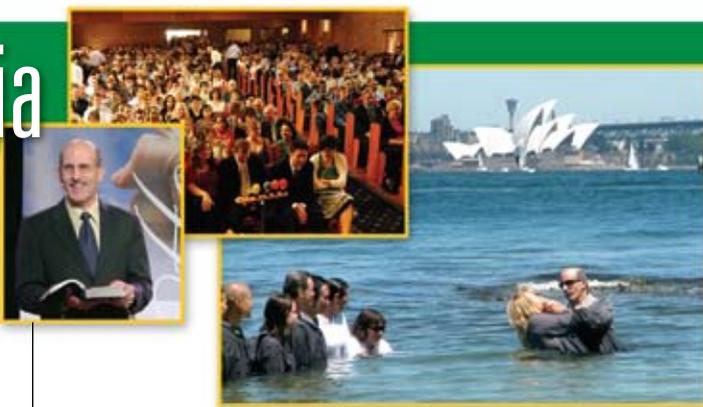
Pastor Doug in Australia

As part of Amazing Facts' English Evangelism Emphasis, Pastor Doug was the featured speaker during a citywide evangelistic effort in Sydney, Australia. The city is one of the most modern and sophisticated in the Southern Hemisphere, but sadly, it is also the epicenter of Australia's rampant secularism.

Still, a crowd of 1,400 attended the first three nights of the meetings, called *Time Is Ticking Away*, and the event maintained a consistent crowd for the 20-part event. On many nights, some had to be turned away because of overcrowding. Several audience members travelled from New Zealand and other South Pacific locations, often requiring several flight connections, just to be part of this important evangelistic event.

As part of each night's presentation, Amazing Facts Study Guides were passed out — and many messages were well timed. The event took place next door to a movie mega-theater, and the night the film *2012* debuted, the evening's message was about the second coming. When Michael Jackson's film opened, the message that evening was about the state of the dead.

God blessed abundantly. By the end of the series, 33 people were baptized, with even more on the way. Pastor Doug baptized 10 of these souls in the famous Sydney Harbor, where the water was icy cold from arctic melting on an otherwise blazing hot summer day.



Pastor Doug was also thrilled to see many backsliders return to God's fold during this series, which were done in conjunction with Bible work from students at the It Is Written Evangelism College. He also spoke to enthusiastic students at Avondale College about the future of public evangelism in the age of the internet and media.

In addition, Pastor Doug again met with Andrew Denton, a popular television host in Australia and religious skeptic who interviewed Pastor Doug several years ago. This time, he gave Mr. Denton a copy of the *Cosmic Conflict* DVD. Please pray that his heart will be touched by this important message.

Time Is Ticking Away was recorded on hi-definition equipment and will be edited for rebroadcast around the English-speaking world. We hope to have it available for purchase here in the states sometime in early 2010. —

WEIMAR News

A Good Partnership

"I am very pleased that Amazing Facts has moved in the direction of promoting health issues, especially as it relates to evangelism. I came into the church by way of a Christian retreat like Weimar. I was suffering from depression, and it did not take me long to realize why the Lord had put me there. Sometime after recovering, I went to work in a hospital and have seen the great need for spiritual instruction as it relates to personal health. There is, unfortunately, little emphasis along these lines in most hospitals. I wish there were more places across America like Weimar Center. I pray for your efforts that they will succeed abundantly." *Maryland*

Weimar: From the Ground Up

With the financial blessings provided by those who have grasped the vision of health evangelism, Weimar Center has been able to make significant improvements to its infrastructure.

For instance, new roofing has been installed on seven campus buildings, including the entire Academy Center and boys dorm. A donated new hot water boiler for the NEWSTART Lodge is now installed, allowing the use of three upstairs apartments. We have also seen many beautiful new sidewalks around campus, including by the re-opened elementary school. Fresh paint has been applied to a number of buildings and many of the small apartments in our larger buildings where some Weimar staff live have been remodeled. The list truly goes on and on, and we give thanks to God for the many willing souls who believe in the vision of Weimar!



Neil Nedley: "Lives Are Changing"

The answers to the health and spiritual crisis in America are being realized at Weimar Center!

Here's just one example ...

Although wealthy and talented, Steve still struggled with depression and unhealthy living. He came to Weimar fearing he would give up soon and kill himself. By God's grace, something about the program at Weimar, its simplicity and spirituality, gripped him, and he committed to doing all that the program asked of him.

The results? Well, they're amazing! Or as his wife puts it — miraculous! One year later, he's 60 pounds lighter and together they're reaching out to others to show them the same great truths they learned! Lives are changing!

That doesn't even scratch the surface of what Weimar is accomplishing in people's lives. It has been an amazing transformation here since I first accepted my role as president a year ago ...

- The dorm rooms at NEWSTART and our college are full!
- We are delivering Reversing Diabetes, Reversing Heart Disease, and other lifestyle and nutrition programs in conjunction with Amazing Facts' evangelistic endeavors throughout the nation!
- We're now broadcasting health and healing at WeimarTV.com and on 3ABN with our new flagship program called NEWSTART Now!
- More than 380 NEWSTART patients have experienced God's healing.
- 30 students in our college and academy programs are learning what it takes to become workers for God.



Weimar is a ministry taking hold of God's promises. Every day, lives are changing dramatically on the Weimar campus. Our college and academy students are being shaped as soul-winners. At NEWSTART, patients in need are getting a taste of the healing power of God.

Unfortunately, the health and spiritual crisis in America and around the world is going to get worse. People are going to need better answers if they are going to thrive in the coming months and years. As our health system collapses, they'll need God's Word for health ... and they will be primed for a word about salvation.

By the grace of God, Amazing Facts and Weimar Center are perfectly positioned to meet this need. We were created exactly for such a time as this — sharing the Edenic health plan on the verge of an eternity in a new garden. —

Special Recognition

In Loving Memory of

Alice Achbough from Dr. and Mrs. Edward Elmendorf
Bertha Acolt from Charlene Rogers
S.L. "Buck" Alvarez from Howard and Jane Gold
John Alves from Jan Plank
Elaine Anderson from Lyle and Brent Anderson
Florette Andrews from Vernon Andrews, her husband
Tifa Apulu from Nathan and Kathy Brigger
Mervilyn Armbruster from Cecyl Rentfro;
from John and Perle Westerberg
Mel Austin from Wanda Davis

Bob Babcock from Ota Babcock, his wife
Sam Bacchiocchi from Wanda Hockbein
Frank and Mary Barker from Bonnie Lorenz, their daughter;
from Karen Johnson, their granddaughter
Walter Barker from Karen Johnson, his niece; from Bonnie Lorenz
Greg Barry from Carol Barry, his wife; from Hildore Repine
Tandy and Ethel Bartley from Peggy Ousley, their daughter
Bob Batch from Trudy Brown
Micah Batchelor from Doug and Karen Batchelor; from Donald Park
Lillian Baugher from Jerry Baugher
Martha Becker from Andy and Virginia Roberts
John Becknell from Lucille Bush; from Teresa Lynd
Peggy Bee from Jim and Judy Culpepper
Lydia Beierbach from Hans and Dawna Sawatzky
Howard Benson from June Benson, his wife
Manuk Benzatyan from Kent and Dee Dickinson
Bill Bergham from Ruth Sackett
Liliane Bergman from Art Bergman, her husband
Cal Bitzer from Marilyn Bitzer, his wife
Katie Bitzer from Marilyn Bitzer, her daughter-in-law
Etta Blacker from Kent and Dee Dickinson
Paul and Hilda Blanke from Ardatha Peterson, their daughter
Nelda Blissard from Wally and Geri Dunks
Bill and Evelyn Blue from Marilyn Schmidt, their daughter
Faye Boadwat from Marilyn Bitzer, her sister-in-law
Patricia Bontrager from Cecyl and Marilyn Rentfro
Maria Bothem from Lucille Bush
Iris Bowery from Hobert Bowery, her husband
Roy Bowes M.D. from Dena Kay Bowes, his wife
Dwight Bradbury from Lucille Hutchins, his sister
Grace Breyar from Fredrick Smith Jr.
Lyndon Bristol from Eileen Bristol, his wife
Jack Broadhurst from Wanda Hockbein
Carl and Anna Brockmann from Ethel Simeone, their daughter
Harold Brockmann from David and Ethel Meyer
Ardys Brown from Lucille Bush
Margie Brown from Lola Genton
Milford Brown from Millie Brown, his wife
Pauline Brown from George and Marie Dortch
Raymond Brown Sr. from Alice Brown, his wife
Forince Bryant from Dolores Bixler
Betty Buckley from Lucille Bush
June Burton from Betty Gaede, her daughter

Shannon Burton from Emanuel and Cathy Pavlik, her parents;
from Spurgeon and Donnis Lail, her grandparents
Bruce Bush from Lucille Bush, his wife
William Butler from Kent and Dee Dickinson
Glen Byers from Bonnie Byers, his wife
Wayne Byers from Bonnie Byers, his aunt

George Cacic from Elaine Cacic, his wife
Benjamin Campbell from Roselle Campbell, his wife
Bill Campbell from Jim and Judy Culpepper
David Carleton from Jon and Linda Carleton
Eula Carpenter from Glenda House
Richard Carter from Bonnie Carter, his wife
Rick Carter from Jane Turner
Larry Case from Viola Case, his wife
Jimmy Cassidy from J.B. Cassidy
Don Castonia from Lola Genton
Esther Cate from Allen and Elmerla Colburn
Laverne Cate from Esther Cate, his wife; from Bob and Ernie Bok
Kelvin Chambers from Marie Krall
Barry Champion from Anthony Lester and Haley Trimmer
Ruth Chapman from Margaret Cuadra, her daughter
Jean Chappell from Lucille Bush
Irene Cherikos from Bob and Mary McBride
Harold Chipman from John and Perle Westerberg
Willard Christensen from Kent and Dee Dickinson
Gene Christian from Jeanne Hart, his wife
C. Eugene Chrowl from Nola Chrowl, his wife
Max Church from Ona Greve
Chester and Aluina Clark from Jim and Judy Culpepper
Dolores Clark from Joanne Isaak
Eileen Clark from Amy Stuart
Stephen Paul Daniel Clatterback from Mary Frances Flynn, his mother
E.E. Cleveland from Lola Genton
Nancy Clott from Sadie Dart
Ralph Combes from Vivian Combes; his wife; from Tina Ingalsbe and
Tania McLaughlin, his granddaughters
Susanne Compton from Wally and Geri Dunks
Carmelo Coniglio from Eliana Sirocchi
Mary Connovich from Mary Jo Long, her daughter
Everett Coolidge from Jim and Judy Culpepper
Terri Cossin from Hazel Freeman, her mother
Frank Cox from Iris Westbrook, his sister
Mabel Cox from James Cox, her husband; from Arthur and Lois Cox;
from Florida Living SDA Church
Seth Cox from Herb and Debbie Cox, his parents; from Kathy Hayes
Betty Coy from Jack Coy, her husband
Verdilli Cramer from Audrey Redmer
Maurice Crandall from Betty Crandall, his wife
Joe Crews from Lu Ann Crews, his wife; from Doug and Karen Batchelor;
from Donald Park; from Catherine Ritchie; from Bud and Janice Robins
Ronnie Crews from Lu Ann Crews, his mother;
from Douglas and June Ackerman
Tom Curtis from the Livingston Family

Hazel Damazo from Pastor Joe Damazo, her husband
Robert Darnell from Mary Darnell, his wife; from Lu Ann Crews
Dixie Davis from Mr. and Mrs. James Land
Eleene Davis from Bonnie Tyson-Flyn
J.D. Davis from Wanda Davis, his wife
Leon Davis from Ezekiel and Edith Allen
Sam Davis from James Capps Sr.
Elaine Denmark from Paula Sage
David De Paepe from Roger and Betty De Paepe, his parents
Starleen De Paepe from Maxine De Paepe
Archie Devitt from Mickey Devitt, his wife
Mr. and Mrs. J.L. De Witt from Pastor and Mrs. Lyndon De Witt
Duane Dice from Annelies Dice, his wife
Jewell Dickerson from Robert Ackerman
Robert Dickerson from Glen and Velda Wiser
Marjorie Dickinson from Kent and Dee Dickinson
Paul Dickinson from Kent and Dee Dickinson;
from Floyd and Vonsella Scott
Jewell and Jeanette Dinkmeier from John Dinkmeier
Mary Doggett from Jerry and Nancy Fletcher
Phyllis Doll from Henry Doll, her husband; from Don and Jo Ann Ericksen
Laurie Donesky from Warren and Phyllis Wright, her parents
Peter Donesky from Teresa Lynd
Winifred Dorgan from Eileen Bristol, her daughter
Clifford Duncan from Laura Nutter, his grandmother
Hazel Dunks from Al and Pat Marion
Edith Durham from Anita Lowe; from Shelly Lowe, her granddaughter
Warren Durham from Anita Lowe

Harriet Echols from Lu Ann Crews
Helen Elliot from Wally and Geri Dunks
Ruth Ellis from Jim and Judy Culpepper
Viola Conger Emblem from Vonsella and Floyd Scott
Joe Engelkemier from Gladys Engelkemier, his wife;
from James and Alma Hanson
Gus English from Claudie English
Charity Esberner from Sharon, Judy, Sandy, Ellen, and Peggy,
her daughters
Lyle Euler from Mary Lou Crutcher, his niece
William Evans Jr. from Wade Ricks

Denver Facemire from Dorna Facemire, his wife
Kenley Falconer from Lolita Falconer, his wife
David Felter from Lloyd and Bette Felter, his parents
Gail Flygar from Wally and Geri Dunks
Beverly Ford from Barbara Qualley, her cousin
Jewel and Ruth Foutch from Frank and Gayle Tyroff
Franklin and Florence Fowler from Elmer and Violet Jones
Lynn Fox from Drusilla Fox, his wife
Sylvester Francisco from Margie Francisco, his wife
Jerry Freeman from Hazel Freeman, his wife
Steven Freeman from Dorothy Freeman, his mother
Bill Fulton from Edith Fulton, his wife

Jacquelyn Gair from Joni Stull, her daughter
Thelma Gaynor from Steve and Mary Lou Pride
Marie Genetti from Wanda Davis
Chester George from Jeanne Hart, his mother
Kenneth Giese from Betty Cogburn; from Ernie and Dona Lauer
Margaret Gill from Lola Genton
Annie Ginter from Vivienne Rich
Frank Gladden from Wally and Geri Dunks

Amazing Facts recognizes contributions made as a tribute to the deceased or as an honorarium celebrating significant milestones in the lives of loved ones. Please type or print legibly to ensure correct spelling; we are unable to verify confusing spellings due to volume.

Lorna Golladay from Elizabeth Marcussen, her daughter
Thelma Gottfried from Craigan and Judith Gray
Hazel Graham from John and Connie Regan
Bob Gravatt from Evelyn Holdren
Elaine Graves from Collegedale SDA Church; from W. and Greta Kutzner; from David and Marilyn Millet; from Charles and Jewel Whidden
Ted Graves from Catherine Ritchie, his sister-in-law; from Jim and Judy Culpepper
Theodore Graves from Lewis and Marje Sommerville
Richard Gray from Charlene Silberman
Mary Lou Gregory from Vivienne Rich
Murray Grier from Fran McMullen, his daughter
Diana Griffin from Jim and Betty Jo Griffin, her parents
Frances Ellen Groves from Mary Frances Flynn, her daughter
Washington Hames Groves from Mary Frances Flynn, his daughter
Uriel Guest from Mary Thompson
Betty Gustafson from Floyd and Vonsella Scott

David Haines from Ollie Haines, his wife
Alex Hall from Alyce Hall, his wife
James Hall from Janet Hall, his wife
Gary, Julie, James, and David Hammond from Ivan and Alice Hammond, their parents

Richard Hammond from Emily Hammond, his wife
Linda Haney from Priscilla McNeily, her sister
Ardery Hardt from Ellen Hardt
Richard Harper from Lucille Bush
Jordan Harrell from Jacob and Joyce Joyner
Doris Harris from Mary Frances Flynn
James Harsany from Dennis and Schisler, Inc., and staff
Leslie Hart from Jeanne Hart, her sister
Olive Harvey from Al and Pat Marion
Elsie Haus from Fred and Ute Passehl
Emil Haus from the Passehl Family
Don and Edith Hay from Geri and John Redmond; from Hans and Dawna Sawatzky

Chris Hayden from Marilyn Hayden
Richard Hein from his wife
Joan Heinbaugh from Karen Johnson, her daughter; from Bonnie Lorenz, her sister;
Don Helm from Marty and Debbie Varsubsky
R. Jack Herbert from Pearl Herbert, his wife
Jasper Herford from Jo Ann Herford
Joseph Herzberg from Debra Fechik, his daughter
Joshua Hicks from Lu Ann Crews; from Joe and Shirley Fields
Eugene Hildebrand from Walter and Shirley Olson
Rose Hinger from Alice Hinger
Ruby Hinger from Alice Hinger
William Hinger from Alice Hinger
Erwin Hodde from Lois and Earl DeWitt
Ted and Margaret Hoffman from Steven and Donna Dickie
Ray Hoffmann from Carol Hoffmann, his wife
Gregory Holloway from Ruth Schwarz, his mother
Melvin Holm from Olive Holm White, his sister
Roger Holvick from Jane Turner
John Hottenstein from Lucille Bush
Twila Howard from Eloise Boice
James and Ellen Howell from Frank and Gayle Tyroff, their grandchildren

Florence Howlett from Vivienne Mountain-Rich
Raymond Huber from Gloria Huber, his wife
Donald Hunt from Mr. and Mrs. Donald Hunt
Rick Hunt from Betty Jacoby
Ruth Hurlbert from Fred and Joanne Evans

Michael Ikeda from Jutta Ikeda-Mackay, his mother
Paul Ingersol from Ruth Sackett

Johnny and Dorothy Jackson from Warren and Phyllis Wright
Milton James from Vivienne Mountain-Rich
Virginia Janke from Eugene Krause; from Dale and Joyce Wells
Virginia Jencks from Andrew Jencks, her husband; from Fitchburg Seventh-Day Adventist Church; from Marcia Montgomery; from Paul and Norma Niemi; from Victor and Barbara Sergi; from Jean Wilson
Lyle Jewell from Jerry and Karen Johnson
Ben Johnson from Steven and Donna Dickie
Clayton Johnson from Jerry Johnson, his son
Ed and Pearl Johnson from Bud and Janice Robbins
Robert Johnson from Jean Johnson, his wife
Vera Johnson from Jerry Johnson, her grandson
Willard Johnson from Jean Johnson, his wife
George Johnston from Albert and Patricia Marion
Brian Jones from Darren and Rachelle Randall
Ruth Jones from Don and Martha Rebmam
Thelma Jones from Bill and Donna Keehnel
Kenneth Jose from Grace Jose; from Donna McDonald; from C. Mercer Straw
Larry Juhl from Jerry and Karen Johnson
Stacey Juliano from Charles and Joanne Bird, her parents; from Debbie Cox; from Kathy Hayes; from Jeffery and Darla Payne
Donna Just from Catherine Ritchie

Wally Kaufman from Beulah Keeler
Maxine Keirman from Lucille Hutchins, her sister
Willodean Kell from Marie Krall
Sue Kelly from Marie Krall, her friend
Willow Kelly from the Frank Kalvoda Family
Evon Kelstrom from Jerry and Karen Johnson
David Keltner from Carole Thomas
Milton Kesler from Yvonne Kesler, his wife
Carl Kimbrough from Mark and Kim Swett
Phyllis Kinder from Bruce and Adele Wickwire Sr.
Gwendolyn Knight from Paul and Rebecca Bruner; from Gale Jones
J.W. Knight Jr. from Gwendolyn Knight
Antionette Knopper from Jim and Judy Culpepper
Arbie Kreye from Marilyn Gepford
John Kriley from Gwen Kriley, his wife
Walter Krueger from Al and Pat Marion
Cloyd and Beulah Kuster from Roger and Jean Ott
Louise Kyle from Lucille Bush

David Ladd from Margrace Ladd, his wife
Timothy and Peggy Lail from Sprugeon and Donnis Lail
Alberta Lammerding from Doug and Karen Batchelor
LuWana Lang from Jerry Johnson, her nephew
Chris and Anna Lastine from Jim and Rozella Reule
Everett and Pauline Lastine from Jim and Rozella Reule
Lyle Lastine from Jim and Rozella Reule
Cheryl Lawrence from Rozella Reule, her cousin
Ben Leach from Dr. Arthur D. Leach
Carol Lee from Karol Krause, her sister
Helen Lee from Edwin and Grace Larson; Michael and Diana Nevendorfy; from Grace Radocyich; from Steve and Helen Radocyich
Audrey Lehman from Harvey Lehman, her husband
Mildred Lewis from Alfred and Edna Roberts
Ron Lindsey from Kent and Dee Dickinson
Paul Lindstrom from Aileen Newell
James Livingston from the Livingston Family
Norman Livingston from the Livingston Family

Evelyn Lockwood from Carol Swart, her daughter
Lionel and Melinda Loessberg from Allene Carpenter, their daughter
Alan Dean Long from Pauline Long, his mother
J. Murray Long from Pauline Long, his wife
Marie Lovell from Wally and Geri Dunks
William Lowe from Anita Lowe, his wife; from Shelly Lowe, his daughter
John Lungu from Helen Lungu, his wife
Marie Lutz from Al and Pat Marion
Homer Lynd from Teresa Lynd, his wife
Jack Lynn from Floyd and Vonsella Scott

Ebba Mackey from Demas and Verna Borba
Lester Marcussen from Bette Marcussen, his wife
Annie Marley from Ozark SDA Church
Olive Martin from Lucille Bush
William May from Kent and Dee Dickinson; from Douglas and June Ackermann; from Doug and Karen Batchelor
Marion Mayfield from Vivienne Rich
Joseph and Thelma McBroom from their children and grandchildren
James McFarland from Edith McFarland, his wife; from Grace Jose; from Donna McDonald; from C. Mercer Straw
Elinor McGlauffin from Frank and Ruth Waxter
Roger McNeily from Priscilla McNeily, his sister
Charlie Meade from Wanda Davis
Irene Mehling from Ruth Campbell
June Mehling from Donna Ehrlich, her daughter
Isaac and Alice Meier from Everett and Yvonne Dickerson
Charles Merickel from Kent and Dee Dickinson
Dixie Meyer from Marie Krall; from Frank and Ruth Waxter
Jacob and Alvena Meyer from Frank and Ruth Waxter
John Meyer from Marie Krall, his sister; from Frank and Ruth Waxter
Paul and Merle Meyer from Frank and Ruth Waxter
Nell Miles from Bill and Donna Keehnel
Samuel Hames Miles from Mary Frances Flynn, his mother
Florence Miller from David Miller, her husband
Jo Ann Miller from David Miller, her father
Tom Miller from Kent and Doris Dickinson
Cleo Milligan from Velma Reed
David Milsten from Lois Lucas, his mother
Bernice Miner from Dale and Irene Bohlender; from John and Geri Redmond

Janet Minniear from Bill Minniear, her husband.
Alfred Mitchell from Clarence Blue
Milli Mittieder from Wally and Geri Dunks
Monte Mitzelfelt from his father
Margaret Moberg from Trudy Brown
Desse Mode from Cathy Pavlik, her niece
Carl Moore from Mable Moore, his wife
Clyde Morris M.D. from Marylene Morris, his wife
Martha Morris from Juan and Shirley Givens
Russell Morris from Julie Morris, his wife
George Munson from Vivienne Rich
Bill Murphy from Beulah Keeler, his sister

Guy Nelson from Kent and Dee Dickinson
Roland Neufelt from Donna McDonald
Garrett Nicola from Bruce Nicola Jr.
Helen Nolan from Howard Nolan
Riley Norby from Bill and Mable Sires, his great-grandparents
Roberta Nosworthy from Betty Jacoby
Irlene Nutting from Donna McDonald

Bill Oliphant from Jean Oliphant, his wife
Janet Oliver from Pastor Kenneth Oliver, her husband

Robert Olmstead from Mark and Kim Swett
Cecil Orser from Blanche Farnsworth

Rose Paddock from Martha Duncan
Jennie Palinka from Ed and Sylvia Gabrys
Robert Palmer from Dorothy Palmer, his wife
Dorothy Park from Dorothy Park; from the Abstons and Riedels
Sophie Pashniak from Ed and Sylvia Gabrys
Jere Patzer from William and Shirley Stephenson
Marcus Payne from Kent and Doris Dickinson
Ken Peasley from James and Carole Thomas
Bruce Pence from Vivienne Rich; from Warren and Phyllis Wright
Evelyn Pender from Bud and Janice Robbins
Grace Pervis from Lola Genton
Justina Peshaka from David Peshaka
Carlyle Petit from Bette Marcusson
Mary Pflug from Watson Chin; from Donald and Marjorie Stowe
Robert and Martha Pielaet from Frank and Ruth Waxter
Isaac and Annie Pierce from Frank and Gayle Tyroff
Virginia Pierce from Frank and Gayle Tyroff
Marilyn Pietz from Lydia Pietz
Shirley Pinterick from Lucille Bush
Mae Plunkett from Michael McDaniel
Ruby Pollard from Jim and Kathy Pollard
Chalmers Poole from Alice Poole, his wife
Merlin Poole from Alice Poole, his mother
Velma Porter from Scott and Keri Nelson
Kenneth Potterton from Jim and Carol Myers
Sylvia Powers from Ruth Sackett
Douglas Pudleiner from Lenora Pudleiner, his wife
Ted and Greg Pyke from Collegedale SDA Church Open Circle Sabbath School

Max Qualley from Barbara Qualley, his wife
Quentin Qualley from Barbara Qualley, his sister-in-law

Penny Reinhardt from Frank and Ruth Waxter
Norm Renner from Dale Harris
Earl and Grace Reuss from Barbara Qualley, their daughter
Elvin Rich from Vivienne Rich
Leon Rich from Vivienne Rich, his wife; from Mary Thompson
Bob Ringa from Ezekiel and Edith Allen
Max Ritchie from Catherine Ritchie, his wife; from Lu Ann Crews
Junior and Annie Robbins from Bud and Janice Robbins
Harvey Roberts from Donald and Marjorie Stowe
Betty Robertson from Lucille Bush
Dorothy Robinson from Jimmy and Charlene Rogers and Family
Artie Robinson-Derting from Catherine Ritchie, her mother
Adam Rodriguez from Stan and Annette Ward
Ed Rowell from Wally and Geri Dunks
Pansy Ruddle from Francis Ruddle
John Rudy from Wally and Geri Dunks
Grace Rue from Harold Shull
Bertle Ruppert from Harold Ruppert
Harry and Irma Rushold from Marlin and Udene Allen
Edna Ryan from Elena Borsuk
Evon Ryzenga from Karla Gemmill

Wendell Sage from Paula Sage, his wife
Javier Santiago from Marty and Debbie Varsubsky
Joe Sattelmayer from Mary Giess; from Ernie and Dona Lauer, from Vida Lausevic
Fern Scheer from Shirley Klevgard
Paul Schmidt from Steve and Mary Lou Pride

Ron Schmidt from Bud and Janice Robbins
Cecil Schneider from Janice Long; from Vivienne Rich
Harold Schneider from Elsie Schneider, his wife
Koni Scott from Floyd and Vonsella Scott, her parents
Dorothea Searson from Arlene McCart
Byron Seely from Al and Pat Marion
Nadine Seltzer from Tanya Enriquez
David Seymour from Mr. and Mrs. Paul Niemi
Floyd Shaffer from Donna Shaffer, his wife
James Shaver from Howard and Dolores Bixler
Nep Shavoley from Ed and Sylvia Gabrys
Ray Shaw from Wally and Geri Dunks
Jack and Grace Sherman from Mr. and Mrs. Jack Sherman
Gerald Silvestri from Pastor John and Anita Silvestri, his parents
Rocco Simeone from Ethel Simeone, his wife
Erma Simons from Lucille Bush; from Ruth Sackett
Ann Simpkins from Gayle Tyroff, her sister; from Jewell and Ruth Foutch
Paul Sims from Steve and Mary Lou Pride
Edie Sines from Jennie Tattrie
Caitlen Sires from Bill and Mable Sires, her grandparents
Robert Sires from Bill and Mable Sires, his parents
Mindy Smith from Arnold and Janet Wilson
Alexander Snyman from Priscilla McNeily
Darlene Staple from L. Grimm; from Everett and Beverly Hyman; from Ruth Lang; from Arlo and Peggy Miller and family; from Ronald Nolte; from Della Reiser; from Frances Sanders; from Robert and Leland Smith; from Mr. and Mrs. Everett Tessmer
Wesley Steele from Yvonne Kesler, his sister
Nettie Stenson from Marilyn Gepford
LaVerne Stewart from Bob and Jo Hoekendorf
Lois Stewart from Mr. and Mrs. John Getz
Leon Stickney from Kent and Dee Dickinson
Viola Stolty from Al and Pat Marion
Frank Strode from Mrs. Elwood (Betty) White
Alice Swain from Lucille Bush
Thelma Swarts from Bonnie Lorenz
Milda Swingle from James Swingle, her husband
Bill Sykes from Trudi Sykes, his wife

Albert and Lil Tarshis from Doug and Karen Batchelor
Herbert Tate from Jim and Judy Culpeper
Allen Tattrie from Jennie Tattrie, his grandmother
Duane Tattrie from Jennie Tattrie, his mother
Guane Tattrie from Allene Tattrie, his wife
Roy Tattrie from Jennie Tattrie, his wife
Edna Taylor from Nancy Taylor, her daughter
Dorothy Thomas from Grace Jose; from C. Mercer Straw
Bryan Thompson from Shirley Kennedy, his grandmother
Edna Timms from Karol Krause, her daughter
Terry Tims from Eileen Bristol, his mother
Mary Tkachuck from Betty Jacoby
Viola Toay from Eldon and Evelyn Allram
Earl Tompkins from Lola Genton
Arlee Torkelsen from Kent and Dee Dickinson
Rose Towsley from Dorothea Myers
Orval Troop from Gwen Troop, his wife; from Eugene Babuiuk; from Grace Fedak; from Hohn and Johanna; from Elvin Saruk; from the Vatcher Family
Herman Trout from Kent and Dee Dickinson
Edna Tucker from Leila Busch
J.L. Tucks from Paulina Phillips
Edgar and Essie Tunison from Lu Ann Crews, their daughter

Helen Veach from Jeanne Hart, her daughter
Eddie Venn from Ardatha Pederson, his mother
Bea Voegelé from Douglas and June Ackerman

Bryan Waddell from Claudie English
E. Walde from Paulina Phillips
Marian Wall from Tom Kuhn; from Mark and Kim Swett
Joseph Wallis from Evelyn Wallis, his wife
Martin Wantz from Allen and Elizabeth
Louis Ware from Antoinette Ware Martin, his daughter; from Marie Pair
Frank Warner from Bill and Barbara Warner, his parents
Milton and Fannie Waxter from Frank and Ruth Waxter
Leonard and Esther Webb from Ellen Hardt
Rick Weller from Gloria Huber
Barbara Weng from Richard and Shirley Warner
Florence Wertz from Marilyn Wallace
Mildred West from Rodney Benson; from Fresno Union Academy class of 1953
Howard Wheeler from Grace Morris, his sister
Jon Whitfield from Willard and Bette Bristow, his grandparents
Arlene Wiggins from Al Wiggins, her husband
Stan Wilkinson from Floyd and Vonsella Scott
Celia Will from Marylene Morris
Christopher Williams from Patricia Williams, his mother
Marion Wilson from Warren and Phyllis Wright
Marian Witt from Lucille Bush
Henry and Ruth Wonenberg from John and Geri Redmond; from Hans and Dawn Sawatzky
Doris Wood from Douglas and June Ackerman
Kenneth and Miriam Wood from Vivienne Mountain-Rich
Harold Wright from Warren and Phyllis Wright, his parents; from Mavis Buxton
Emil Wutke from Marlin and Susan Dunker

Patricia Zima from Norma Sargent
N. Dale Zumwalt from his wife

Anniversary

Welden and Ruth Hampton (50th)
Norman and Marilyn Herron (50th) from Dorothy Palmer
Jerry and Karen Johnson (34th)

Birth

Kelly Dawn Johnson from Jerry and Karen Johnson

Birthday

Virginia Fishing (90th) from C. Mercer Straw
Edna Hay (92nd) from John and Darla Almida
Karen Nielsen (69th) from C. Mercer Straw
Ruth Oliver (110th) from John and Darla Almida
Phyllis Roehls (80th) from Evelyn Allram
Elsie Tyson (93rd) from Doris Kopko, her niece

In Honor of

Francis Donkor from LaDonna McMurtry
Allen Engol from Paul and Josephine Engel
J. Jay Humbar from Robin Humbar, his wife
Pastor Bob Johanson from Jim and Judy Culpeper
Dr. Gene and Mrs. Krishingner from Lucille Bush
Dr. and Mrs. Richard Milhome from Fred and Mable Miller



The Best Form of Health Care

by Emily Simmons

Benjamin Franklin said it best: “An ounce of prevention is worth a pound of cure.”

In the current healthcare debate, one side preaches universal health care while the other decries this kind of government intervention. But someone should tell both sides that the best healthcare reform is simply better self-care.

Of course, factors outside of our control influence our health. A good healthcare system, therefore, provides treatment for the unforeseen. It’s also true that our nation’s system certainly needs fixing, but the most common causes of death in America, heart disease and cancer, are largely lifestyle-related—meaning most cases could be prevented through healthy living.

Americans’ healthcare spending exceeds that of any other nation (more than three-fourths of that spending to treat those same preventable diseases), yet we have a lower life expectancy than most other developed nations. “While our federal and state governments spend hundreds of billions of dollars a year on treating diseases, they spend less than \$10 per person per year to prevent diseases,” says Dr. Richard Carmona, former U.S. Surgeon General. “We are a treatment-focused society, when the real benefits to health and happiness come from preventing diseases before they ever occur.”

By far the most important step Americans could—and should—take to reduce the individual and collective cost of health care is to practice prevention. How? Get back to the Bible’s basics ...



Eat whole foods. Natural foods, especially vegetables, have the most disease-fighting power. Build your diet around vegetables, beans, fruits, whole grains and nuts, and use dairy or other processed foods sparingly.

If you eat fruits and vegetables that are in season in your area, chances are you’ll get more variety in your diet as well.

A simple rule of thumb is to eat things as close to their most natural state as possible: raw or steamed broccoli as opposed to broccoli cheddar soup; a spinach salad rather than cheesy spinach artichoke dip; corn on the cob, rather than ground beef, milk, or cheese from a corn-fed cow; sprouted wheat bread as opposed to a snack cake made of white flour.



Exercise. For those of us with more sedentary jobs, it’s essential to get at least 30 minutes per day, five days per week, of vigorous exercise—more if you want to lose weight. Make it a part of your daily routine; that way it’s easier not to skip.

Already have a busy lifestyle? Find ways to incorporate activity into things you already do: Instead of a lunch date with a friend, make it a walking date and combine your social activity with your exercise. Play a game of touch football with your whole family in the backyard and combine your family time with exercise. Walk your neighborhood while you pray and meditate on the Scriptures, and combine your spiritual time with exercise.



Get screened. Some people develop heart disease and cancer despite a healthy lifestyle due to genetic or environmental factors. But these diseases are most easily treated when caught early, so get screened! Regular checkups,

blood work, even dental exams — all help to identify risks and can help motivate you to make any helpful lifestyle changes before developing a full-blown disease. Check your health insurance policy; many policies cover preventive screenings.



Wash your hands. This year especially, with the buzz about the H1N1 virus, simple hygiene is your best line of defense against seasonal flu. Wash your hands frequently, with soap and water; cover your nose and mouth with

a tissue when you cough or sneeze (and then throw the tissue in the trash); avoid touching your eyes, nose or mouth; and stay home if you feel sick.

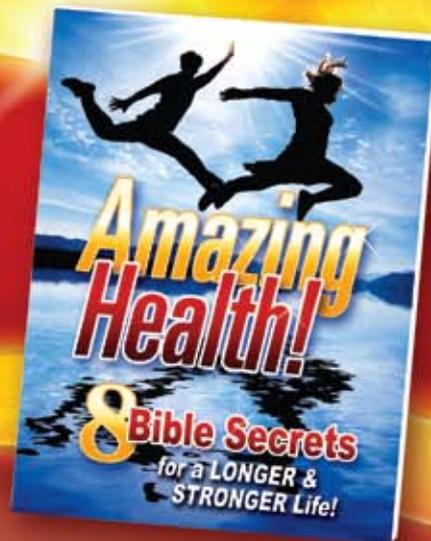
John wrote, “Beloved, I wish above all things that you prosper and be in health, even as your soul prospers” (3 John 2). Take responsibility today for your own health, and experience the joy of what I like to call “physical prosperity.” You’ll reap the rewards for the rest of your long and active life! 



“The finest health care in the world is proper self-care.”

—Dr. Joel Fuhrman

Emily Simmons writes a health and wellness blog encouraging people to “be in health” and achieve prosperity in all areas of life—physical, spiritual, social, emotional, intellectual, and financial.



Amazing Health Magazine

This attractive, affordable, full-color magazine presents eight powerful biblical health lessons in a direct and captivating way — including the benefits of a good diet, exercise, rest and the Sabbath, sunlight, water, and more.

Leave this perfect sharing resource in medical offices, beauty salons, auto repair waiting areas, fast-food restaurants, bus stops, barbershops ... the possibilities are endless!



- Over 50 pages of health information developed by medical professionals
- Features hundreds of eye-catching graphics and amazing health facts
- Offers a direct spiritual appeal and FREE Bible studies
- Is perfect for evangelism and priced for mass sharing
- Will help you approach hearts like Jesus did — through healing and teaching

Bulk Pricing Available!



Use code BK-AH

Purchase in bulk for as low as \$0.73 a copy!

For more details, call **800-538-7275** or visit us online at **www.AmazingFacts.org**

See page 19 for ordering information.



www.AmazingFacts.org
916-434-3880

Printed at Pacific Press
Publishing Association
1350 North Kings Rd.
Nampa, ID 83687

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
PERMIT #66
NAMPA, ID



COSMIC CONFLICT

THE ORIGIN OF EVIL

ONLY
\$14.95

Take a spectacular journey back through time and trace the transformation of a perfect angel into Satan, the arch demon — and how he led an army of angels in a revolt in heaven!

Witness the creation of a beautiful new world ... feel the suspense as the devil brings his rebellion to Planet Earth ... behold the temptation and fall in Eden ... and uncover God's amazing plan to restore mankind to paradise!

Recorded in high-definition, this Bible-based documentary will help you understand the deepest mysteries of life, explaining how sin and evil could invade a perfect world made by a loving God. The *Cosmic Conflict* affects every life on earth — including yours!



"I just received my copy here in New Zealand, and it is fantastic! What a great tool to share God's love and to show the world what went wrong ... and that God has a plan to put everything right. I recommend it to everyone."

"Outstanding! The nature of the message about good and evil is powerful and to the point. There is no doubt that Christ's return is imminent. Thank you for including captions for the deaf!"

Order Yours Today!

- ✓ Bible-based documentary
- ✓ Filmed in high-definition
- ✓ Features powerful animations
- ✓ Includes 48-page companion book
- ✓ An essential Christian sharing tool!



"Just got my DVD last Monday and was surprised with the gifts inside the package. Many thanks Amazing Facts! This is a must-see film for everyone."

DV-CCOE ... \$14.95
See page 19 for ordering info.